

OCTOBER 2021

GALWAY COUNTY PPN NEWSLETTER



Welcome PPN Members
to our October 2021 issue
of the Galway County
PPN Newsletter!



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PROGRAMME
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If you would like to include your info or
event in this Newsletter please contact:
mmullen@galwaycoco.ie

Tel: 091 509130 | Mobile: 087 360 3379 |

Email: mmullen@galwaycoco.ie

| www.galwaycountyppn.ie |



MyWaste.ie Nominate your Reuse Hero for Reuse Month

Do you know a Reuse Hero in your community?

October is Reuse Month when Reuse is celebrated. If you know anyone who has done some amazing reuse work, then why not nominate them as Reuse Heroes!

To nominate your Reuse Hero please email info@rediscoverycentre.ie and they could be featured during National Reuse Month.

My Waste Ireland also host online classes, topics range from recycling to DIY. To view all October Classes -See [HERE](#)

**This October set
your reuse goal**



**at home
at work
at play**

Europe Direct @Ballinasloe Library Launch

On Monday 26th September, Ballinasloe Library officially unveiled the new Europe Direct plaques at Ballinasloe Library. Cathaoirleach Cllr Peter Keaveney and Colm Markey MEP pictured below at the official opening. Ballinasloe Library is an excellent resource for the local community. Well done to Manager Una Kelly for her exceptional work with Ballinasloe Library.



MAKE WAY DAY 2021

Highlighting the importance of accessibility for people with disabilities in our public spaces

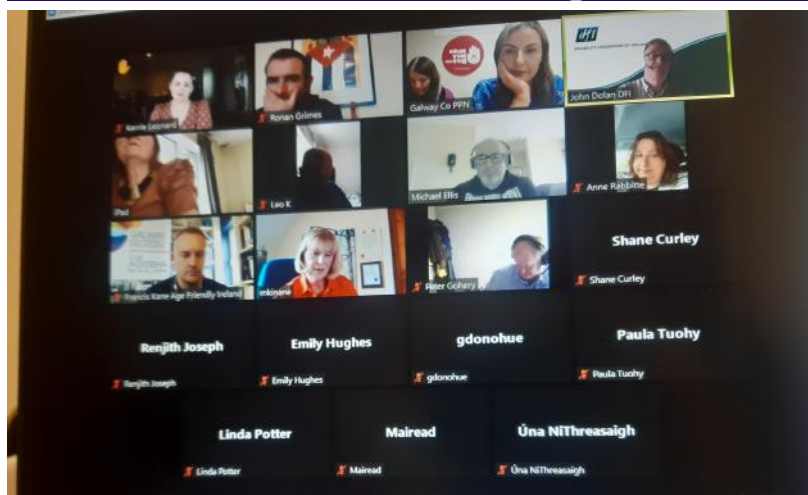
A special Thanks to our guest speakers, Paralympians Kerrie Leonard and Ronan Grimes. Kerrie completed a Marketing Masters in UCD in 2019 and balances her training around her workday. And of course our native Galwegian Paralympian, Athenry man, Ronan Grimes, whose focus, commitment and dedication has seen him emerge as one of the best Para-Cyclists in the World. Ronan was just edged out by 1.394 seconds to the podium spot in Toyko.

Speaking of inspirational speakers John Dolan CEO of Disability Federation of Ireland and proud Tipperary Town man spoke about the challenges facing people in their everyday lives. ***'Inclusion does not happen on its own'***

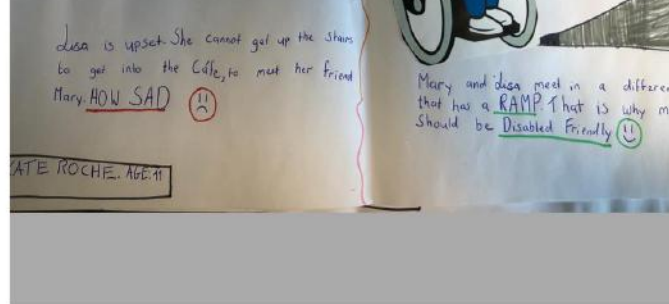
Minister of State for Disabilities in the Department of Children, Disability, Equality and Integration and Fianna Fail TD for East Galway, Anne Rabbitte joined the Galway Co PPN and Galway Disability Forum . *'Great speakers and great insights into issues in the county and well done to some of the local Councillors for joining the call too. It needs collective action to make the difference'*

We would like to thank everyone who joined Galway County Disability Forum's Make Way Day Meeting. Holding open discussions around issues of accessibility are key to raising awareness of, and highlighting the importance of inclusion in our public spaces.

A special thanks to our guest speakers, Paralympians Kerrie Leonard and Ronan Grimes, John Dolan CEO of Disability Federation of Ireland and Minister for Disability, Anne Rabbitte. Also a special thanks to Peter Gohery and Lorraine Lally who helped us to organise this event.



Make Way Day Art Competition



Congratulations to our winners Moses, Marissa & Mary Renjith, Kate & Caoimhe Roche Ballinderreen NS,
Niamh, Niall, David, Orla, Aaron and Antaine.
Scoil Bhride Tir-na Cille, An Maam.
WELL DONE.

Special thanks to Galway County Council for sponsoring the prizes.



Galway County
Public
Participation
Network

Líonra Rannpháirtíochta Phoiblí
Chontae na Gaillimhe



Comhairle Chontae na Gaillimhe
Galway County Council

Frank Feighan, TD visits Kilcornan to see the benefits of Healthy Ireland funding for local and voluntary groups in Galway County.



Minister of State with responsibility for Public Health, Well Being and National Drugs Strategy, Frank Feighan TD, visited Kilcornan in Galway County on Friday, 10th September 2021 to see at first hand the benefits of Healthy Ireland funding for local and voluntary groups in Galway County.

The Minister was greeted by the Councillor Noel Thomas, Chairperson of Galway County Council Local Community Development Committee, John Dolan, CEO Disability Federation of Ireland, local representatives, and stakeholders.

Disability Federation Ireland received €17,230 out of €246,050 allocated to Galway County under Healthy Ireland Round 3 Funding, hosted the Ministers visit. The Independent Living Skills, Healthy Galway County Project brings together voluntary disability organisations providing services for people with intellectual disabilities together with Galway Rural Development Company and Galway Roscommon Education Training Board.

Speaking during today's visit, Minister Feighan said: "I am delighted to have met so many people today who shared with me their experience of the Independent Living Skills Project as delivered through Healthy Ireland. Healthy Ireland is designed to ensure that "no one is left behind" in the delivery of national health and wellbeing policy. This project recognising the rights of all people with disabilities to access health and wellbeing training within their local community. It also recognises and deliberately formalises the deep and often unseen work of ensuring genuine inclusion of people with disabilities"

Cllr Noel Thomas, Chairperson, Galway County Council Local Community Development Committee highlighted the benefits of Healthy Ireland Funding in helping to break down health inequalities at a local level with actions such as “Independent Living Skills”. It was wonderful to see first-hand the benefits that this funding has had, and it is a credit to all the organisations involved in the “Independent Living Skills” initiative.

John Dolan, CEO, Disability Federation Ireland said " The Disability Federation Ireland Led Independent Living Skills Project recognises the rights of people with disabilities to access health and wellbeing initiatives where they live. Inclusion does not happen on its own. Healthy Ireland has supported the deliberate and formal commitment by everyone to make sure that people with disabilities are included and supported equally in their local communities."

Róisín De Búrca participant of the training said, “I’m living in my own apartment now, with support from family and Brothers of Charity and I use the cookery file now every evening to cook the recipes I learned on the Independent Living Skills Course”.



Cathy McGrath Project and Membership Development Manager, Disability Federation Ireland said ““13% of the population of Galway County, or 22,523 people have at least one disability. The Disability Federation of Ireland, Disability Federation Ireland is proud to lead the Independent Living Skills Project within County Galway. Throughout the pandemic, participating people with disabilities were supported to develop and reinforce their independent living skills in nutrition, cookery, food hygiene and budgeting.

Our project partners include Galway Roscommon Education Training Board and Galway Rural Development who work with our disability specific expert partners Ability West, Brothers of Charity, and Proactive Carers Galway. In the context of COVID-19 and continued lockdowns, the spirit of collaboration was phenomenal and Disability Federation Ireland is grateful to everyone involved in the success of the project. With thanks to the Local Community Development Committee in Galway County Council for their leadership in supporting the rights of people with disabilities across the county to access their local community resources.”



*For more information contact Healthy Ireland Coordinator
amcbride@galwaycoco.ie / 087 77 77 790*

Positive Ageing Week 2021, September 27th – October 1st

“Older persons need to be recognised for what they are doing to support society” Dr Mike Ryan World Health Organisation

Positive Ageing Week is all about shining a light on people in older age who are active, enthusiastic, healthy, and who make a big difference in the lives of our families, neighbourhoods and communities. Speaking at the launch of COPE Galway’s annual report on September 8th Dr Mike Ryan of the World Health Organisation spoke passionately about “the wisdom, and the generosity, the value and the central role that older persons play in our society” and he advocated that older persons need to be seen more for the contribution they make.

Positive Ageing Week gave us that opportunity. Events took place across the country from September 27th to October 1st with great success. A massive Thank You to all the individuals, schools, groups, companies and everyone in the community who joined in celebrating older people in our community and helped make #PositiveAgeingWeek2021 truly memorable and impactful! And a special thank you to all the #localheroes who let us share their inspiring stories.. Let's continue to celebrate and value older people in our families and communities. www.copegalway.ie/positiveageingweek





Age &
Opportunity

Have Your Say

Arts & Creative Charter for Older People Survey

**Contribute to the creation of Ireland's first Arts Charter
for the greater inclusion of older people in the arts.**

The Charter will set out the arts sector's commitment to promoting the values and contributions of older people. We are committed to the participation of older people in the arts as artists, audiences, creators, critics, teachers and learners.

Join this important opportunity to have a say in what you think is vital to include in the Charter going forward, including

- **Accessibility**
- **Employment**
- **Participation**
- **Policy**
- **Programming**

HOW TO GET INVOLVED

You can pick up a copy of the survey at your local library or online here:

ageandopportunity.ie/arts-charter-survey/

To do the survey over the phone please call **085 822 1869** during office hours on Tuesdays and Wednesdays.

The deadline for submitting the survey is **Monday 8th November**.

If you know of any participants that may not be able to access the survey online, please take a hard copy and share.



NEWS FROM THE DEPARTMENT(S)



An Roinn Forbartha
Tuaithe agus Pobail
Department of Rural and
Community Development

- Our Rural Future: Minister Humphreys and Minister O'Brien welcome National Development Plan funding for Rural and Community Development. 04/10/2021 Read Press Release [HERE](#)
- Our Rural Future: Minister Humphreys announces funding for 31 walking trails to boost outdoor recreation and rural tourism. 29/09/2021 Read Press Release [HERE](#)
- Our Rural Future: Minister Humphreys announces €500,000 Awareness Raising Initiative for Social Enterprise (ARISE) Scheme 2021. 15/09/2021. Read Press Release [HERE](#)
- Our Rural Future: Minister Humphreys extends date for completion of works under Streetscape Enhancement Measure 12/10/2021 Read Press Release [HERE](#)
- Budget 2022: Ministers Humphreys and O'Brien deliver €376 million for Rural and Community Development 14/10/2021 Read Press Release [HERE](#)



An Roinn Turasóireachta, Cultúir,
Ealaíon, Gaeltachta, Spóirt agus Meán
Department of Tourism, Culture,
Arts, Gaeltacht, Sport and Media

- Ministers Martin and Chambers announce additional current funding of €65m for Sports Sector 6/10/2021. Read Press Release [HERE](#)



- Minister Hackett Launches Roadside Trees Guide 08/10/2021. Read Press Release [HERE](#)

FUNDING / SCHEMES

Accenture Sustainability Challenge

The Challenge is, to build thriving and sustainable communities across Ireland. Funding is available for a Garden Pocket Forest, Plastic Free 4 Kids, Community Fridge, Repair Cafe, Pollinator Plan, and an Open Orchard. "The best time to plant a tree was 20 years ago. The second best time to plant a tree is today"- Chinese proverb. For more information SEE [HERE](#)

The Community Foundation for Ireland Older Persons' Fund

Deadline for applications: 4.30 p.m on Wednesday 20 October 2021

The Fund builds on our long-standing engagement and commitment to supporting older people in their communities. The Older Persons Fund has two separate categories this year, one each for Advocacy and Active Citizenship. For more information SEE [HERE](#)

Age & Opportunity Active National Grant Scheme

The Age & Opportunity Active National Grant Scheme offers financial supports – provided by Sport Ireland – to local clubs, groups and organisations, nationwide who promote increased participation in recreational sport or physical activity for older people. The Age & Opportunity Active National Grant Scheme 2021 will not open for applications this September as it normally would. Instead, we have decided to carry the grant to February 2022 for a number of reasons.

SEE [HERE](#) for more information. Opens 7 Feb 2022.

EPA Research Funding

The EPA Research Programme will consider applications for the financial support of small workshops, seminars, and other events which showcase current Irish research by the organisers and EPA funded groups. The amount of funding per event will not exceed €3,000. Applications should be made online via the EPA's Grant Management and Application Portal. Funding is available as a rolling call with four submission deadlines each year (31st December; 31st March; 30th June; 30th September). Applications should be made online via the EPA's Grant Management and Application Portal. [See here for guidance on applying](#)

FUNDING / SCHEMES

The St. Patrick's Festival x TikTok Creative Fund is a €100,000 fund which is available to community and voluntary organisations, charities and social enterprises who use artistic and cultural interventions as a tool to connect, enhance and inspire their communities. 10 x €10,000 awards are available. 10 successful groups will be supported throughout the process by the St. Patrick's Festival team and groups may also use their fund to work with professional local artists, performers, creatives and crews to help bring their project to life. Closing date for applications is 6pm Sunday, 24 October, 2021.

For more details [See Here](#)



Festival Investment Scheme

Closing Date: 18 November 2021

The Arts Council announces round one of the Festivals Investment Scheme (FIS) for festivals taking place between July and December 2022. The Council recognises the distinctive role arts festivals play in sustaining a vibrant and sustainable arts profile at a local level. The scheme will be open to multi-disciplinary festivals and single artform festivals.

For more information [See HERE](#)

Amateur and Voluntary Practice Pilot Scheme

Closing Date: Thursday 28th October 2021

The Arts Council's strategy recognises the distinctive role of amateur arts practice, its important contribution to the vitality of the arts in Ireland. This pilot scheme is offered as a once-off, action-research opportunity, and seeks enhanced engagement, mentorship and advocacy between the amateur and professional theatre, music and musical-theatre sectors. For more information [See HERE](#)



TRAINING/ COURSES



gretb

Bord Oideachais agus Oiliúna
na Gaillimhe agus Ros Comáin
Galway and Roscommon
Education and Training Board

Free Community Education Course Woodford

| | |
|----------------------|--|
| Course Title: | Strategic Planning for Community Groups |
| Outline: | This course will provide training and insight into how to create, apply and use a strategic plan to improve effectiveness and provide for better outcomes. |
| Tutor: | Ailish O'Reilly |
| Duration: | 2 hours per week via Zoom for 7 weeks in November and December |

Please note: Dates and Times to be arranged.

Places are limited, if interested please email:
eastgalwayfamilyhistory@gmail.com or
galwayroots@gmail.com



Want to gain a worldwide computer qualification?

New International Computer Driving Licence course starting 1st November 2021. On successful completion of this course applicants will be able to use a wide range of software applications on a personal computer and source employment in a range of clerical/administrative positions in both the IT and other sectors. For further information email: recruit@gretbtrainingcentre.ie or Tel: 091 706200 .For Further information on this and other courses [see HERE](#)

TRAINING/ COURSES

Land Use Management & Biodiversity in County Galway. Talk series with Feidhlim Harty, Permaculturalist and Environmental Consultant.

This FREE series will cover everything from rewilding to zero waste living. Every Tuesday @ 7pm. Part 4 of 7 will focus on Watershed Management, 26th Oct. To sign up [See HERE](#) - Poster Below. Alternatively you can email mmullen@galwaycoco.ie for more info.



Volunteer Galway -

- **Excel for Intermediate**

26/10/2021 @ 7pm-9.00pm

This FREE course is aimed at people who are comfortable with the Excel basics and/or use Excel regularly.. Register [HERE](#).

- **Boards, Chairs and CEOs: Roles, Relationships and Boundaries FREE course. 2/11/2021 10am-12pm. Register [HERE](#)**

**Europe Direct Ballinasloe Library-
Community Leadership Course for Women. (FREE)
Over 6 weeks - Online via zoom Starting October 19, 10am-12pm.
Booking Essential, email: ukelly@galwaycoco.ie**



LAND USE MANAGEMENT

Talk Series and workshops with Feidlim Harty
(FH WETLAND SYSTEMS Ltd.)

Every Tuesday @ 7pm
From 5th October - 16 November 2021

Content:

- Introduction to Rewilding – What is it and can it work in Galway?
- Farming and Food – How do we support farmers and growers in Galway and developing resilient food supply in an uncertain future?
- Edible Landscaping in Urban Spaces – Exploring ways to grow food in local greenspaces as community orchards and community gardens.
- Watershed Management – Getting to know our local river catchments, and examining ways to enhance biodiversity, flood control and fish.
- Forestry and Trees – The many benefits of trees and forests for the land, wildlife, climate resilience, local economies, and urban enhancement.
- Overview of the Habitats of Co. Galway – Exploring the main ecosystems in the county and how we interact with them.
- Zero Waste Living workshop.

Sign up
HERE



Galway County
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Líonra Rannpháirtíochta Phoiblí
Chontae na Gaillimhe



NOTICE BOARD

Irish Cities in the Georgian Era: architecture and urban morphology

9-week online talk series exploring the architecture and urban morphology of the Irish cities of Belfast, Cork, Derry, Dublin, Drogheda, Kilkenny, Limerick and Waterford during the long eighteenth century.

See [HERE](#) for more details.



Farming for Nature Ambassadors 2021

Farming for Nature have announced the 23 wonderful Farming For Nature Ambassadors for 2021. Nominated by environmental specialists across Ireland, they were interviewed and shortlisted by the FFN team and approved for selection by their panel of judges. The public voting closes 22nd October 2021. To find out more about the ambassadors and how to vote see

[HERE](#).

**€950 IN PRIZES
TO BE WON!**

CLOSING DATE 31/12/21

MONIVEA WILDLIFE PHOTOGRAPHY COMPETITION

NO LIMIT ON ENTRIES.

FOLLOW @MONIVEAWILDLIFEAUDIT
ON FACEBOOK FOR COMPETITION UPDATES AND T&C'S.

**FREE
ENTRY**

HOW TO ENTER:

Send all of your entries to moniveaphotocomp21@gmail.com. Please include your name, age group, contact details and photo location of your entry. Photos **must** be taken in Monivea. Winner announced 01/01/22.



Tuam Men's Shed

OPEN DAY

in

Men's Shed

Dublin Road

Social Inclusion Day

On

Saturday 23rd October

Open From 11 AM

Display of goods (can be got for a donation)

Wood turning Display

Chat and a bit of fun

Complimentary Refreshments

Assisted By Galway county Council

NOTICE BOARD



The Heritage Council is now looking for new groups to join its Adopt A Monument Programme and to adopt a monument in their locality. We are interested in hearing from communities across Ireland, including new communities and minority groups, as well as established voluntary groups that have been caring for a monument for years. The closing date for completed applications is 2nd November at 5:00pm. [See here for more details](#)

Online Archaeology conference- Nexus -people and places through time. The National Monuments Service will host their 4th free online conference, titled Nexus: people and places through time, on 16th October 1pm -7pm, Connections- the many ways by which people in the past reached out to others and shared cultures, activities and experiences- will be under the spotlight for this conference on archaeological and cultural heritage. Attendance is free but prior registration is required . To register see [HERE](#)

NOTICE BOARD

Free admission to OPW visitor sites in support of the Government's recovery and reopening plan. Just a reminder that all OPW's heritage sites that would normally have an admission fee are free for all citizens.

Some sites closing November. On our doorstep...

For more information/Opening times [See Here](#)



Families in Galway are being challenged to find and recycle five end-of-life electrical items in a bid to improve our recycling performance, after consumption soared in the last year.

WEEE Ireland are urging families to utilise the free recycling facilities available in Ballinasloe Civic Amenity Site, Clifden Civic Amenity Site, Tuam Civic Amenity Site, and the Galway City Council Recycling Centre in the Liosbán Industrial Estate on the Tuam Road.

Irish homes contain an average of 15 to 20 electrical items which are broken or unused, according to WEEE Ireland. WEEE Ireland works with indigenous recycling facilities certified to high quality standards to recover secondary resources from e-waste taken back by the public through a network of free collection points across the country.

[SEE HERE](#) for full details of this campaign and for a map of free recycling drop-off points for WEEE beyond repair or reuse.



WEEE RECYCLE ANYTHING WITH A PLUG OR A BATTERY!

Your local authority recycling centre will take your old appliances, **FOR FREE!**

No Purchase Required



Upcoming Events



Free Sean N6s Dancing Classes

Do you enjoy keeping fit and love Irish music and culture?

Have you always wanted to try Irish dancing but were unsure where to start?

Start your journey into the world of Connemara Sean N6s dance with Emma O'Sullivan!

Free to the Elderly / Unemployed / Family carers and those with a disability or additional needs.

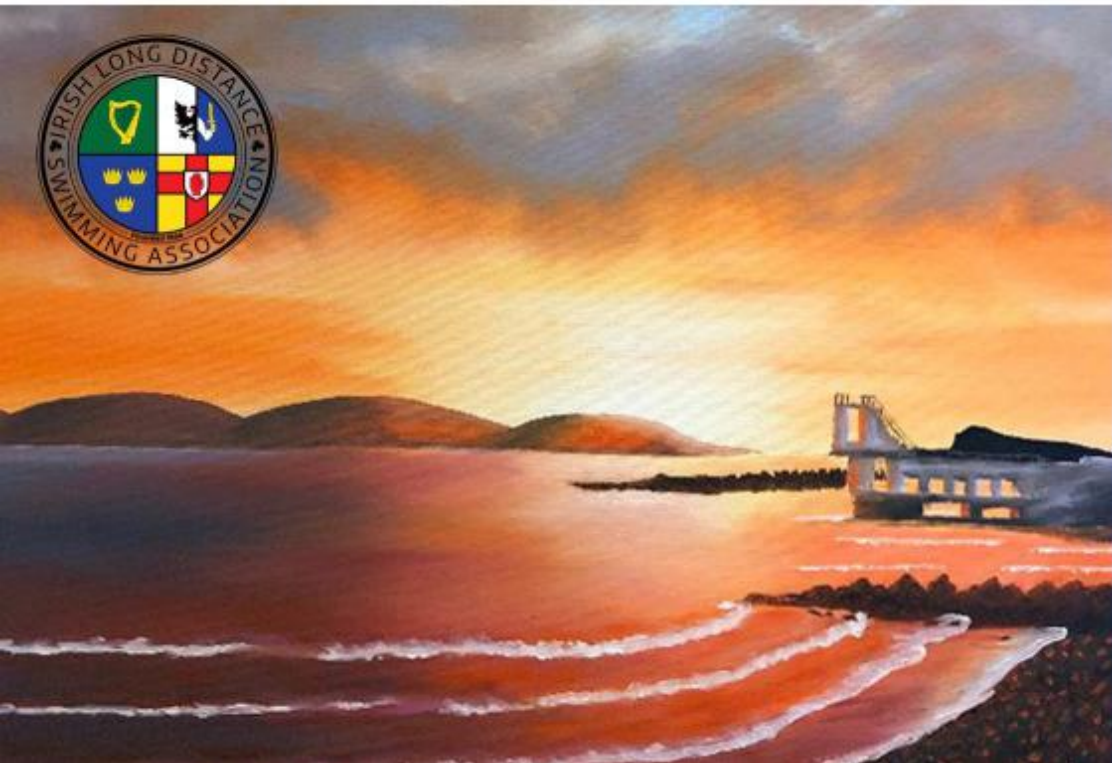
5 week course

**Start date: November 1st & 2nd
Locations Oughterard / Letterfrack
Duration: 40min**



Email info@forumconnemara.ie or call 095 41116 for details.

Upcoming Events



The 13th ILDSA Awards Celebrating 2020 & 2021

Saturday 27th November 2021
Galway Bay Hotel, Salthill
Galway, Ireland

Tickets 15 Euro
Arrival | 13:30
Opening Address | 14:00
Buffet | 16:00
Closing Address | 19:00
Dress | Smart Casual

Saturday, 27 November- The Irish Long Distance Swimming Association Annual Awards are being held in Galway, a great honour for Galway man Mr. Fergal Madden, Vice Chair of the Association and International open water swimmer. Tickets are €15 and can be booked [here](#)



Baby Bonding

New 6- Week Series: Classes for You & Your Baby
(from 28 weeks pregnancy to approx. 6 months old)

Small group

Playful, fun activities for you and baby
Relaxation practices and loving touch
Learn about baby's brain and development
Weekly handouts/ideas to take home

At Gort Resource Centre,
Starting Tuesday 2nd November for 6 weeks, 12-1pm.

With Baby Bonding Practitioners
Linsey McNelis & Tara Durkin

Contact Linsey 085 7467900 or Tara 086 2328229
to book your FREE place



Healthy
Galway

**baby
bonding**
the best start possible

**Gort
Resource
Centre**

Help Us Paint Ardahan All proceeds in aid of Gort Cancer Support

Saturday October 23rd at 1PM

- Walk with us in pink to Ardahan & back
- Enjoy a free Tea/Coffee and treats in our room
- Pink ice cream for kids
- Spot prizes for the best pink outfit
- All while the boss Gary runs a marathon on treadmill!

Gort Cancer Support
Supporting People affected by Cancer

Upcoming Events

Oughterard will be the location for the first Galway Wandering Kite Festival! The sky will be filled with kites from some of the world's most renowned kite-flyers while back on the ground there will be music, food, as well as kite-making workshops on the day with all materials supplied.

Galway Wandering Kite Festival runs from 12pm - 5pm on Monday 25th October 2021 in Oughterard AFC, Newvillage, Oughterard, Co. Galway.

Booking is essential, email: CreativeIrelandGalwayCo@gmail.com for tickets.

Galway Wandering Kite Festival is supported by CreativeIrl [See HERE](#)



Happy Halloween from Mary, Rita and Carmel
Galway County PPN






Connemara Mountain Walking Festival, Leenane 23rd – 24th Oct 2021

This October will see the resumption of the Connemara Mountain Walking Festival. Enjoy a unique combination of mountain and sea as Leenane is situated on the edge of Killary Harbour and surrounded by mountains in all directions. This event will take place over the weekend of October 23rd - 24th.

[Register Here.](#)

National Rural Network | 30 YEARS OF




Learning from the Past, Looking to the Future

When:
15th November 2021 from 9.00am to 1.00pm

Keynote Speaker:
Professor Mark Shucksmith OBE

This is an online event.



This online FREE event entitled **30 Years of LEADER – Learning from the Past, Looking to the Future** will allow us to reflect on past and current programmes, and debate rural policy and practice via the next LEADER Programme. [Register HERE](#)

Living Well

A programme for adults with long-term health conditions



Living Well is a free online group programme delivered over six workshops (2.5 hrs x 6). It is delivered by trained leaders, most of whom are also living with a long-term health condition.

You will develop self-management skills and confidence to live well with your health conditions.

Upcoming Living Well Programmes

| Day | Start date | Finish date | Time |
|-----------|---------------|---------------|----------------|
| Thursday | October 07th | November 11th | 10.30am to 1pm |
| Wednesday | October 13th | November 17th | 10.30am to 1pm |
| Tuesday | October 19th | November 23rd | 7pm to 9.30pm |
| Monday | November 01st | December 06th | 10.30am to 1pm |
| | | | |

To book your place contact

Contact the Programme Administrator Liam Gildea

Phone : 087 349 0393

Email: liam.gildea@mayocil.ie

www.hse.ie/LivingWell



Your toolkit for better health

Long-term health conditions include (but are not limited to) COPD, asthma, diabetes, stroke, heart conditions, multiple sclerosis (MS), arthritis, cancer, Crohn's disease, chronic pain and depression.



Sláintecare.



This is an SMRC Evidence Based Self Management Programme originally developed at Stanford University. This project has received funding from the Government of Ireland's Sláintecare Integration Fund 2019 under grant agreements numbers 38, 78,185, 219, 413, 418.

SUPPORTS

Galway County Council COVID-19 Community Call Helpline

Telephone: 1800 928 894 (freephone)

091 509 390 (landline)

Email: covidsupport@galwaycoco.ie

Our helpline will be open from 9am - 5pm Monday to Friday. Outside of these times please leave a voicemail and we will get back to you.

Covid-19 Information



COVID-19 Vaccine Centres

Videos with information about how the vaccination centres will operate are [available here](#).

Weekly Vaccine Information

The vaccine rollout is underway and daily vaccination data is now available to all on the [COVID-19 Data Hub](#) and on the [COVID-19 Tracker App](#). The data is from 48 hours previously to allow for validation.

COVID-19 Pharmacy Vaccination for 18-34 year olds

[This guidance is available here.](#)

For all the latest updates see:

[Public health measures in place right now](#)

[Keep Well Campaign](#)

