November 2022

Galway County Public Participation Network

Líonra Rannpháirtíochta Phoiblí Chontae na Gaillimhe

Welcome PPN members to our November 2022 Newsletter!

In this issue:

- PPN News
- An Cúinne Gaeilge
- News from the Departments
- Consultations
- Funding
- Training
- Notice Board / Events
- Supports

If you have any news you would like to include in next month's newsletter, please email mmullen@galwaycoco.ie

PPN News

National PPN Conference

21st & 22nd October 2022

Laois PPN in collaboration with Laois County Council and the DRCD, welcomed hundreds of delegates from all 31 PPNs representing 18,000 Groups nationally for the two day National PPN Conference in Laois.

Please find enclosed link to the National PPN Conference 2022 Report.
https://www.laoisppn.ie/wp-content/uploads/2022/11/LAOIS-PPN-NATIONAL-CONFERENCE-REPORT-2022-8.pdf

The National PPN Conference in Laois received positive feedback from Minister Joe O'Brien, delegates representing 31 PPNs across Ireland, and the Department of Rural and Community Development. The Conference received extensive coverage from local media both online in print – The Leinster Express, Laois Nationalist and Laois Today.

HSE publishes Winter Plan 2022/23

The HSE has outlined actions that will be taken to support the health service to manage the expected increase in the number of patients requiring healthcare over the winter period.

Actions to help manage increased demand over the winter period include:

Delivering additional capacity in acute and community services

Improving pathways of care for patients

Roll out of the vaccination programme for Flu and COVID-19 and preparing for potential increases in COVID-19 infections

You can find more information here

Age Friendly Ireland | Newsletter | Friday 18th November 2022

Se below to download this weeks Newsletter.

All Age Friendly Ireland newsletters are available on the website www.agefriendlyireland.ie

Opening Of The First My Open Library - Ballinasloe

We are thrilled that on Nov. 18th the first My Open Library will open in Galway. This will give library access to members from 8am - 10pm, 7 days a week outside of normal staffed hours. The service will be open to signed up members over the age of 16 after they undergo an induction (those aged 16 and 17 must have their parents present at the induction). As well as being able to check out books members can access PCs, WiFi and printing and photocopying facilities.
The official opening happens on Friday Nov 18 and the service will be launched by the Cathaoirleach Cllr. Michael (Moegie) Maher.
This is a great addition to our already extensive services and we are very excited to finally be up and running.
If you have any questions just email us on ballinasloe@galwaylibrary.ie and we will get straight back to you.

Galway County PPN supports unique Initative: WHO'S SHE GALWAY

On Saturday 8th October 2022, Galway County PPN supported the organization of a unique event aimed at bringing women across imaginary boundaries together.

NETWORK MIX UP – We bought together women from all across Galway; urban, rural, migrants, settled, traveller, young and not so young, mixed abilities, employed and under employed, varied sexual orientation, different ethnicities, religious beliefs, and language.

MEET, RELATE, CONNECT – participants were invited to broaden their horizons and engage with each other. In an ever changing world, we envisage a community where we can create lasting connections. So we enjoyed getting to know women we might not normally meet.

SHARE, LEARN, SMILE – practitioners donated their expertise to offer classes including **yoga, dance and self-defence**. There was a **Human Library** and speakers from a broad range of backgrounds who shared their stories in an intimate setting.

SUPPORT ONE ANOTHER – Free tickets were offered to women from marginalised communities. The money raised from ticket sales covered catering, transport and associated costs for the day and opened the door for another women to attend.

This event was supported by SCCUL Sanctuary, SETU YOGA, AKIDWA, Galway City Partnership, and many more.

National Tidy Towns Competition Results 2022

A huge congratulations to the 45 Tidy Towns Groups who entered the National Tidy Towns Competition in 2022 and have done our Towns, Villages, and County proud – a special mention to An Spidéal and Na Forbacha for their very impressive increases in marks this year.

Below is a short report on the County results and winners, and all local reports are available on https://www.tidytowns.ie/

More info.

Positive Ageing at Headford Men's Shed

Photo's below from a memorable lively and enjoyable morning of music and song at Headford Men's Shed. We were delighted that the legendary local musician Matt Cunningham could provide the musical entertainment. Approximately 40 people attended including 2 members from Shantalla Mens shed. The refreshments provided by Home Place Headford were really appreciated. *Fergus Hassett, Headford Men's Shed*

An Cúinne Gaeilge

Fáilte chuig eagrán na míosa seo den Chúinne Gaeilge le **Gaeilge Dhúiche Sheoigheach agus Thuar Mhic Éadaigh**. Ba mhaith le hOifigigh Phleanála Teanga na Gaillimhe fáilte mhór a chur roimh Irene Bhreathnach, a ceapadh le déanaí mar Oifigeach Pleanála Teanga i nGaeltacht na Ceathrún Rua. Guíonn muid gach rath uirthi ina post nua!

Ó bhí muid ag labhairt libh mí Aibreáin tá go leor tarlaithe sa cheantar ó thaobh na Gaeilge de. D'fhreastail tuairim is 150 duine ar ócáid speisialta in Halla Pobail Chorr na Móna mí Bealtaine nuair a sheol Aire Stáit na Gaeltachta, Jack Chambers TD, Plean Teanga Dhúiche Sheoigheach agus Thuar Mhic Éadaigh. Plean 7 mbliana atá ann a bhfuil sé mar aidhm aige cur le líon na gcainteoirí Gaeilge sa cheantar. Tá an plean anois i mblian a trí den phróiseas agus tá obair mhór ar siúl sa cheantar chun an Ghaeilge a chaomhnú agus a chur chun cinn mar theanga pobail. "Cuireadh moill ar an seoladh seo le cúpla bliain anuas mar gheall ar shrianta Covid-19 ach bhí muid an-sásta leis an slua a bhí i láthair sa Halla Pobail don ócáid chun ceiliúradh a dhéanamh ar an nGaeilge agus ar an gceantar Gaeltachta seo. Léiríodh beocht na Gaeilge, an cheoil, na hamhránaíochta, an damhsa agus na n-ealaíon béil sa cheantar agus táimid an-bhuíoch as gach duine a ghlac páirt in imeachtaí na hoíche agus a chuidigh linn an ócáid a chur ar siúl" a deir an tOifigeach Pleanála Teanga Stiofán Seoighe. Tá ranganna agus seisiún comhrá Gaeilge ar siúl faoi láthair sa cheantar agus bíonn fáilte roimh dhaoine nua an t-am ar fad. Bíonn na seisiún ar siúl óna 11-12 (Tosaitheoirí) agus óna 12-1 (Feabhsaitheoirí) gach Céadaoin in Halla Pobail Thuar Mhic Éadaigh agus gach Déardaoin in Oifigí Chomharchumann Dhúiche Sheoigheach Teo. i gCorr na Móna. Beidh an téarma seo ag críochnú ar an 14/15 Nollaig. Bígí linn!

Is féidir teagmháil a dhéanamh linn ag opt.cdst@gmail.com nó 087 3970227. Coinnigí súil amach ar ár leathanaigh Facebook, Twitter agus Instagram (@gaeilgedstme) agus ar ár suíomh idirlín www.cdsteo.ie/pleanail-teanga.

Clár Cuideachta

Tá an Clár Cuideachta do Theaghlaigh i gcomhpháirt le Tuismitheoirí na Gaeltachta faoi lánseol do theaghlaigh le gasúir bhunscoile i gceantar Dhúiche Sheoigheach agus Thuar Mhic Éadaigh. Tá sé mar aidhm ag an gClár seo comhluadar agus tacaíocht shóisialta a chur ar fáil do theaghlaigh le cabhrú leo úsáid na Gaeilge a chur chun cinn sa mbaile. Is féidir clárú don Chlár fós ach teagmháil a dhéanamh le Meadhbh ag meadhbh@tuismitheoiri.ie nó Stiofán ag opt.cdst@gmail.com

Comórtas....

Críochnaigh an seanfhocal áitiúil seo…

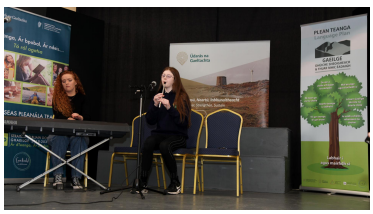
An rud is _____ is iontach.

Cuir do fhreagra chuig opt.cdst@gmail.com agus beidh deis agat mála féiríní Gaeilge DSTMÉ a bhuachaint!

GAEILGE
DHÚICHE SHEOIGHEACH
& THUAR MHIC ÉADAIGH

Blitzen Laoch na Nollag!

Beidh ócáid speisialta Nollag ar siúl in Ionad All Saints ar an bhFairche Dé Sathairn 3 Nollaig ag 4pm nuair a sheolfar leabhar nua Gaeilge do pháistí – Blitzen Laoch na Nollag le Claire O'Malley. Aodán Mac Suibhne a d'aistrigh an leabhar go Gaeilge agus is é David Bog a rinne na léirithe. Scéal Inste Beo a bheas ann, le Daidí na Nollag é féin i mbun léitheoireachta! Beidh Mamaí na Nollag, na réinfhianna agus na síoga i láthair freisin agus cuirfear soláistí speisialta Nollag, tae agus caife ar fáil. Beidh saorchead isteach ar an ócáid a bhuí le tacaíocht fhlaithiúil ó Ghaeilge DSTMÉ. Bígí linn agus cuirigí tús spleodrach le séasúr na Nollag!



Folúntas
Oifigeach Tionscadail

Phlean Gníomhaíochta d'Iorras Aithneach

Táthar ag tairiscint conradh oibre chúig mhí dhéag do dhuine cumasach chun tacú le cur i bhfeidhm Plean Gníomhaíochta d'Iorras Aithneach. Beidh an té a bhéas ceaptha freagrach as clár oibre atá aontaithe le hÚdarás na Gaeltachta a chur i bhfeidhm agus ag obair leis an gComharchumann áitiúil FCL Teo., coistí áitiúla agus páirtithe eile chun spriocanna oibre a bhaint amach.

Seo leanas na príomhthionscnaimh atá le cur chun cinn:

- Tacú le forbairt Ionad Cuimhneachán na nImirceach (Ionad Diaspóra na Gaeltachta san áireamh).
- Oibriú i gcomhar le páirtithe cuí maidir le forbairt Ionad Fiontraíochta agus Teicneolaíochta sa cheantar.
- Deiseanna a scrúdú agus tacú le tionscnaimh fiontraíochta agus fostaíochta a chur chun cinn sa cheantar.
- Tionscnaimh turasóireachta a chur chun cinn sa cheantar.
- Tionscnaimh oideachais agus oiliúna aontaithe a chur chun cinn sa cheantar.

Cáilíochtaí:

- Ardchaighdeán Gaeilge idir scríofa agus labhartha.
- Cáilíochtaí triú leibhéal cuí nó taithí leathan san earnáil forbartha pobail / Gnó/ Margaíocht.
- Taithí ar chóras riaracháin agus airgeadais.
- Scileanna maithe bainistíochta tionscadail, cumarsáide agus idirphearsanta.
- Cumas oibriú as a stuaim féin nó mar cuid de fhoireann.

Tá an post seo maoinithe ag Údarás na Gaeltachta. Beidh an té a cheapfar fostaithe ag Forbairt Chonamara Láir Teo. agus beidh an bhunáit oibre lonnaithe i gCarna.

Má tá spéis agat sa bpost seo, seol iarratais chomh maith le C.V chuig pleaniorrasaithneach@gmail.com roimh 4:00 i.n ar an 30 Samhain 2022

News from the Departments

An Roinn Forbartha Tuaithe agus Pobail
Department of Rural and Community Development

- Minister Humphreys announces €800,000 to support Men's Sheds. 02/11/2022. Read Press Release HERE.
- Ministers Humphreys, O'Brien, Chambers and Rabbitte announce €54.5 million package to support disadvantaged communities and vulnerable groups. 08/11/2022. Read Press Release HERE.
- Our Rural Future: Minister Humphreys announces €115 million for 23 landmark Rural Regeneration Projects nationwide. 10/11/2022. Read Press Release HERE.
- Ministers Humphreys and O'Brien launch €10 million Fund to support community and voluntary groups with energy costs. 13/11/2022. Read Press Release HERE.
- Our Rural Future: Minister O'Brien opens Rural Ideas Forum focused on A Socially Inclusive Rural Ireland. 15/11/2022. Read Press Release HERE.
- Minister Joe O'Brien announces over €44 million for the government's Social Inclusion Programme. 16/11/2022. Read Press Release HERE.
- Minister Humphreys announces €1.5 million in supports for Social Enterprises as she opens Ireland's Fourth National Social Enterprise Conference. 17/11/2022. Read Press Release HERE.
- Ministers Humphreys and Joe O'Brien announce €10 million Fund to support parish halls and community centres with energy bills. 18/11/2022. Read Press Release HERE.
- Taoiseach, Minister Humphreys and Minister of State Joe O'Brien open first National Community and Voluntary Civic Forum. 21/11/2022.Read Press Release HERE.

Consultations

NWRP Phase 2 - Regional Water Resources Plan North West

Irish Water is now seeking feedback on the draft RWRP-North West and associated SEA Environmental Report and Natura Impact Statement. The public consultation will run from 22 November 2022 to 21 February 2023.

To find out more visit the RWRP NW page

Public Consultation on a new Strategy Statement for the National Parks and Wildlife Service

From Department of Housing, Local Government and Heritage
Published on 14 October 2022

The first Strategy Statement for the National Parks and Wildlife Service will set out the core mission and values of the NPWS, together with our key strategic priorities as an organisation for 2023-2025.

We are seeking your views as to what our priorities should be, over the coming three years. What are the most important goals you think the NPWS should work toward over the period? Do you have good ideas as to how to reach those goals? How should we measure progress?

There are two ways to have your say:

You can read the consultation document, and then complete a more detailed online questionnaire .

If you prefer to email or post your responses to the consultation document, you can send them by email to: strategyconsultation@npws.gov.ie , or post to:

Strategy Consultation, National Parks and Wildlife Service, 90 North King Street, Dublin 7, D07 N7CV.

The closing date for submissions is **9 December 2022** .

Funding

Hometown Architect funding call now open!

Hometown Architect is a new call for projects for the Irish Architecture Foundation's Reimagine placemaking programme. We invite joint applications from community stakeholders and local architects with proposals that focus specifically on the improvement of their local town or village centre. Funded by the Arts Council and Department of Rural and Community Development, with additional support from the Department of Housing, Local Government and Heritage, this programme aligns with the Town Centre First policy which aims to revitalise towns across Ireland, building and sustaining vibrant town centres where communities can flourish.

In 2023, 5 communities will be awarded supports to the value of €10,000 for projects that focus on the regeneration of their town centres. Applications are now open and will be accepted until 16 January 2023.

Interested in applying?
Visit the Hometown Architect Open Call page for full details and to make your application.

Closing date: 16 January 2023

We will run information sessions for prospective applicants on Wednesday 23 November, 12pm – 1pm and Tuesday 13 December, 12 – 1pm. Register through the Hometown Architect Open Call page.

If you know a community group or architect who might be interested, please share this email with them.

Reimagine is funded by the Arts Council, Department of Rural and Community Development and the Department of Housing, Local Government and Heritage. The Reimagine programme was developed with funding from the Creative Ireland Programme's National Creativity Fund. The Irish Architecture Foundation is principally funded by the Arts Council, Department of Housing, Local Government & Heritage, Office of Public Works, which enables us to deliver projects like Reimagine.

Community and Voluntary Sector Energy Support Scheme

The Department of Rural and Community Development have announced a new **Energy Support Scheme for the Community & Voluntary Sector** which will be administered by Pobal.

The **Community and Voluntary Energy Support Scheme (CVESS)** provides for a once-off payment to eligible charities and community and voluntary sector organisations towards their **energy costs** for 2022.

The online application portal will be open from **Monday 21st November to Friday 2nd December** and all queries regarding eligibility and the application process should be directed to Pobal.

This Energy Support Scheme is for Organisations in the Community & Voluntary Sector who are registered Companies or Charities and are not otherwise eligible for one of the following schemes:

Temporary Business Energy Support Scheme

Sports Energy Support Schemes for National Governing Bodies

Arts and Culture Energy Scheme for the Arts Sector

Section 38 and 39 (Health) Organisations Scheme

Organisations in Gaeltacht Areas and language bodies

Please note that branches of National Organisations/Governing Bodies should apply to the relevant scheme outlined above through their National Governing Body.

Find out more HERE.

Training

Friday 18th 10.30am

Artists and Activists: 1922 Women in a changing Cultural Landscape

A series of talks by Eimear O Connor, Therese McIntyre, and Abbie McGowan highlighting the role of women as artists and creatives in the early twentieth century.

Saturday 19th 3-4.30pm

Book Launch: Thorny Bed of Roses

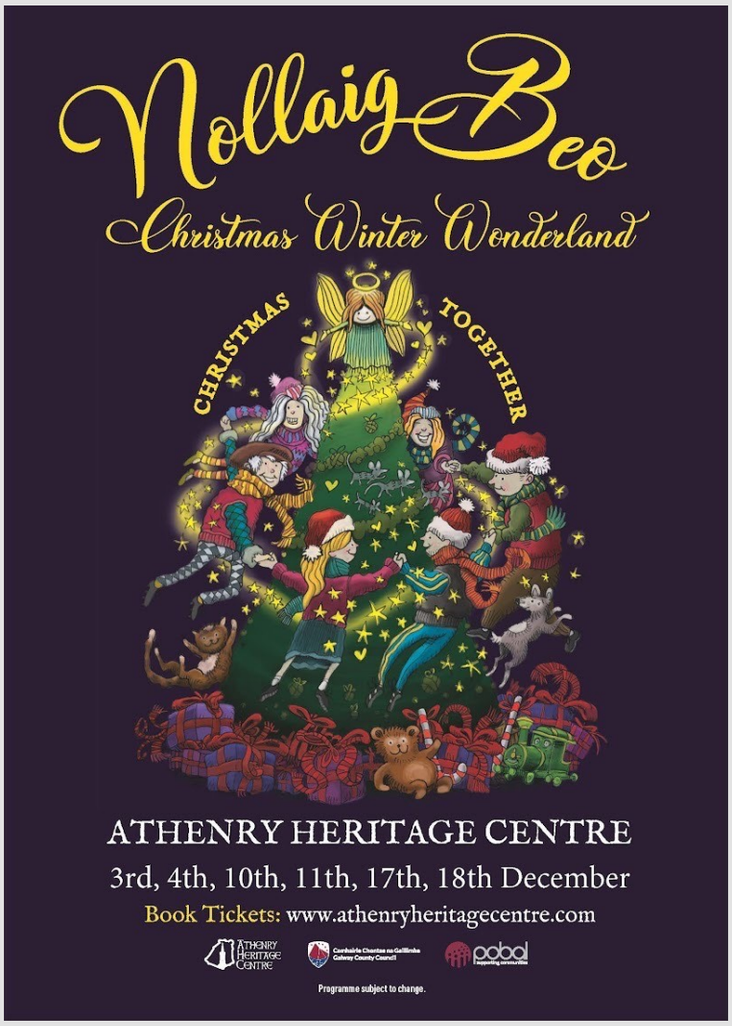
Book launch and reading by Enda Spellman.

Saturday 26th 2.30pm

The Archaeology of Ballinasloe's Big Dig

Fiona Maguire will describe the history of Ballinasloe from the point of view of the archaeological discoveries, the painstaking process of uncovering the past, and what the remains of the people that went before us can tell us about where we live now.

Notice Board / Events



Killure - Kilgerrill : Its People & Places

Killure – Kilgerrill: Its People & Places

In
Gullane's Hotel
Ballinasloe

Friday
25th November
7:30pm

Admission Free
All Welcome

The book is a detailed account of family history in the Parish of Killure-Fohenagh-Kilgerrill and neighbouring townlands in East Galway including the history of 40 families in the area from earliest available records; emigration records of around 150 people from the area who went to America; information on parish baptismal and marriage records; descriptions of large houses and their residents; land holding transactions since 1855 and profiles of RIC members from the parish.

Good 2 Go Training

Community Activity Leader Training in:

- Warm Up / Cool Down
- Older Adult Physical Activity
- Activator Poles
- Boccia
- Scooch

Venue: Claribridge Parish Hall

- 22nd November 2022
- 29th November 2022
- 6th December 2022

Time: 10am - 2pm

Refreshments Provided!

For more info or to book contact eloftus@galwaycoco.ie

Can We Help?

Age Action's Care and Repair does small DIY jobs, free of charge, for older people to help them maintain their homes and their independence.

Age Action's Care and Repair prioritises carrying out jobs in the homes of older people who are being discharged or have recently been discharged from hospital. If someone is coming out of hospital, no matter where they live, we would support them to make sure their home is safe.

Care and Repair can remove trip hazards, install handrails, replace toilet seats or move a bed downstairs to make sure the home is ready for their return.

If you require work done in your home to make it safer after a stay in hospital we can help.

If you are a professional working with older people who would benefit from this service you can download a referral form from **www.ageaction.ie**.

For all other queries about Care and Repair please contact us using these numbers:

Age Action national line: 0818 911 109
Age Action in Dublin: 01 4756989
Age Action in Cork: 021 2067399
Age Action in Galway: 091 527831
Email: careandrepair@ageaction.ie

Age Action Age Equality care repair HSE

Maya Homburger and Malcolm Proud

Wednesday, November 23, 2022 at 8:00 pm
St. Joseph's Church, Presentation Rd

Maya Homburger ***baroque violin***
Malcolm Proud ***harpsichord***

J S. BACH	Sonata no. 1 in B minor, BWV 1014
JOHANN HEINRICH SCHMELZER	Sonata in G minor for violin and continuo
J.S. BACH	Sonata no. 3 in E major, BWV 1016
J.S. BACH	Prelude and Fugue in C sharp major, BWV
J.S. BACH	Prelude and Fugue in C sharp minor, BWV
HEINRICH IGNAZ FRANZ BIBER	Passagalia *The Guardian Angel*
J.S. BACH	Sonata no. 6 in G major, BWV 1019

Celebrated in Ireland and throughout Europe for their exquisite performances and recordings of baroque music, the Swiss/Irish duo of Maya Homburger and Malcolm Proud bring this bespoke programme to Galway for our Bach season. Biber and Schmelzer form a link between the compositions of the Italian violin virtuosi of the first half of the 17th century and the violin music of Bach.

4-WEEK EXERCISE PROGRAMME

BUGGY BUDDIES TUAM

7-28 NOVEMBER

DAY: MONDAYS

TIME: 11:30AM - 12:15AM

MEET: TUAM FAMILY RESOURCE CENTRE (INDOORS)

Postnatal-friendly cardio & strength exercise suitable for all abilities*

Cost: €30 for 4-weeks or €10 'pay as you go'

*Participants must be at least 6-weeks postpartum

REGISTER VIA EVENTBRITE

Contact galwayactive@galwaycoco.ie for more information

SPÓRT ÉIREANN
SPORT IRELAND

GALWAY SPORTS PARTNERSHIP
COMHPHARTÍOCHT SPORÁIL NA GAILLIMHE
SPÓRT ÉIREANN
SPORT IRELAND

Oughterard Health Awareness Day

Thursday 1st December 2022

1pm-6pm

Oughterard Courthouse

FREE Health Checks, Information Stands & Refreshments

hi Healthy Ireland | Healthy Galway

CLANN RESOURCE CENTRE

GALWAY RURAL DEVELOPMENT

The Healthy Ireland Fund supported by the Department of Health

EUROPEAN UNION Investing in your future European Social Fund

Rialtas na hÉireann Government of Ireland

LCDC

The Social Inclusion and Community Activation Programme (SICAP) 2018-2023 is funded by the Irish Government through the Department of Rural and Community Development and co-funded by the European Social Fund under the Programme for Employability, Inclusion and Learning (PEIL) 2014-2020"

CD LAUNCH IN AID OF HAND IN HAND

Ard Rí Hotel, Tuam
2nd of December
7pm to 10pm.

Admission €10 which includes CD, food and entertainment

HAND IN HAND IS A NATIONAL CHILDREN'S CHARITY, PROVIDING PRACTICAL AND EMOTIONAL SUPPORT TO FAMILIES FACING CHILDHOOD CANCER THROUGHOUT IRELAND.

This CD is dedicated in loving memory of Eoghan Hynes, whose family, with the help and support of Hand in Hand, did not face their journey alone.

Living Well

A programme for adults with long-term health conditions

Living Well is a free online group programme delivered over six workshops (2.5 hrs x 6). It is delivered by trained leaders, most of whom are also living with a long-term healthcondition.

You will develop self-management **skills and confidence** to live well with your health conditions.

Upcoming Living Well Programmes

Day	Start date	Finish date	Time
Thursday	6th October 2022	10th November 2022	7 pm to 9.30 pm
Wednesday	12th October 2022	16th November 2022	10.30 am to 1 pm
Wednesday	26th October 2022	30th November 2022	10.30 am to 1 pm
Wednesday	2nd November 2022	7th December 2022	7 pm to 9.30 pm
Friday	04th November 2022	9th December 2022	10.30 am to 1 pm

To book your place contact

Liam Gildea, Programme Administrator
Phone: 086 014 2675
Email: lgildea@southmayo.com

www.hse.ie/LivingWell

Living Well
A programme for adults with long-term health conditions
Your toolkit for better health

Long-term health conditions include (but are not limited to) COPD, asthma, diabetes, stroke, heart conditions, multiple sclerosis (MS), arthritis, cancer, Crohn's disease, chronic pain and depression.

South West Mayo Development Company CLG

HSE

Self-management Support

Sláintecare

SMRC Self-Management Resource Center

What is the Living Well programme?

Living Well is a free, group self-management programme for adults 18 years and older with long-term or chronic health conditions.
A long-term health condition is one that can be treated and managed but usually not cured. Examples include asthma, COPD, diabetes, heart conditions, stroke, multiple sclerosis, arthritis, inflammatory bowel disease, chronic pain and many more.
The Living Well programme may also be a support for those with long-COVID.

What is Self-management?

Self-management is what a person with a long-term health condition does every day. This may include:

- Recognising and dealing with symptoms
- Taking medication and managing other treatments
- Making lifestyle changes
- Coping with the emotional effects of the health condition.

Good self-management happens in partnership with your healthcare team. It is not about 'going it alone'.

Why should I join the Living Well programme?

Living with a long-term health condition can be challenging. The Living Well programme supports you to develop the skills and confidence that will help you to self-manage and to live well with your long-term health condition.

These skills include how to:

- Set goals to make changes in your life
- Make plans to achieve these goals
- Problem solve
- Manage your medications
- Cope with difficult emotions, low mood and feelings of depression
- Manage pain, fatigue and sleep problems
- Communicate well with your family, friends and healthcare team.

These skills become your toolkit for better health.

What does the Living Well programme involve?

- Living Well is a free group programme, which runs for six weeks. There is one workshop each week, which lasts 2.5 hours.
- You can do the programme in person or online.
- Two trained leaders deliver the workshops. At least one of the leaders lives with a long-term health condition.
- People taking part in the workshops may or may not have the same health condition(s).
- The workshops are delivered in a relaxed and friendly way so that all participants can learn from each other. Each person who takes part gets a book about self-management.
- For the online programmes, you will receive support to get online, if required.

Who is the Living Well programme for?

Living Well is for adults 18 years and over. It is suitable for those who are:

- living with one or more long-term health conditions
- caring for someone with a long-term health condition

The Living Well Programme is not suitable for people with significant memory or learning difficulties.

#GalwayCountyPPN

Galway County Public Participation Network
Líonra Rannpháirtíochta Phoiblí Chontae na Gaillimhe

Tel: 091 509130 | Mobile: 087 360 3379 |
Email: mmullen@galwaycoco.ie
| www.galwaycountyppn.ie |

Designed with BEE