

February 2024

Welcome PPN members to our **February 2024** Newsletter!



Líonra Rannpháirtíochta Phoiblí Chontae na Gaillimhe Public Participation Network Galway County

In This Issue:

- **PPN News** (+ council news + community news)
- **Focus on: Social Inclusion Pillar**
- **An Cúinne Gaeilge (Irish Corner)**
- **News from the Departments**
- **Consultations**
- **Funding**
- **Training**
- **Notice Board / Events**
- **Supports**

If you have any news you would like to include in next month's newsletter, please email dtuite@galwaycoco.ie or mmullen@galwaycoco.ie

***Submissions Deadline: 23rd of each month - for following month's issue.**

Next issue has a special focus on: **Environment** pillar of the PPN.

PPN News

GALWAY COUNTY PPN NEWS

February Training Series for PPN Members

FACILITATION SKILLS FOR IN-PERSON SETTINGS
THURSDAY, 1ST FEBRUARY
10AM TO 12PM
ONLINE

This course will be beneficial for chairs of boards, CEOs, senior managers leading executive teams, officers engaging in community outreach, education/training workers, and staff leading meetings.

Effective facilitation can lead to clearer focus and purposeful action. In this workshop you will be introduced to methodologies, tools and techniques to design and deliver engaging events and meetings, as well as some tips for overcoming facilitation challenges.

PPN MEMBERS TRAINING FACILITATED BY CARMICHAEL.

REGISTER HERE

Carmichael.
Líonra Rannpháirtíochta Phoiblí Chontae na Gaillimhe
Public Participation Network Galway County

Carmichael. Léara Rannpháirtíochta Pobail Chontae na Gaillimhe
Public Participation Network Galway County

Sources of Funding for Non-Profits

Tuesday, 20th February – 10am to 12.30pm.
PPN Members Training. Facilitated by Carmichael.

Register [HERE](#)

Course material will include where to look for vital sources of funding, how to answer the critical questions that funders ask, how to develop a compelling story, an A to Z of digital and face to face fundraising techniques and with presentations focussed on sectors such wellbeing, social, community, health, enterprise, educational, arts environmental and other objectives.
For Board members, managers and all those with responsibility for the financial viability of their voluntary organisations.

Carmichael. Léara Rannpháirtíochta Pobail Chontae na Gaillimhe
Public Participation Network Galway County

Understanding and Influencing the Oireachtas

Thursday, 15th February
10am to 12.30pm (Online)

This course will be beneficial for chairs of boards, CEOs, senior managers leading executive teams, officers engaging in community outreach, education/training workers, and staff leading meetings.
Effective facilitation can lead to clearer focus and purposeful action. In this workshop you will be introduced to methodologies, tools and techniques to design and deliver engaging events and meetings, as well as some tips for overcoming facilitation challenges

PPN Members Training.
Facilitated by Carmichael.

Register [HERE](#)

We have a series of workshops coming up in February which may be of interest to you/your group. Please register using the links below. This training is FREE for PPN Members.

Zoom training link will be shared ahead of the training to those registered.

Facilitation Skills for In-Person Settings(online)

Thursday, 1st February – 10am to 12pm, ONLINE via Zoom.

Effective facilitation can lead to clearer focus and purposeful action. In this workshop you will be introduced to methodologies, tools and techniques to design and deliver engaging events and meetings, as well as some tips for overcoming facilitation challenges.

Register [HERE](#).

Understanding and Influencing the Oireachtas

Thursday, 15th February – 10am to 12.30pm, ONLINE via Zoom.

Ever wondered how your organization can secure a legislative or policy win?

This workshop has been developed to share an insider-outsider perspective on how to succeed in influencing policy or legislative change for your Organisation. The workshop will inform and provide a practical roadmap.

Register [HERE](#).

Sources of Funding for Non-Profits

Tuesday, 20th February – 10am to 12.30pm, ONLINE via Zoom

Course material will include where to look for vital sources of funding, how to answer the critical questions that funders ask, how to develop a compelling story, an A to Z of digital and face to face fundraising techniques and with presentations focused on sectors such wellbeing, social, community, health, enterprise, educational, arts environmental and other objectives.

Register [HERE](#).

Funding Information Webinar

Local Enhancement Programme & Community Support Schemes



Information Session [ONLINE] on **Tuesday 6th February at 6pm** about the Local Enhancement Programme & Community Support Schemes 2024, which are run by Galway County Council.

Information Session hosted by Galway County PPN, online via Zoom. Register [HERE](#).

Guidelines and Application Forms for these schemes are available on the PPN website:

<https://www.galwaycountypnn.ie/grant/local-enhancement-programme-2024/>

and

<https://www.galwaycountypnn.ie/grant/community-support-schemes-2024/>

If you have queries regarding the scheme, please e-mail them to communitygrants@galwaycoco.ie



FRIDAY, 9 FEBRUARY 2024 AT 18:30

Permaculture in Slieve Aughty Centre with Alfred Decker

Slieve Aughty Centre

Galway County Public Participation Network (PPN) are delighted to partner with CELT and Slieve Aughty Centre to deliver a FREE PERMACULTURE WORKSHOP with Alfred Decker, internationally renowned Permaculture Educator and Designer.

Where & When: Slieve Aughty Center Loughrea.

Fri: 9th February 6.30pm - 9pm.

Sat: 10th February 10.30am - 5.30pm.

Sun: 11th February 10.30 am - 1.30pm.

Permaculture methods are regenerative, meaning that they maintain healthy, nutrient-rich soils, minimize waste, conserve water and protect biodiversity, natural ecosystems and habitats!

Over the weekend Alfred will cover topics on Social Permaculture, Permaculture Design, & The Future of Permaculture & Designing Your Life, Rural and Urban Water, Importance of Building Healthy Soil, Community & Forest Gardening, Eco Construction & Architecture.

Book your place as there are limited tickets available!

<https://www.celtnet.org/.../permaculture-weekend-in...>

Upcoming PPN Meetings

Galway County PPN Secretariat Meeting

Tuesday 27th February 2024 at 19:00-20:30pm - Online. Members will receive the meeting link.

Galway County PPN Energy Master Plan Steering Group Meeting

Thursday 15th February 2024 at 14:00-15:15pm - Online. Members will receive the meeting link.

Contact your local PPN Secretariat, Representatives or Staff if you would like further information.

PPN Will Be Attending

National Disability Strategy-Regional Town Hall

Monday 12th February 2024 at 11:00-15:00

Read more [HERE](#).

Come & Try /Age & Opportunity Grant

Tuesday 13th February 2024 at 11:00-14:00.

OLDER ADULTS COME AND TRY & GRANT INFORMATION DAY

- 📍 Ballinfole Castlegar Neighbourhood Centre
- 📅 Tuesday 13th February
- 🕒 11:30am-1:30pm

Tea, coffee & light refreshments provided

Boccia, Scooch, Petanque, Activator Poles, Walking Football and Go for Life Games

Info. & support for Age & Opportunity Grant

If you are interested in attending please email galwayactive@galwaycoco.ie or Text 087 7511141





Líonra Rannpháirtíochta Phoiblí Chontae na Gaillimhe
Public Participation Network Galway County

Are you registered to access information on community funding and training opportunities?

Galway County Public Participation Network (PPN) is calling on all grassroots groups from Parish Halls & Community Centres, Men's and Women's Sheds, Volunteer Youth Clubs and Senior Citizen Groups, to make sure they register with the PPN, so they are informed of upcoming funding opportunities to cover running/energy costs, and other capital grants to purchase equipment and upgrade community amenities and facilities.

**Simply click 'register now' on our website
<https://www.galwaycountypn.ie/>**

Galway County PPN is a network of all community and voluntary groups based in County Galway and acts as an information hub between communities and Galway County Council, as well as providing training and capacity-building opportunities for communities.



Líonra Rannpháirtíochta Phoiblí Chontae na Gaillimhe
Public Participation Network Galway County

An bhfuil do ghrúpa cláraithe chun teacht ar eolas maidir le maoiniú pobail agus ar dheiseanna oiliúna?

Tá Líonra Rannpháirtíochta Phoiblí Chontae na Gaillimhe (PPN) ag iarraidh ar gach grúpa pobail ó Hallaí Paróiste & Ionaid Phobail, Seideanna na bhFear agus na mBan, Clubanna Óige Deonacha agus Grúpaí Seanóirí, a chinntiú go gcláróidh siad leis an PPN, ionas go gcuirfear ar an eolas iad faoi mhaoiniú atá le teacht, deiseanna chun costais reatha/fhuinnimh a chlúdach, agus deontais chaipitil eile chun trealamh a cheannach agus áiseanna agus áiseanna pobail a uasghrádú.

**Níl le déanamh ach cliceáil ar 'cláraigh anois'
ar ár suíomh Gréasáin
<https://www.galwaycountypn.ie/>**

Is líonra é PPN Chontae na Gaillimhe de gach grúpa pobail agus deonach atá lonnaithe i gContae na Gaillimhe. Feidhmíonn sé mar nasc eolais idir an pobal agus Comhairle Chontae na Gaillimhe, chomh maith le sinn cuireann sé deiseanna oiliúna agus forbartha acmhainne ar fáil don phobal.

When a group registers it becomes part of the Galway County PPN Structure.

Registration is easy and free of charge!

Registered groups receive regular updates, information on funding opportunities and also benefit from advertising their own community activities free of charge.

Register now: <https://www.galwaycountypn.ie/registration-form/>

PPN Stakeholder Training

The online only self-paced training videos programme for PPN stakeholders has been developed with SJI. Registrations for the online only training is now open. Social Justice Ireland is providing this training on behalf of the Department.

The online only training covers the following:

- An Introduction to the PPNs (2 Modules)
- Local Government Budgets
- PPNs and Local Government
- Effective Participation in Consultations
- Effective Facilitation
- Strategic Planning
- Measuring Outcomes and Impacts

This is online only and is intended for self-directed learning at the learner's own pace. Social Justice Ireland will provide some support via the webform on each Module page. There are no scheduled classes as part of this training.

This training is available to the following PPN Stakeholders:

- PPN Workers
- PPN Secretariat Members
- PPN Representatives
- PPN Member Groups
- Local Authority Staff
- Elected Councillors

To register, please complete the Registration Form at the following link:

[Register for Training | Social Justice Ireland](#)

From [Department of Rural and Community Development](#)

Public Participation Networks latest news - read more [HERE](#).

An updated edition of a resource guide aimed at ensuring that marginalised and disadvantaged communities have opportunities to participate in local planning and decision-making has been launched.

'A Guide for Inclusive Community Engagement in Local Planning and Decision Making'

Read more [HERE](#). Digital Version of the Guide is [HERE](#).

PPN Supports Provided by *The Wheel*

Our Values



An Roinn Forbartha
Tuaithe agus Pobail
Department of Rural and
Community Development

**the
wheel**

Stronger Charities.
Stronger Communities.

Link to previous PPN Supports & Training available on Department website [HERE](#)

[GALWAY COUNTY COUNCIL NEWS](#)

Do nithe maidir leis an drochaimsir, cosúil le crainn tite, tuilte, srl, déan teagmháil le:
Uimh. Theagmhála (taobh amuigh de ghnáthuaireanta): 091 509069

For severe weather-related issues, such as fallen trees, flooding etc, please contact
our Out of Hours number: 091 509069



Referendum March 8th 2024 More information can be found by clicking on the following link: <https://ow.ly/G0JI50Qvjmc>


**CONSTITUTIONAL
REFERENDUMS**
8TH MARCH 2024

**CLOSING DATE FOR RECEIPT OF APPLICATIONS
FOR INCLUSION ON THE SPECIAL OR POSTAL
VOTER LIST IS: MONDAY 12TH FEBRUARY 2024**

APPLICATIONS FOR INCLUSION ON SPECIAL OR POSTAL VOTER LIST
CANNOT BE SUBMITTED ONLINE.

FORMS CAN BE DOWNLOADED FROM WWW.CHECKTHEREGISTER.IE.
FORMS ARE ALSO AVAILABLE AT GALWAY COUNTY COUNCIL OFFICES.

RETURN APPLICATIONS TO: FRANCHISE SECTION, GALWAY COUNTY
COUNCIL, PROSPECT HILL, GALWAY H91 H6KX.
FOR QUERIES PHONE 091 509310 OR EMAIL ELECTORS@GALWAYCOCO.IE.

**CONSTITUTIONAL
REFERENDUMS**
8TH MARCH 2024

**CLOSING DATE FOR RECEIPT OF APPLICATIONS
TO THE REGISTER OF ELECTORS IS:
TUESDAY 20TH FEBRUARY 2024**

TO BE ELIGIBLE TO VOTE IN A REFERENDUM:

(A) YOU MUST BE 18 YEARS OF AGE ON OR BEFORE 8TH MARCH 2024

(B) YOU MUST BE LIVING FULL TIME AT THE ADDRESS AT WHICH YOU
WISH TO BE REGISTERED.

(C) YOU MUST HAVE IRISH CITIZENSHIP.

APPLICATIONS TO REGISTER TO VOTE CAN BE MADE ONLINE AT
WWW.CHECKTHEREGISTER.IE.

FORMS CAN BE DOWNLOADED FROM WWW.CHECKTHEREGISTER.IE.
FORMS ARE ALSO AVAILABLE AT GALWAY COUNTY COUNCIL
OFFICES.

Tá SCOLÁIREACHTAÍ GAELTACHTA Phádraig Mhic Phiarais 2024 de chuid Chomhairle Chontae na Gaillimhe oscailte anois d'iarratais ó dhaltaí dara leibhéal atá ina gcónaí i gContae na Gaillimhe. Spriocdháta: Dé hAoine, 15 Márta 2024 ag 4:00 i.n. Gach eolas, treoirínte agus foirm iarratais le fáil ag an nasc seo a leanas: <https://ow.ly/NzIb50QtwZL>

The Galway County Council Pádraig Pearse GAELTACHT SCHOLARSHIPS scheme 2024 is now open for applications from second level students resident in the County of Galway. Closing date: Friday, 15 March 2024 at 4:00p.m. All information, guidelines and application form, can be found by clicking on the following link: <https://ow.ly/NzIb50QtwZL>

The Minister for the Environment, Climate and Communications, has signed new legislation which means that every household will be provided with a brown bin for food waste and light garden waste by their waste collector.

These changes mean households will be able to access a waste collection service to segregate their waste, minimise the amount of waste that goes to landfill, and reuse waste through measures such as recycling, composting or anaerobic digestion. From January 2024, every household in Ireland will be entitled to a brown bin collection service.

No matter how remote your home is, you can organise your brown bin collection service through their waste collector. For more details see <https://ow.ly/KXi650Qsq8l>

Get a brown bin here,
there and everywhere.



mywaste

mywaste.ie



Rialtas na hÉireann
Government of Ireland

OLDER ADULTS COME AND TRY & GRANT INFORMATION DAY

- 📍 Ballinfoile Castlegar Neighbourhood Centre
- 📅 Tuesday 13th February
- 🕒 11:30am-1:30pm

Tea, coffee & light refreshments provided

Boccia, Scooch, Petanque, Activator Poles, Walking Football and Go for Life Games

Info. & support for Age & Opportunity Grant

If you are interested in attending please email galwayactive@galwaycoco.ie or Text 087 751141



Cathracha Gníomhacha
Active Cities
GAILLIMH / GALWAY

Galway Sports Partnership are hosting a 'Come and Try & Grant Information Day' where you can bring up to 5 members of your group to try out equipment and speak to staff of Galway County Council, Galway City Council, Healthy Galway and Active Cities. Activities include; Boccia, Scooch, Petanque, Activator Poles, Go For Life Games and more! There will also be information on the costings and where to purchase the various pieces of equipment demonstrated.

Come and Try & Grant Information Day.

Ballinfoile Castlegar Neighbourhood Centre (BCNC).

Tuesday 13th February 11:30am – 1:30pm.

Tea, coffee and light refreshments provided.

If you are interested in attending please respond to this email, or email galwayactive@galwaycoco.ie or Text 087 751141

GALWAY COUNTY BASED ARTISTS

Centre Culturel Irlandais
16 January

Cybernate
25 January

Interface
09 February



**RESIDENCY
DEADLINES**



3 Galway County Council arts and culture funding opportunities are now open for applications:

Community Support Scheme: Cultural Development - 20 Feb

Community groups and arts organisations can apply for up to €3,000 to support projects in Galway County. Click here for info:

<https://galwaycoco.submit.com/show/19>

Artist Support Scheme - 28 Feb

Artists living in Galway County can apply for up to €3,000 for support with their professional artistic practice. Click here for info:

<https://galwaycoco.submit.com/show/30>

Creative Ireland Bursary - 28 Feb

Community groups, arts organisations and artists can apply for up to €10,000 to support Creative Ireland projects and initiatives in Galway County.

Click here for info: <https://galwaycoco.submit.com/show/25>

Questions about the Community Support Scheme and Artist Support Scheme can be emailed to artsoffice@galwaycoco.ie.

Questions about the Creative Ireland Bursary can be emailed to creativeireland@galwaycoco.ie.



TO REGISTER EMAIL:
CREATIVEIRELAND@GALWAYCOCO.IE

**ONLINE
INFO
SESSION**

**CREATIVE
IRELAND
BURSARY INFO
SESSION /
Q&A**



**FEB 8TH AT 6PM
FEB 14TH AT 1PM**



National Heritage Week 2024 Theme



During National Heritage Week 2024 taking place from 17th - 25th August, we are encouraging you to explore the physical, cultural and natural connections in your community and beyond.



National Heritage Week 2024 will take place from 17th-25th August 2024. This year we will celebrate the theme of "Connections, Routes & Networks".

During **National Heritage Week 2024 taking place from 17th - 25th August**, we are encouraging you to explore the physical, cultural and natural connections in your community and beyond.

How do we connect to each other, through roads, rivers, rail or waterways? What are the cultural connections like sports or past-times that bring us together? How does our environment and natural landscape create connections?

Explore this year's theme and how you can participate in National Heritage Week 2024.

Read more [HERE](#).

To whom it may concern,

The National Transport Authority (NTA) has today published the BusConnects Galway New Bus Network.

The new network, which forms a key part of the overall BusConnects Galway Programme, is intended to transform the public transport network across the Galway Metropolitan Area. The new network will involve the creation of new bus routes and improved bus frequencies to help transform the public transport network to meet anticipated growth and future demand in the region.

During 2022, the NTA carried out an extensive process of public consultation and review, in collaboration with Galway City Council, Galway County Council, Bus Éireann, City Direct and with specialised experience of transport designers Jarrett Walker and Associates. In April 2023, a draft new network was published, and the feedback and submissions have informed the Final New Bus Network published today.

Chapter 4 of the New Bus Network Report sets out the key changes that have been made to the network in each section of the city following the feedback received during the public consultation process. There remains roads in Galway City, such as Circular Road, where we would have had liked to provide a bus service but where this is not possible due to inadequate road widths for two-way bus operation. Bus services can be added subsequently should the width issues be resolved.

Key changes within the New Galway Bus Network Report include:

- Concerns were raised during the public consultation process about the possible removal of services from Mervue Shopping Centre. To address these concerns, the NTA plans that the shopping centre can be served at the same bus stop as in the existing network, but by a different route. Route 3 was revised to provide a bus service on Parnell Avenue and Clarke Avenue in Mervue.
- There were a small number of submissions on the network that welcomed a proposed route through Bun a Chnoic and Cnoc an Oir. However, many respondents objected to the proposal, noting traffic and safety concerns. The NTA will work with Galway City Council to develop a bus-only street connection in Bun an Chnoic, or north of Bun an Chnoic, to allow service on Letteragh and Rahoon Roads.
- Many people objected to the removal of the bus service on a section of Upper Salthill Road, between Kingston Road and Knocknacarra Road, which is currently served by Routes 402 and 424. The NTA has revised Route 7 to serve this section of Upper Salthill Road.
- Negative feedback was received regarding the proposed removal of a bus service on Kingston Road, between Threadneedle Road and Knocknacarra Road. Kingston Road is currently served by Route 402. Route 10A has been adjusted to serve Kingston Road, connecting it to Salthill.

- Requests were received to extend Route 10 further into Oranmore so as to serve new residential development in Oranhill as well as the Lidl supermarket on Main Street. The NTA has extended bus services to the Lidl supermarket.
- There were many requests for a bus service on Circular Road. The NTA considers that Circular Road is currently too narrow, presenting a risk that service interruptions would arise affecting passengers on Circular Road and the sections of the route before and after. The NTA will work with Galway City Council to explore the possibility of a bus stop and turnaround for peak-only Route 4 buses at the new secondary school just west of the Upper Newcastle Road/Thomas Hynes Road junction. This could bring half hourly peak service within walking distance of the north end of Circular Road.

The NTA plans to commence implementation of the New Galway Bus Network between 2025 and 2026. It will be supported by a comprehensive public information campaign for bus users as the services are implemented.

Information on the following can now be found on our website:
<https://busconnects.ie/cities/galway/galway-bus-network-redesign/>

- New Bus Network Report
- New Bus Network Summary Document
- Local Area Maps
- Frequency Tables
- Interactive mapper tool

If you have any queries, please email galwaynetwork@busconnects.ie

Yours Sincerely,

BusConnects Galway Team

National Transport Authority



Freephone 1800 303 653

Web: [Galway | Busconnects](https://galway.busconnects.ie)



DEPOSIT/RETURN SCHEME

Ireland will soon be introducing a Deposit Return Scheme.

From February 2024, when you buy a drink in a plastic bottle, aluminium or steel can that feature the Re-turn Logo, you pay a deposit in addition to the price of the drink. When you return your empty, undamaged container to any participating retail outlet, you get your deposit back in full.

Full details and Frequently Asked Questions at <https://re-turn.ie/>.

BROWN BIN RECYCLING ROLL OUT

New legislation, coming into effect in January 2024, means all householders in Ireland will be entitled to a brown bin recycling collection service from their waste collector. See [mywaste.ie](https://www.mywaste.ie) for further details and FAQs.

The roll out of Brown Bins to all customers may take some time to complete, but customers should contact their service provider in the first instance.

CIVIC AMENITY SITES IN CO. GALWAY

Galway County Council currently operate Civic Amenity sites in Tuam, Clifden and Ballinasloe for householders within the functional area of Galway County Council.

A wide range of materials are accepted at these sites such as paint, waste electrical goods, household medicines, chemicals, engine oil, oil filters, timber, mattresses, furniture, plastics, carpets, lino, flat glass, and scrap metal. A full list of items accepted, costs and operating hours is available at <https://www.galway.ie/en/services/environment/wasteandlitter/civicamenitysites/>

Please contact me or enviornment@galwaycoco.ie if you have a waste management query.

Any household waste electrical items, batteries or energy saving light bulbs accepted, large or small! From Fridges to Phones, Laptops to Electric Lawnmowers, Toys to Power Tools, and everything in-between, WEEE recycle anything with a plug or battery! For further information contact WEEE Ireland <https://www.weeeireland.ie/contact/> or 012999320.

Electrical, battery and lighting waste can also be recycled throughout the year at civic amenity sites in Tuam, Clifden and Ballinasloe with full details at: <https://www.galway.ie/en/services/environment/wasteandlitter/civicamenitysites/>



Draft

Loughrea Local Area Plan

2024-2030

January 2024 Update

The Forward Planning Section has received 880 submissions on the Draft Loughrea Local Area Plan 2024-2030. The staff in Forward Planning are currently reviewing all submissions and preparing the Chief Executive Report which will be issued to the Elected Member of Loughrea Municipal District to be considered at a Special Meeting, date to be confirmed in due course.

YOUR VOICE MATTERS AND YOUR VOTE IS IMPORTANT

Galway County Council are updating the Electoral Register. It is your responsibility to ensure your details are correct.

checktheregister.ie

If you are already registered to vote you should check the Electoral Register to confirm and update your details by providing your PPSN, Eircode and Date of Birth.

If you are not registered to vote you can now register online. To update your details or to register go to checktheregister.ie.

For further information or hard copy forms please email electors@galwaycoco.ie phone 091-509310 or visit:

Galway County Council
Áras an Chontae,
Prospect Hill,
Galway
H91 H6KX

checktheregister.ie QR Code



The registration process has changed. What's different?

- Registering to vote for the first time is now possible online at www.checktheregister.ie
Use of PPSNs facilitates identity checking meaning that now, most people won't have to visit a Garda station to have forms witnessed.
- 16- and 17-year-olds will be able to pre-register to vote
Introduction of a pending electors list enables those 16 and 17 to pre-register and be automatically registered when they turn 18.
- You must be living full time in the State to be eligible to vote
We will ask you your nationality in your application as this may affect which elections you can vote in.

An Irish citizen	You are eligible to vote in all elections and referendums
An EU citizen	You are eligible to vote in European and local elections
A British citizen	You are eligible to vote in Dáil and local elections
All other	You are eligible to vote in local elections

Want to register to vote?

Apply at www.checktheregister.ie Choose this if you:

- Have your PPSN and Eircode available
- Are aged 18 or over and living in Ireland
- Are aged 16 or 17 and want to pre-register

Some cases require a form

Select www.checktheregister.ie/en-IE/forms Choose this if you:

- Don't have a PPSN
- Want to update your citizenship
- Want to apply for a special or postal vote
- Want to make a third-party request for a change to the register

Already registered but need to update details?

Select www.checktheregister.ie/en-IE/search Choose this if you:

- Have your PPSN and Eircode
- Need to confirm your details
- Need to update your address



Galway County Council Upcoming Meetings:

The February Ordinary Meeting of Plenary Council will be held on **Monday, 19th February 2024 at 11a.m.**

LOCAL COMMUNITY NEWS

Ballyglunin
Community Development

FARMER'S MARKET
@ Ballyglunin Station

If you are a Local Producer
Please drop us an email at:
admin@ballyglunin.com
to express your interest!

SUPPORT LOCAL

Monthly Farmers Market at Ballyglunin Station.

Ballyglunin Station is exploring the launch of a **monthly Farmers Market**, and we want our local food producers to be a crucial part of it. If you're a local food producer interested in participating, please drop us an email at: admin@ballyglunin.com.

Please include a brief overview of your products. Join us in bringing our community together by presenting your best products. Let's promote sustainable shopping practices.

Thank you, and we look forward to your participation!

"Brigid's Windows on the World" exhibition open until Feb 7th.

Brigid's Windows on the World Exhibition Map

1st - 7th of February, 2024



- | | | | |
|------------------------------|--|-------------------------------|-------------------------------|
| ① Coole Design | Eileen Carroll
Carmel Daly | ⑧ Quinn's Pharmacy | Tommy Brennan
Will Fulford |
| ② BuzzBox | Belinda Deutinger | ⑨ Burkes | Tommy Brennan
Brian Twomey |
| ③ Gort Framing Studio | Eileen Carroll | ⑩ Star Barber | Will Fulford |
| ④ Charity Shop | Fiona Mae White | ⑪ Gilmartin's Pharmacy | Fiona McDonagh |
| ⑤ Treasures | Sinead O'Connell | ⑫ Open Sesame | Shona MacGillivray |
| ⑥ Beauty Salon | Catherina O'Sullivan | | |
| ⑦ Hidden Gem | Patrick Mc Loughlin
Nadine Reichelt | | |

Check out the wonderful "Brigid's Windows on the World" exhibition around the town from today until Feb 7th. There are many skillful artists living in and around Gort who are showcasing their art. It's part of the Brigid celebrations happening this weekend (Saturday, 5:30 at the Square) and hosted by the Gort Arts Group.

Beidh Tonnta - an fhéile is nuáí i nGaillimh a dhéanfaidh ceiliúradh ar an nGaeilge agus ar Ghailimh ina cathair dhátheangach - ar siúl ón 1 - 4 Feabhra

Tonnta - Galway's newest festival, celebrating the Irish language and Galway as a bilingual city will run from February 1st to 4th.



Bígí linn ag *Tonnta!* 
Beidh muid ag déanamh ceiliúradh ar an nGaeilge & ar Ghailimh mar chathair dhátheangach!

Join us at *Tonnta!*
We will be celebrating the Irish language & Galway as a bilingual city!

Beidh imeachtaí éagsúla SAOR IN AISCE:

- ROGU: Is cuideachta taibhiúchán tine, solais & gluaiseachta ealaíon & oideachais é ROGU atá lonnaithe in Éirinn.
- Céilí ar an bhFaiche Mhór
- Ceardlanna & Cainteanna
- Lá na bPáistí

FREE events include:

- ROGU: ROGU is a fire, light & movement arts performance & education company based in Ireland
- Céilí on Eyre Square
- Workshops & Talks
- Children's Day

READ MORE [HERE](#).



the wheel | Stronger Charities.
Stronger Communities.

SUMMIT 2024

29 May 2024

Croke Park, Dublin

Mark 29 May in your calendar and stay tuned for registration details!

Get ready for a transformative experience at The Wheel's National Summit for Charities, Community Organisations, and Social Enterprises! Join us on Wednesday, 29 May 2024, at Croke Park, as we celebrate 25 years of driving positive social change.

Open to All: Members and Non-Members

This is your invitation, whether you're a seasoned sector leader, a dedicated staff member, or a passionate volunteer. Join us, as we unite members and non-members alike, all fueled by a shared commitment to making a positive impact in our organisations and communities.

National Disability Strategy – Regional Town Hall in-person event

Organisations in Connacht/Galway:

As part of the new National Disability Strategy consultation process, a Town Hall event in Connacht is now arranged. If you are interested in informing what the new National Disability Strategy should include to improve the lives of disabled people in Ireland, **please register for free in-person event in Galway City.**

Galway Town Hall

Date: Monday 12th Feb 2024

Time: 11am to 3pm including lunch

Location: The Galmont Hotel & Spa Lough Atalia Road, Galway H91 CYN3

Please register here: <https://www.surveymonkey.com/r/YLDG69B>

*(*the event is currently full but you can request to join the waiting list if spaces free up)*

This Town Hall event is part of a wider consultation process that is explained further [HERE](#).

Open Calls: Bealtaine Hero Award & NANHD Award 2024





If there are any questions, they can be forwarded to arts@ageandopportunity.ie

BEALTAINE HERO 2024

The call for applications to the **Bealtaine Hero Award** is open to local, community based groups (or individuals) who wish to submit proposals for an event that offers an ambitious, creative and experimental invitation to their community this May, and that celebrates the spirit of the festival. All art forms and event types will be considered, however non-arts events will not be considered (please see guidelines for examples of arts and non-arts events).

Two awards of €500 will be made to the two successful applicants.

Deadline: 5pm, Friday February 19th 2024.

Application Process:

Those wishing to apply for the **Bealtaine Hero Award** should complete the online application form, from the link below.

Online Application Form: <https://www.tfaforms.com/5103208>

Application Guidelines: [Bealtaine Hero Award 2024 guidelines](#)

NATIONAL ARTS IN NURSING HOMES DAY AWARD 2024

Age & Opportunity's Bealtaine Festival, in partnership with Nursing Homes Ireland, wish to recognise three outstanding arts projects through the **National Arts in Nursing Homes Day Award 2024**.

We invite applications from care settings who wish to facilitate their residents' artistic and creative expression by organising interactive and engaging arts workshops, sessions and events led by professional artists. This will be presented as part of **National Arts in Nursing Homes Day** that will take place Friday 17th May during the Bealtaine Festival 2024.

One award of €1,000 and two awards of €500 will be made to the three successful applicants.

Deadline: 5pm, Friday February 26th 2024.

Application Process:

Those wishing to apply for the **National Arts in Care Homes Day Award** should complete the online application form below. Please refer to the guidelines for further information.

Application Form: <https://www.tfaforms.com/5103402>

Application Guidelines: [National Arts in Nursing Homes Day Award 2024 guidelines](#)

Please sign up to our e-zine to stay updated: <http://eepurl.com/cEJb6D>

Volunteer Galway Events

Volunteer Galway events - Read more below:

<https://volunteergalway.ie/volunteer-galway-events/>

Focus on: Social Inclusion

Online Q&A Info session of the call ‘Social Innovations for the Upskilling of Vulnerable Youth, Especially Young People not in Employment, Education, or Training (NEETs)’

Sign Up for Online Q&A Session for European Social Fund Plus Call for Proposals to Upskill and Support Vulnerable Youth

The [European Competence Centre for Social Innovation](#) has launched a [new call for transnational projects](#) dedicated to developing young people’s skills and helping them to integrate into the labour market. A total of EUR 9 million in ESF+ funding will be available to develop or scale up innovative methods and practices that have proven to be successful in other contexts, countries and regions. Projects should focus on helping vulnerable youth, and in particular young people not in employment, education or training (NEETs), to develop skills that can lead to their labour market integration. The deadline for proposals is 29 February 2024 at 17:00 CET.

[Watch the recording of the info session here](#) and [register for the online Q&A session on 13 February here](#).

We are pleased to invite you to the Online Q&A Info session of the call ‘Social Innovations for the Upskilling of Vulnerable Youth, Especially Young People not in Employment, Education, or Training (NEETs)’. The event will take place online on Tuesday, 13th February 2024.

To attend the meeting and receive the relevant information, registration is required. Registration is open until Sunday, 11th February. The confirmation and joining link will be circulated on Monday, 12th February.

ALONE’s Community Impact Network: Training for Organisations supporting Older People



ALONE’s Community Impact Network (CIN) provides the opportunity to be part of a collaborative national network that supports organisations working with older people across Ireland. In 2023, the Community Impact Network worked directly with over 200 organisations through the delivery of training, support and resources.

Full details about the CIN membership can be found [here](#)

We are delighted to release our Training Schedule for quarter 1 which include training on key areas such as Safeguarding, boundaries, Dementia, Cancer, Mental Health, and Grief & Bereavement.

Training Information

Find specific information about the training modules on our website [here](#)

We can run in-person training for your organisation, depending on numbers. Contact us at community@alone.ie to discuss.

Training Schedule

Please see the training schedule for January, February, and March [here](#)

How to register

Please register for any of these trainings by using the [form here](#)

Contact Details

Our team are on hand to answer any questions about training or membership, please email community@alone.ie

National Disability Strategy Consultation

Here is the link to the survey <https://www.surveymonkey.com/r/NDS24> or see options/links for different versions for different access needs below.

Alternative survey versions

Irish language version: <https://www.surveymonkey.com/r/R2PJ5KV>

Easy to Read version: <https://www.surveymonkey.com/r/LVWJ5YG>

Screen reader version: <https://www.surveymonkey.com/r/TLHNBSQ>

Irish Sign Language (ISL) version: <https://www.surveymonkey.com/r/NDSISL>

If you would like to participate in a telephone version of this survey, please call 01-608-0423, leave a message and we will call you back.

If you would like to receive a paper version of the survey, or an Easy to Read version with pictures, please e-mail nda-events@nda.ie with your address.

This survey is part of a wider consultation process that is explained further [here](#)

RESEARCH: EXPLORING MARGINALISED VOICES IN THE IRISH ARTS/CREATIVE SECTORS



EXPLORING MARGINALISED VOICES IN THE IRISH ARTS/CREATIVE SECTORS: LGBTQIA+

VISIT safetocreate.ie
FOR INFORMATION AND TO COMPLETE THE SURVEY

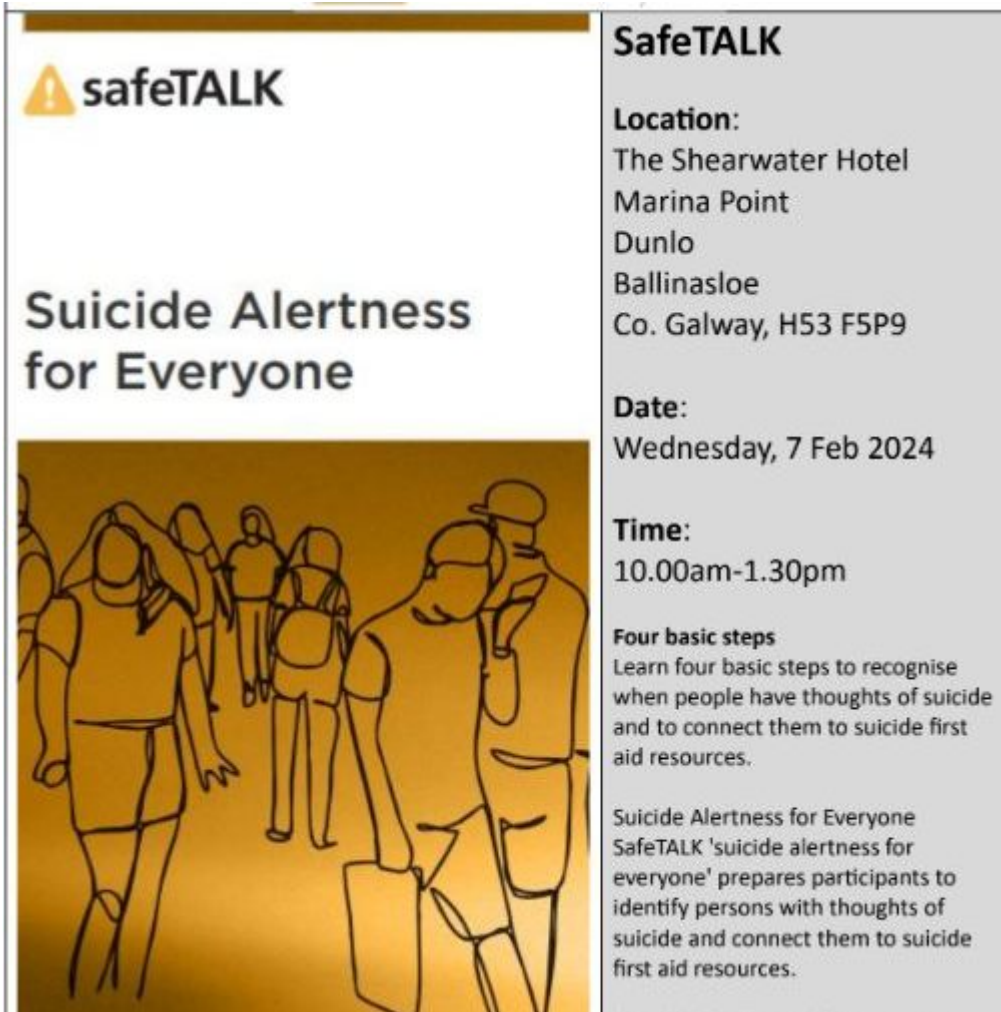
We are undertaking research to gather intersecting information on what it's like to work in the arts/creative sectors. If you are an artist or arts worker and a member of the LGBTQIA+ community, we invite you to participate in this research by completing our online survey.

Survey link:

<https://loom.ly/U7vJNeU>

To find out more about this research go to:

https://loom.ly/NSggB_I



The poster for the SafeTALK training programme features the 'safeTALK' logo at the top left, which consists of a yellow triangle with an exclamation mark and the text 'safeTALK'. Below the logo, the title 'Suicide Alertness for Everyone' is written in a large, bold, black font. The central part of the poster is a golden-brown illustration of a diverse group of people walking. To the right of the illustration, the text 'SafeTALK' is written in a bold, black font. Below this, the 'Location:' is listed as 'The Shearwater Hotel, Marina Point, Dunlo, Ballinasloe, Co. Galway, H53 F5P9'. The 'Date:' is 'Wednesday, 7 Feb 2024'. The 'Time:' is '10.00am-1.30pm'. Underneath, the 'Four basic steps' are described: 'Learn four basic steps to recognise when people have thoughts of suicide and to connect them to suicide first aid resources.' At the bottom, a paragraph explains that the programme prepares participants to identify persons with thoughts of suicide and connect them to first aid resources.

Bookings are now being taken for the safeTALK (Suicide Alertness for Everyone) training programme which will take place in The Shearwater Hotel, Marina Point, Dunlo, Ballinasloe

Co. Galway, on Wednesday, February 7 next from 10.00am to 1.30pm.

safeTALK is a 3½ hour 'suicide alertness' programme that prepares participants to identify and engage with persons who may be having thoughts of suicide.

Find out more via the link below and in our stories: <https://www.westbewell.ie/.../suicide-alertness-training.../>

Community Connects



Come to our new adult community group.

Crosswords, word searches, chat, and tea

**Tuesday 6th February
11.00am**



The next Community Connects gathering at Tuam Library is taking place next Tuesday, 6th February from 11am - 1pm. Come along for a cup of tea and a chat, enjoy word searches, and puzzles, and meet some new people.

The event is for adults over the age of 18.

Pop into Tuam Library to find out more.



Minding Autistic Minds

A vital conference on Autistic mental health

24th & 25th April 2024

Hybrid conference
Osprey Hotel, Naas, Co. Kildare
& online



Day 1
Autistic adults



Day 2
Autistic minors

two days of neuro-affirming talks & workshops

sign up at
ausometraining.com







FREE AUTISM AWARENESS TRAINING

OPEN TO ALL

Date: February 20th 2024
Time: 7pm - 9pm
Venue: Raheen Woods Hotel, Athenry

Topics covered during the training workshop include:

- Autism Definition and Diagnosis Information
- Common Misconceptions
- A Strengths Based Approach to Autism
- Building Empathy for the Autism Experience
- Communication, Sensory Processing
- Social Imagination and Social Interaction
- Building an Inclusive Culture

To register interest contact: Elaine Quinn on 087 7404655 or equinn@grd.ie






This project is co-funded by the Government of Ireland and the European Union.

GRD, through SICAP, are delighted to partner with **As I Am, Ireland's National Autism charity and ANOA** who work to support autistic community and families by providing FREE Autism Awareness Training in Athenry on 20th February, 7-9pm in The Raheen Woods Hotel, Athenry.


For more information please contact Elaine, SICAP Education Officer at 087 7404655 or equinn@grd.ie - Open to all

SICAP is the Social Inclusion Community Activation Programme co-funded by the Government of Ireland and the European Union

RURAL SOCIAL SCHEME – Supporting farmers and preserving rural communities

GRD manage the Rural Social Scheme (RSS) for East Galway under Senior Manager Sean Broderick. The RSS provides a supplementary income for low-income farmers who are unable to earn an adequate living. The Department of Social Protection monitors the implementation of the RSS and supports the various bodies that manage the RSS locally.

The DRCD regularly visit projects



Sports and biodiversity supports



Rural Social Scheme

We have a number of vacancies on our Rural Social Scheme and are now open to applications. The RSS is a farmer-friendly scheme where farmers work 19.5 hours per week in their locality and earn additional income to farming income. For more, email tusadmin@grd.ie.



bizmentors[®]
Social Enterprise
Community

OPENING EVENT

Launching a series of events supporting Social Enterprises in the Galway region.

Wednesday, February 21st, 2024
10:00-15:00



Harbour Hotel, The Docks, Galway
Lunch will be provided



For registration please scan the QR code
or follow the link
<https://forms.office.com/e/a8hf2ZEEYH>



Enterprise
Centre
Ballybane



Comhairle Cathrach na Gaillimhe
Galway City Council



Galway City Partnership
Comhpháirtíocht Cathrach na Gaillimhe



Job Opportunity at Irish Deaf Society

Position: Administrator of Media Service

Hours: Full time, 35 hours/week

Term: Permanent contract

Salary: Negotiable (€29,000 - €32,000)

Location: IDS offices, Dublin 7

Deadline: February 5, 2024

Interview: February 9, 2024

Role Overview:

Join IDS as an Administrator for our media service! Manage ISL translation videos for clients, coordinate production teams, and contribute to educational ISL resources. No prior translation/media experience required – we provide training.

Key Responsibilities:

- Manage filming projects and budgets

- Coordinate freelance teams
- Schedule and support external/internal projects
- Provide administrative support
- Develop marketing strategies
- Collaborate on educational ISL resources

Personal Specification:

- Fluent in Irish Sign Language
- Strong written communication skills
- Project management experience
- Excellent organizational skills
- Ability to work under pressure
- Proficient in Microsoft Office
- Desire to learn new systems

How to Apply:

Send a cover letter and CV to jobs@irishdeafsociety.ie by February 5, 2024. Subject: "Administrator of Media Service." Interviews on February 9, 2024. If unavailable, mention it in your email.

Learn more about IDS:

www.deaf.ie

www.facebook.com/IrishDeafSociety

www.twitter.com/IrishDeafSoc

Join our team and make a positive impact in the Deaf community!

An Cúinne Gaeilge



STRAITÉIS 20 BLIAIN DON
GHAELIGE 2010-2030
Ár dTeanga, Ár bPobal



An Roinn Turasóireachta, Cultúir,
Ealaíon, Gaeltachta, Spóirt agus Meán
Department of Tourism, Culture,
Arts, Gaeltacht, Sport and Media



Tá Forbairt Tuaithe na Gaillimhe,
i gcompháirtíocht le Oideachas
Pobail, Bord Oideachas & Oilúna
na Gaillimhe & Ros Comáin ag
seachadadh:

SAOR IN AISCE
6 SEACHTAINÍ DIY

Galway Rural Development in
partnership with Community
Education, GRETB will deliver:

FREE
6 WEEKS DIY Classes



IONAD: Ionad Pobal An Chaisil, An
Caiseál

DÁTA: Luain 5ú Feabhra 2024
AM: 7.00in-9.00in

Le clárú glaoigh ar:
Nórah Ní Cheannabháin
ag 087 9740572 nó 091 574858

VENUE: Cashes Community Centre,
Cashel

DATE: Monday 5th February 2024
TIME: 7.00pm-9.00pm

To register contact:
Nórah Ní Cheannabháin
at 087 9740572 or 091 574858



Tá an tionscadal seo comhoibríthe ag Bialtas na hÉireann agus an tAontas Eorpach.

Ciorcal Comhrá
An chéad Chéadaoin den mhí
(First Wednesday of every month)
Bia Bearna H91 X6CD
17.00-18.00

Gaeilge  Bia Bearna

Oíche Cheoil do Vince

Oíche chabhrach / fundraiser do Vince Barker.
Íoc an méid is féidir / Donate what you can on the night.

Clár na hOíche

MC Neansaí Ní Choisdealbha

The Hernons

Tola Custy and Laoise Kelly

Cogar Ceilí Band

Steve Sweeney agus a chairde

**Róisín agus Colm Seoighe
agus na hEasógáí**

**Ceoltóirí óga Chois Fharráige
agus Becky Ní Éallaithe**

**16 Feabhra, Tigh Chualáin, 7.30pm to 10pm.
Sesiún ina dhiadh. Fáilte roimh chách.**

tonnta



Gaillimh 1–4.02.2024
tonnta.eu

NÍL ACH SEACHTAIN AMHÁIN FÁGTHA!



Deiseanna Lóistín i nGaeltacht Chonamara & Árainn

An bhfuil seomra spártha agat i do theach agus suim agat é a ligeann ar cíós?
Nó spás páirceála do veain campála?

Céard is féidir leat a thuilleamh agus céard iad na tacaíochtaí atá ar fáil?

*Téigh chuig ár Seisiún Eolais agus cabhraigh linn lóistín a mhéadú
do tionscal na turasóireachta i nGaeltacht Chonamara & Árainn*



8ú Feabhra 2024



11:00 r.n. - 12:30 i.n.



gteic Charna & Ar Líne (Zúm)

Tuilleadh eolais: fcteo@conamaralair.ie nó costagaelach@gmail.com



News from the Departments

Department of Rural and Community Development

<https://www.gov.ie/en/organisation/department-of-rural-and-community-development/>



An Roinn Forbartha
Tuaithe agus Pobail
Department of Rural and
Community Development

A Guide for Inclusive Community Engagement in Local Planning and Decision Making

An updated edition of a resource guide aimed at ensuring that marginalised and disadvantaged communities have opportunities to participate in local planning and decision-making has been launched.

Read more [HERE](#).

Minister Joe O'Brien to introduce Charities (Amendment) Bill to Dáil Éireann

From Department of Rural and Community Development

Published on 25 January 2024

Last updated on 25 January 2024

Greater transparency for the public in relation to finances and operations of registered charities

Enhanced legal framework to enable the Charities Regulator to carry out its functions

Measures proportionate to the size and operation of charities

“Advancement of human rights” a new charitable purpose

Read more [HERE](#).

Minister Humphreys announces investment of over €4.5 Million to tackle Dereliction and Vacancy in Rural Towns and Villages

From [Department of Rural and Community Development](#)

Published on 15 January 2024

Last updated on 1 February 2024

Scheme to breathe new lease of life into our Rural towns and villages

24 Projects in Total: Including former Garda Stations, Schools, Post Offices, Parish Halls and Vacant Sites to be redeveloped for 21st Century Use

Minister Humphreys: ‘This is about repurposing Old Buildings to benefit rural communities the length and breadth of the country.

Read more [HERE](#).

CLÁR: Over 150 schools, community and sports projects supported under €6.2 million fund

From [Department of Rural and Community Development](#)

Published on 12 January 2024

Last updated on 15 January 2024

Funding worth €6.2 million has been allocated to support more than 150 projects nationwide under the 2023 CLÁR (Ceantair Laga Árd-Riachtanais) programme.

The funding will facilitate the delivery of a wide range of projects including astroturf pitches, playgrounds, sensory gardens, walking tracks, nature trails, outdoor performance spaces and community cafés.

A specific tranche of funding has also been provided for projects on our offshore islands.

Read more [HERE](#).

[Department of Children, Equality, Disability, Integration and Youth](#)

<https://www.gov.ie/en/organisation/department-of-children-equality-disability-integration-and-youth/>



An Roinn Leanaí, Comhionannais,
Míchumais, Lánpháirtíochta agus Óige
Department of Children, Equality,
Disability, Integration and Youth

Expressions of Interest for Members of Young Ireland Advisory Council

Press Release - 24 January 2024

The Minister for Children, Equality, Disability, Integration and Youth, Roderic O’Gorman, is inviting expressions of interest to form a new Young Ireland Advisory Council. The new Advisory Council will provide independent advice on policy related to children and young people.

The Advisory Council will bring together key stakeholders and sectoral experts, and young people on issues affecting children and young people up to the end of 2028, in line with the lifetime of [Young Ireland: the National Policy Framework for Children and Young People 2023-2028](#).

Please see gov.ie/youngireland for details on how to register your interest in becoming a member of this Council.

Expressions of interest will be accepted until close of business on 14th February 2024

[Department of The Environment, Climate and Community](#)

<https://www.gov.ie/en/organisation/department-of-the-environment-climate-and-communications/>



An Roinn Comhshaoil,
Aeráide agus Cumarsáide
Department of the Environment,
Climate and Communications

Minister Ryan launches €27 million fund for Community Climate Action while visiting Cavan

Published on Wednesday 10th January 2024

Applications open across the country for one of the largest funds ever allocated to support local projects with climate action.

Read more [HERE](#).

(*note: GALWAY COUNTY APPLICATIONS for the Community Climate Action Fund.

Closing date for applications is February 29th, 2024. Further information is available on

<https://www.galway.ie/en/services/environment/climate/> or from Denise Feeney, Community Climate Action Officer, Galway County Council climateactionfund@galwaycoco.ie / 091 509302.)

Consultations

LOCAL CONSULTATIONS

National Disability Strategy Consultation

As part of the new National Disability Strategy consultation process, the **National Survey** is now live and will remain open until **11th February 2024**.

Here is the link to the survey <https://www.surveymonkey.com/r/NDS24> or see options/links for different versions for different access needs below.

Alternative survey versions

Link for Irish language version here: <https://www.surveymonkey.com/r/R2PJ5KV>

Link for an Easy Read version here: <https://www.surveymonkey.com/r/LVWJ5YG>.

Link for version for screen readers here: <https://www.surveymonkey.com/r/TLHNBSQ>

An Irish Sign Language (ISL) version will be available soon [here](#)

If you would like to participate in a telephone version of this survey, please call 01-608-0423, leave a message and we will call you back.

If you would like to receive a paper version of the survey, or an Easy-to-Read paper version, please e-mail nda-events@nda.ie with your address.

This survey is part of a wider consultation process that is explained further [here](#)

Residential Zoned Land Tax Annual Draft Map - 2024

The points(s) regarding inclusion and exclusion of lands will remain open for submissions until **April 1st 2024**.

All submissions to these questions will be published within 10 working days of their receipt.

The point in relation to Landowners seeking land-use zoning will remain open for submissions until **May 31st 2024**

Read more [HERE](#).

NATIONAL CONSULTATIONS

Trinity College researchers seek your views on the Planning and Design of Nursing Homes

As part of a research project, Trinity College researchers are seeking your views on the **Planning and Design of Nursing Homes**, to lead into the development of Guidelines at national level.

Members of the public with experience of long-term residential care settings in Ireland, either as a resident, visitor, or family member, as well as those working in this area are invited to participate in the research by completing the online survey below.

The questionnaire will take approximately 10-15 minutes to complete, and all data collected will be anonymous – it will be open until the end of February.

Read more below:

<https://www.tcd.ie/trinityhaus/news/news-2023/what-are-your-views-on-the-planning-and-design-of-nursing-homes-in-ireland/>

Public Consultation on the Future of the European Union's Cohesion Policy

Dear Stakeholder

The Minister for Public Expenditure, NDP Delivery and Reform, Paschal Donohoe, today 22nd of January launched Ireland's public consultation on the future of the European Union's Cohesion Policy.

This forms part of a wider process which is being facilitated by the Department of Public Expenditure, NDP Delivery and Reform in advance of negotiations on the post 2027 Cohesion Policy Legislative Package expected to be presented in mid-2025. This public consultation will be followed by a National Forum meeting later in the year. The combined results will contribute directly to Ireland's position on this key EU policy post 2027.

Cohesion Policy constitutes the main investment policy of the EU, and is due to account for around a third of its budget, or EUR 392 billion over the period of 2021-2027. Cohesion Policy is designed to contribute to strengthening economic, social and territorial cohesion in the European Union. It aims to correct imbalances between countries and regions. It delivers on the Union's political priorities, especially the green and digital transition.

We invite you to participate in this important consultation, details of which can be found [here](#) and we would also ask that you share details of the consultation through your own channels.

The closing date for submissions is 17.00 on Sunday 18th of February 2024.

Should you have any queries in relation to the consultation please contact: cohesionpolicydialogue@per.gov.ie

We look forward to receiving your submission.

Funding

Community Climate Action Fund



What is the Community Climate Action Fund?

- 100% project funding (vouched expenditure, 25% upfront funding)
- Funding for Direct Climate Action projects – Capital projects
- Application is an Online application accessed through GCC's website
- Projects must be completed within 18 months from letter of offer
- Projects are in line with Galway County Council's Climate Action Plan
- **Opening date** December 6th 2023
- **Closing date** February 29th 2024





Community Climate Action Fund **closing date for applications is February 29th**, 2024. Further information is available on www.galway.ie/en/services/environment/climatechange or from Denise Feeney, Community Climate Action Officer, Galway County Council climateactionfund@galwaycoco.ie / 091 509302.

Artist Support Scheme

Artist Support Scheme 2024

Galway County Arts Office invites applications from individual artists to develop their arts practice and artistic career.
Deadline
Wednesday 28 February at 4:00 p.m

 Comhairle Chionn na Gallíne
Galway County Council





Galway County Council's Arts Office invites applications from individual artists to develop their arts practice and artistic career. Deadline **Wednesday 28 February 2024 at 4:00 p.m.**

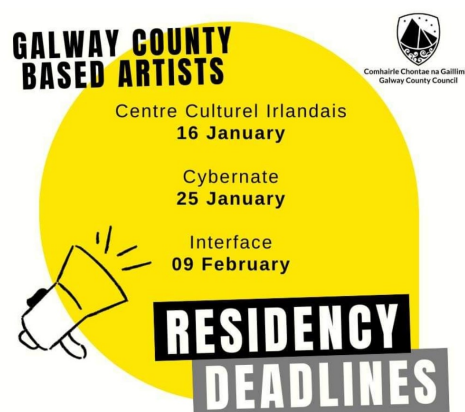
Artist Support Scheme guidelines and application form: <https://galwaycoco.submit.com/show/30>

If you have questions about making an application, email artsoffice@galwaycoco.ie.

Tá iarratais á lorg ag Oifig Ealaíon Chontae na Gaillimhe ó ealaíontóirí aonarach a chun a gcleachtas ealaíona agus a ngairm ealaíne a fhorbairt. Spríodhata **Dé Céadaoin 28ú Feabhra 2024 ag 4:00 i.n.**

Treoirínite agus foirm iarratais na Scéim Tacaíochta d'Ealaíontóirí: <https://galwaycoco.submit.com/show/34>

Má tá ceisteanna agat faoi iarratas a dhéanamh, seol ríomhphost chuig artsoffice@galwaycoco.ie.



3 Galway County Council arts and culture funding opportunities are now open for applications:

Community Support Scheme: Cultural Development - 20 Feb

Community groups and arts organisations can apply for up to €3,000 to support projects in Galway County. Click here for info:

<https://galwaycoco.submit.com/show/19>

Artist Support Scheme - 28 Feb

Artists living in Galway County can apply for up to €3,000 for support with their professional artistic practice. Click here for info:

<https://galwaycoco.submit.com/show/30>

Creative Ireland Bursary - 28 Feb

Community groups, arts organisations and artists can apply for up to €10,000 to support Creative Ireland projects and initiatives in Galway County.

Click here for info: <https://galwaycoco.submit.com/show/25>

Questions about the Community Support Scheme and Artist Support Scheme can be emailed to artsoffice@galwaycoco.ie.

Questions about the Creative Ireland Bursary can be emailed to creativeireland@galwaycoco.ie.

Active National Grant Scheme 2024



The Age & Opportunity Active National Grant Scheme is now open for applications!

The grant scheme offers financial supports – provided by [Sport Ireland](#) – to local clubs, groups and organisations, nationwide who promote increased participation in recreational sport or physical activity for older people.

Check out our website for information on how you can apply for the grant - <https://ageandopportunity.ie/.../age-and-opportunity.../>

Make sure you get your application in before the closing date at 12 midday on Friday 1st March. All applicants will be contacted at the end of April.

Please check terms and conditions before you fill in the form for the application criteria and information on who is eligible to apply.

Galway County Creative Ireland Bursary



The Galway County Creative Ireland Bursary is now open.

Applications are online through Submit with a closing date of Feb 28th at 4pm. Please see galwaycoco.submit.com for details.

For queries please contact creativeireland@galwaycoco.ie

Creative Youth on a Shared Island (2024)

The Shared Island-dimension of the Creative Ireland Programme wants to explore creative opportunities for young people to connect.

A full briefing document and FAQ is available below:

[Briefing Document in English](#)

[FAQ](#)

Applications must be completed online and submitted via Submit.com by **25th March 2024**. A link to the application form is below.

Apply [HERE](#).

Is féidir iarratas a dhéanamh anois ar an gCiste maidir le hÓige Ildánach ar Oileán Comhroinnte

Faoi ghné an Oileáin Chomhroinnte den Chlár Éire Ildánach, táthar ag iarraidh deiseanna cruthaitheachta a fhiosrú chun daoine óga a thabhairt le chéile.

Tá treoir eolais iomlán agus Ceisteanna Coitianta le fáil anseo:

[Treoir eolais iomlán as Gaeilge](#)

[Ceisteanna Coitianta as Béarla](#)

2024 ESB Wind Farm Community Funds

Open for applications until March 8th 2024.

For a full list of Wind Farm Community Funds included in this call, please click [here](#).

The fund is available to community and voluntary groups, non-profit groups or organisations with a charitable status. The Wind Farm Community Funds will prioritise projects and initiatives that support and benefit the areas surrounding ESB wholly owned and co-owned wind farms, in the following categories:

- Education and skills.
- Health, safety and wellbeing.
- Environment and habitat conservation.
- Energy efficiency and sustainability.
- Culture and heritage.
- Recreation, sport and social inclusion.
- Tourism (Raheenleagh & Castlepook only)

Getting started on your project ideas early will greatly assist with your application, as a well-developed project is key to a successful outcome.

It is essential to note that applications from groups that do not submit required documentation with the application form e.g. planning permission, planning exemption, confirmation that you have liaised with your local authority or owner permission, may not proceed to evaluation.

Applications may be made online at www.communitybenefitfunds.ie, please ensure you take some time to read the [Fund Guidelines](#), prior to submitting your application and visit the [help section of our website](#) for additional helpful documents. If you are registered a previous call, you can use the same user name and password to apply to the 2024 fund. If you have lost or forgotten your password, please go to the "[Forgot Password](#)" tab, or contact SECAD.

If you do not have a current constitution for your group please click [here](#) to download a template constitution, to edit and adapt to suit your group.

National schools can use [this template](#).

If you register as a new user and do not receive the confirmation message within a few minutes of signing up, please check your spam or junk mail folders, just in case the confirmation email was delivered there instead of your inbox. If so, select the confirmation message and click Not Spam, which will allow future messages to get through.

If you have any questions at all, please do not hesitate to contact SECAD, Elaine Barrett ebarrett@secad.ie or Eilish Walsh ewalsh@secad.ie.

HSE National Lottery Grant Scheme

Community groups and voluntary organisations can apply. Your Group/Organisation must provide health or social care services to the community. For example, you might help people with a disability, older people, carers or disadvantaged groups.

Public bodies, including the HSE, cannot apply for this funding.

Important dates

Wednesday 17 January 2024 - applications for 2024 funding opens.

Friday 16 February 2024, midday - the deadline for applications.

Friday 31 May 2024 - we will contact all applicants to let them know the outcome of their applications.

Read more [HERE](#).

Check the application process for your county

How you need to submit your application and where to send it differs by CHO. In some cases it is different depending on the office in a CHO you must send it to.

Select the county where the project or services will take place from our list of [contacts for National Lottery Grants applications](#).

EU Just Transition Fund (EU JTF): Community and Enterprise Grants Scheme - Pobal

EU Just Transition Fund: Community and Enterprise Grants Scheme

Closing date for applications: 22 February 2024



Rialtas na hÉireann
Government of Ireland



Arna aontúchúil ag
an Aontas Eorpach
Co-funded by the
European Union



Midland Region na hÉireann
Midland Regional Assembly



pobal
an rialtas ag tacú le pobal

The EU JTF Community and Enterprise Grants Scheme has now been launched and is open for applications.

This scheme will provide up to €300,000 to community, voluntary and not-for-profit organisations, and micro and small to medium sized enterprises operating in the wider Midlands area.

The deadline for applications is **5pm, 22 February 2024**.

For more information on the EU JTF: Pobal - Community and Enterprise Grants Scheme – click here to go to website:

[EU Just Transition Fund \(EU JTF\): Community and Enterprise Grants Scheme - Pobal](#)

If you need further information – contact:

Pobal Online Support

Applicants who have additional queries that are not covered in the Application Guidelines or in the Frequently Asked Questions section of the website should contact Pobal for further clarification using the contact details noted below:

Email: onlinesupport@pobal.ie

Telephone: **01 511 7222**

The Community Monuments Fund

From [Department of Housing, Local Government and Heritage](#). Last updated on 16 November 2023.

The Community Monuments Fund was first established in 2020 to provide investment in Ireland's archaeological heritage.

Funding is prioritised for local authorities, private owners and custodians and community groups for the care, conservation, maintenance, protection and promotion of archaeological monuments.

Total funding available nationally for projects under Community Monuments Fund 2024 will be €7,000,000 .

The Community Monuments Fund invests in archaeological heritage and helps owners and custodians of archaeological monuments to safeguard them into the future for the benefit of communities and the public.

Deadline: close of business 14 February 2024.

Read more [HERE](#).

National Childcare Scheme

The National Childcare Scheme is our pathway to truly accessible, affordable, quality childcare. From October 2019 it will replace all previous targeted childcare programmes with a single, streamlined and user-friendly Scheme to help parents meet the cost of quality childcare.

Supports are available for families with children aged between **24 weeks and 15 years** who are attending any participating Tusla registered childcare service, including any Tusla registered childminder.

Information and Applications for the NCS found here: <https://www.ncs.gov.ie/en/>

Housing Adaptation Grant

The Housing Adaptation Grant for People with a Disability is a grant for people with a physical, sensory, mental health or intellectual disability.

It provides funding so you can improve how you enter and move around your home.

Read More [HERE](#).

Galway County Council Grants

Housing Aid for Older People

Read more [HERE](#).

Housing Adaptation Grant

Read more [HERE](#).

Training



Advocacy Training for The Community and Voluntary Sector

ICCL is proud to present our new advocacy initiative, Rochtain. With supporting funding from the St. Stephen's Green Trust, we will offer training, seminars and support through Rochtain to enhance the advocacy capacity of community and voluntary organisations.

Further details of the initiative can be seen below. We are planning to offer our first online training session shortly. This will be a seminar on the legislative process in the Oireachtas and will focus on the critical junctures to intervene effectively on policy matters.

You can register your interest in attending by clicking [here](#) to fill our (very short) needs assessment survey and details of the first training session will follow shortly.

Micro-Qualifications for Staff Now Available from Your Local ETB



Do you struggle to access training and development for your staff? Your local Education and Training Board now offers a range of [short, stackable micro-qualifications](#) tailored to fit busy schedules and today's most pressing skills needs. These innovative new programmes are offered through the *Skills To Advance* initiative which provides courses at little of no cost to employers and employees.

Some of the recently launched courses include:

- Environmental Sustainability in the Workplace
- Resource Efficiency for Sustainability
- The Circular Economy in the Workplace
- Building Digital Business Skills.

Contact the Skills to Advance representative in [your local ETB](#) to find out more.

Skills to Advance
ETB Contact details
West Region

Galway and Roscommon ETB

Marie Devane
086 788 1509
marie.devane@gretb.ie
www.gretb.ie


Mayo, Sligo and Leitrim ETB

skillstoadvance@msletb.ie

Sarah Rooney (Mayo)
085 829 6520
sarahrooney@msletb.ie

Aidan Tighe (Sligo and Leitrim)
086 036 2142
aidantighe@msletb.ie

Orla Sweeney (Sligo and Leitrim)
085 829 4778
orlasweeney@msletb.ie
www.msletb.ie





Barista Basics course

Tuam, 12th March 2024



A one-day course to learn:

- Coffee and Espresso making techniques
- Using, maintaining and cleaning of coffee machines and equipment
- Grinder adjustment
- Milk steaming
- Basic latte art

For more information and to register your interest please contact:

Martin Macdonald on 091 844335 / 087-0573643

or your local Galway Rural Development Officer/office (www.grd.ie)

Hosted by:

Galway Rural Development Company CLG.

Mellows Campus, Athenry, Co. Galway



Minister for Enterprise, Trade and Employment



Department of Enterprise, Trade and Employment



This project is co-funded by the Government of Ireland and the European Union.



Tá Forbairt Tuaithe na Gaillimhe, i gcomhpháirtíocht le Oideachas Pobail, Bord Oideachas & Oiliúna na Gaillimhe & Ros Comáin ag seachadadh:

SAOR IN AISCE
6 SEACHTAINÍ
RANGANNA DIY

Galway Rural Development in partnership with Community Education, GRETB will deliver:

FREE
6 WEEKS
DIY Classes



IONAD: Coláiste Cuimhneacháin An Phiarsaigh, Ros Muc

DÁTA: 6ú Feabhra 2024

AM: 7.00in-9.00in

Le clárú glaoigh ar:

Nórah Ní Cheannabháin ag

087 9740572 nó 091 574858

VENUE: Coláiste Cuimhneacháin An Phiarsaigh, Ros Muc

DATE: 6th February 2024

TIME: 7.00pm-9.00pm

To register contact:

Nórah Ní Cheannabháin at

087 9740572 or 091 574858



The Wheel - Training for PPN Members / The Wheel Members

Galway County PPN are signed up to The Wheel. PPN Members can access some free trainings provided by *The Wheel*.

Community Groups can sign up with *The Wheel* to access their free training/services.

Information on Trainings available at <https://www.wheel.ie/training>

PPN Supports Provided by *The Wheel*

Link to previous PPN Supports & Training available on Department website [HERE](#)

PPN Stakeholder Training

The online only self-paced training videos programme for PPN stakeholders has been developed with SJI. Registrations for the online only training is now open. Social Justice Ireland is providing this training on behalf of the Department.

The online only training covers the following:

- An Introduction to the PPNs (2 Modules)
- Local Government Budgets
- PPNs and Local Government
- Effective Participation in Consultations
- Effective Facilitation
- Strategic Planning
- Measuring Outcomes and Impacts

This is online only and is intended for self-directed learning at the learner's own pace. Social Justice Ireland will provide some support via the webform on each Module page. There are no scheduled classes as part of this training.

This training is available to the following PPN Stakeholders:

- PPN Workers
- PPN Secretariat Members
- PPN Representatives
- PPN Member Groups
- Local Authority Staff
- Elected Councillors

FREE Digital Literacy Courses with NCBI

Dereck Carolan, technology Trainer for NCBI, can help and support communities, specifically people with low sight or no sight and their families.

Website: <https://www.ncbi.ie/supporting-you/technology/ncbi-labs/>

Services Offered

- Group training courses, projects, and talks that will enable the low-vision and no-vision community to access their local area.
- Technology assessments and demonstrations.
- Technology clubs and webinars.

To discuss further how we can work together moving forward. Please feel free to contact: **dereck.carolan@ncbi.ie** or **086 608 6771**.

Information on Springboard Courses

www.springboardcourses.ie providing **11,000 free or heavily subsidised college courses for unemployed, self-employed or returners to work.**

Courses are free for the unemployed, previously self-employed and returners to the workforce.

For others, 90 per cent of the course fee is funded by the Government, with participants required to contribute just 10 per cent of the fee. **Helpline – 1800 303 523**

The Springboard+ system will open for course applications on Wednesday 7th June.

Experienced guidance counsellors will be available to advise potential Springboard+ and HCI Pillar 1 participants on their options on the freephone Springboard+ helpline.

Candidates who wish to participate in Springboard+ 2023 or HCI Pillar 1 courses will find full details on the approved courses on www.springboardcourses.ie. Applications are now open.

Notice Board / Events

ConTempo Countywide, Oughterard, February 2024



**ConTempo Countywide, Oughterard,
February 2024**

Oughterard Courthouse, Main Street
Oughterard - 05 February 2024 at 7pm



**Lunchtime with ConTempo, February
2024**

Saint Nicholas' Collegiate Church, Lombard
Street, H91 PY20, Galway - 06 February
2024 at 1:10pm

Entry to the concert is free, all are welcome. Donations are welcome, but not required. No booking is required, walk ups welcome.

Lunchtimes with ConTempo take place on the first Tuesday of the month. Galway Music Residency is proudly supported by the Arts Council of Ireland, University of Galway (Education Partner) and Galway City and County Councils. For further information, visit www.galwaymusicresidency.ie

AthVentureCon - Athenry

ATHVENTURECON

2024

Cut along this line to create a square souvenir poster!

ACTIVITIES PANELS ARTISTS TTRPGs VENDORS GAMES COSPLAY TALKS

- NEW VENUE -



24th + 25th
February
2024

TABLETOP ROLEPLAYING
GAMING CONVENTION

Event for TTRPG
enthusiasts and beginners.

Adults & youths welcome.

Ages 12+ Saturday & Ages 8+ Sunday

- TICKETS ON SALE NOW -



www.athventurecon.ie



ALL FUNDS RAISED GO TO ATHENRY ADVENTURERS RPG CLUB - A YOUTH CLUB AFFILIATED WITH YOUTH WORK IRELAND GALWAY



Youth Work Ireland
Galway

Athenry Adventurers RPG Club is back with its annual event, AthVentureCon. A two-day tabletop roleplaying game convention in Loughrea Hotel on Saturday 24th & Sunday 25th of February. This event is being run by Athenry Adventurers RPG Club leaders and members.

Ever wanted to play Dungeons & Dragons? Interested in fantasy or sci-fi novels and games? How about video games? Come to AthVentureCon, two fun-filled days of TTRPGs run by guest gamemasters from across the country, including some of our talented youth club members. Experienced and complete beginners are welcome to play. There will be a great range of games available both

days. Saturday is for teens and adults. Sunday is a family friendly day, with lots of fun games and activities for children as young as 8 years old. Youth Club members will be on hand to teach how to play board & card games. On both days you can meet artists, crafters & writers. Buy yourself a treat! Attend panels, demos and workshops, including how to set up your own TTRPG youth club and a talk for Parents about how to get younger kids started on TTRPGs. Learn all about cosplay and how to create something really cool from scratch. And so much more!

An awesome outing for youth clubs, TTRPG fans, and families with older children and teens. All proceeds go to Athenry Adventurers RPG Club, a youth club affiliated with Youth Work Ireland Galway. More Information and tickets available here:

www.athventurecon.ie

Women In Sport / Female participation event.

Monday Bank Holiday, February 5th

10:30am

Craughwell

You can find us on

[Galway Mini Marathon | Facebook](#)

and

[Instagram @galwaymini.](#)



**GALWAY
WOMEN'S
MINI
MARATHON
2024**

FINISHER'S MEDAL & BEANIE HAT

MONDAY 5TH FEB
10KM
START 10.30

ENTRY: €25

ALL PROCEEDS GOING TO THE FACILITIES/DEVELOPMENT AT CRAUGHWELL ATHLETIC PARK

Prize money for top 3 ladies and 1st Junior (U20)
Instagram :@galwaymini

hi healthy Ireland
Galway Athletics
Pop Up RACES
APPROVED LICENSED EVENT
Athletics Ireland



VOLUNTEER ENGLISH TUTORS NEEDED

**VOLUNTEER TO SUPPORT MIGRANTS AND REFUGEES
THROUGH CONVERSATIONAL ENGLISH CLASSES**

MEET NEW PEOPLE IN YOUR COMMUNITY

**TEACHING OR TEFL/ESOL EXPERIENCE
HELPFUL BUT NOT ESSENTIAL**

INFORMAL SESSIONS FOCUSED ON CONVERSATION

TRAINING AND RESOURCES PROVIDED

CONTACT:

Jamie at jburke@thirdageireland.ie




Ballyglunin
Community Development

**FARMER'S
MARKET**
@ Ballyglunin Station

If you are a Local Producer
Please drop us an email at:
admin@ballyglunin.com
to express your interest!

**SUPPORT
LOCAL**



BALLYBANE LIBRARY
FEBRUARY 2024

Closed Saturday 3rd of February

OPENING HOURS:
Tuesday-Saturday*
11am-1pm, 2pm-5pm
*Closed on Bank Holiday Saturdays
Tel: 091 509 244
Email: ballybane@galwaylibrary.ie

PARENT AND TODDLER HOUR
With Music Generation
Every Friday 10:00-11:00am
ALL WELCOME

HOME ENERGY SAVING KIT
Now available to borrow.
Ask us for details

**TOVERTAFEL/MAGIC TABLE AVAILABLE
FOR USE BY CHILDREN AND ADULTS
WITH ADDITIONAL NEEDS.
ASK US FOR MORE INFO**

CRAFT GROUP
EVERY WEDNESDAY
11AM
Come along, bring a project, have a cuppa and a chat.
ALL WELCOME

EVERY SATURDAY 12PM
STORYTIME AND FEED-THE-FISH FOR LITTLE ONES

C-PEN READER
Now available to borrow
ReaderPen is a convenient portable tool to support independent reading and literacy. Scan text with this device to have words read out with natural speaking voices and defined dictionaries in an instant.
Ask us for details

SPECIAL EVENTS

FEBRUARY 2024

<p>BOOK CLUBS:</p> <p>TUESDAY ADULT Tuesday 27th Feb 3pm. "Lessons in Chemistry" by Bonnie Garmus</p> <p>THURSDAY ADULT Thursday 29th Feb 11am. "The Midnight Library" by Matt Haig</p> <p>TWEEN BOOK CLUB Saturday 10th Feb 3pm. "The Lie Tree" by Frances Hardinge</p> <p>CHILDREN'S BOOK CLUB "Escape from Mr. Lemoncello's Library" by Chris Grabenstein</p> <p>Find-Outers Saturday 17th Feb 2.30-3.30pm.</p> <p>We Love Books Saturday 24th Feb 2.30-3.30pm</p>	<p>FINE ART EXHIBITION Lily Kelly</p> <p>TEXTURED, Past & Present Launch Feb 1st at 12pm</p> <p>Textured paintings of sand, plaster, and paint, influenced by the ruins of artist's old family home.</p>	<p>MAKER SPACE 'FUSION FRIDAYS'</p> <p>GLASS PAINTING WORKSHOP Friday 2nd 3.15pm-4.15pm Suitable for children aged 7-12 years.</p> <p>CARD MAKING Friday 9th 3.15pm-4.15pm Suitable for children aged 8-12 years.</p> <p>PEBBLE PETS Friday 23rd 3.15pm-4.15pm Suitable for children aged 8-12 years.</p> <p>BOOKING REQUIRED FOR ALL EVENTS ONLY ONE WORKSHOP PER CHILD</p> <p>ADULT POETRY CIRCLE Tuesday 6th February at 11am Come read your own poetry or a poem you love.</p> <p>To register your interest please contact ballybane@galwaylibrary.ie or phone 091 509244</p>	<p>LEGO CLUB</p> <p>Join us every Thursday 3.30pm-4.30pm Suitable for children aged 7+ NO BOOKING REQUIRED</p> <p>CLASSICAL TUESDAY FILM MUSIC With Ennio Morricone 27th Feb 11am. NO BOOKING REQUIRED.</p>
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Starting on 24th January

HELLO!



Do you speak English?

- Do you feel like you are not getting enough opportunities to practise your English?
- Would you like to meet new people and improve your language skills?
- Are you someone who would like to help other people learn some English by chatting to them?

If you answered 'yes' to any of the above, then our new **Conversation Circle Group** is for you!

We meet up every Wednesday from 10am to 11am at Ballybane Library and everybody is welcome.



Early Teen BOOK Club

Currently Reading:
The Lie Tree by Frances Hardinge


12-14yrs

Ballybane Library

OPEN FOR MEMBERSHIP

NEXT MEETING: SATURDAY 10TH FEBRUARY AT 3PM

091 509244 ballybane@galwaylibrary.ie



HEALTH & WELLNESS COURSES FOR PARENTS

FREE CLASSES - SPRING TERM 2024

EXPERT GUEST SPEAKERS

HEALTH, NUTRITION, WELLNESS & BEAUTY

Week 1: January 16th Acupuncture & Homoeopathy with Quanita Noonan

Pain relief, food intolerance, natural remedies

Weeks 2 & 3: January 23rd & 30th Makeup & Skincare with Sandra Mullen

All you need to know about skin tones & choosing the right make up

Week 4: February 6th Women's Health with Rachel Fitzgerald - Breast Check

Breast education and awareness, promoting breast self awareness

Week 5: February 13th Healthy treats: smoothies, snacks & more with Ruth Farragher

Sample some easy to make, easy to eat healthy treats for all the family

Week 6: February 20th DIY basics with Eide Herson

Picture hanging, changing fuses, all those small jobs!

Week 7: February 27th Yoga with Fiona Browne

Improve strength, balance & flexibility, relaxation techniques, manage stress

Week 8: March 5th IT Skills with Ruth Kelly, GABES

Basic IT skills, emailing, subscribing, navigating websites & the internet on your phone

Week 9: March 12th Self-Defence with Dave Buckley

Improve co-ordination, confidence & self esteem

Week 10: March 19th Nailcare & Nail art with Karen B

Nourish your hands and nails and learn about nail health & nail care routines

Week 11: April 9th Hair care & Styling tips & tricks with Rosaleen O'Connor

Healthy scalps and hair care, try new styles and tips for a good hair day!

Week 12: April 16th Reflexology with Helen Kelly

A relaxing, holistic treatment - helps bring your mind, body & soul back into balance

Week 13: April 23rd Women's Health with Dr Marina Curran

GP specialising in menopause care for women of all ages, founded Misneach Menopause C in Galway

Week 14: April 30th Afro-Brazilian Dance with Dara Kelly

A fun, energy-boosting class with Afro-Brazilian rhythms

BALLYBANE LIBRARY



TUESDAYS 10AM

Supports

Directory of Services for Older People in Galway City and County



AGE FRIENDLY PROGRAMME

The Community Section now has full delivery of the English & Irish versions of the **Directory of Services for Older People**.

Read Online: [Directory of Services for Older People in Galway City and County.pdf](#)

Any agency or group can contact the team at **091 509 521** to arrange to pick-up a number of copies for their local groups at our Centrepoint Offices. The Directory will also be circulated to older people via the Mobile Library and Community Gardai throughout the month.

For more information on the Age Friendly programme, please visit <https://agefriendlyireland.ie/> or email agefriendly@galwaycoco.ie.



Cúram Sláinte Phobail, Iarthar
Community Healthcare West





HopeSpace

Children's grief support service



Visit [HopeSpace.ie](https://www.hopespace.ie)
for more info

What does HopeSpace do?

We support children and young people (4-17 years old) from Galway City and its environs who are negatively impacted by grief caused by bereavement.

How does HopeSpace support these children?

We provide a free one-to-one listening service, in a confidential, warm, caring and supportive environment in Galway City. A trained volunteer helps children verbalise and address their concerns, helping them cope with their newfound circumstances.

How does HopeSpace help?

- **Provides** a critical early intervention service
- **Helps** children to express emotions around grief
- **Improves** coping skills and self-esteem
- **Facilitates** positive parent-child relationships
- **Encourages** parent-child communication
- **Reduces** parental stress and worry

HopeSpace, Unit 16, The SCCUL Enterprise Centre,
Castlepark Road, Ballybane, Galway, H91 RH32

As a listening service we do not provide counselling, advice or diagnosis.
HopeSpace CLG (t/A HopeSpace) Registration No.: 707197 / CHY No.: 22970

Get in touch via
phone, email or
direct message us on
Facebook or Instagram

T: 091 342566
E: support@hopespace.ie



@hopespacegalway



Birth Mothers Support Group in Galway - March 2024

Barnardos Birth History Service plan to hold a support group for mothers you have placed a child for adoption in March. The purpose of the group is to provide a safe relaxed space for mothers to meet others and avail of support. The group will be a confidential space for mothers to share their experiences with others who may have similar experiences.

Topics that may be explored within the group include:

- Parting with a child for adoption
- How this experience has affected the mother's life
- Searching for or being contacted by an adopted son or daughter
- Outcomes of search
- Relationships after reunion

Where: The Harbour Hotel, The Docks, Galway, H91 E9PR

When: Thursday 21st March, 2024
10.30am – 12.30pm

To register: You can register through the following link www.barnardos.ie/birth-history-service/ or you can contact our Galway office by phone on 091-454489 or via email at birthhistory@barnardos.ie

Feel free to contact us if you have any questions about this group

[Birth History Service - Barnardos.](#)

Register [HERE](#).

Talk by Tony O' Reilly who stole 1.75million from work to fund his gambling addiction



OPEN YOUR EYES TO THE DANGERS OF GAMBLING



Martin Dunne
Counsellor &
Psychotherapist,
Galway Problem
Gambling
Support

Tuesday 14th
November,
Anglers Rest
Hotel
7.30pm



National Learning Network
Investing in People, Changing Perspectives

Do you suffer from Anxiety?
Is it affecting your quality of life?
Are you unemployed?
Would you like help?

If the answer to the above questions is YES and you feel you need help. You should consider doing:

THE FRESHSTART PROGRAMME

FRESHSTART is a Personal development programme that will TEACH YOU how to get on with your Life. You will also get the chance to attain a QQI Major award.

To learn more Email: dave.scully@nlm.ie
Or Call (091) 781265 and leave a message.

FRESHSTART
Some things cannot be learned ONLINE

Can We Help?

Age Action's Care and Repair does small DIY jobs, free of charge, for older people to help them maintain their homes and their independence.

Age Action's Care and Repair prioritises carrying out jobs in the homes of older people who are being discharged or have recently been discharged from hospital. If someone is coming out of hospital, no matter where they live, we would support them to make sure their home is safe.

Care and Repair can remove trip hazards, install handrails, replace toilet seats or move a bed downstairs to make sure the home is ready for their return.

If you require work done in your home to make it safer after a stay in hospital we can help.

If you are a professional working with older people who would benefit from this service you can download a referral form from www.ageaction.ie

For all other queries about Care and Repair please contact us using these numbers:

Age Action national line: 0818 911 109
 Age Action in Dublin: 01 4756989
 Age Action in Cork: 021 2067399
 Age Action in Galway: 091 527831
 Email: careandrepair@ageaction.ie



Anam Cara help and support bereaved parents.
 Services available:

Our **Galway Face to Face** meetings.

Our **online** meetings for Anam Cara Galway and Mayo.

If you know any bereaved parents who would like to join either of these meetings please get them to contact us on

085 288 8888 or info@anamcara.ie.

As always Anam Cara offer their services free of charge for as long as needed.

Positive Ageing and supports for older people - Click the links below:

<https://www.copegalway.ie/senior-support-service/positive-ageing-week/>

<https://www.galway.ie/en/services/communityenterpriseeconomicdevelopment/inclusion/agefriendly/>

Age Friendly Newsletter

All Age Friendly Ireland newsletters are available on their website - click link below:

<https://agefriendlyireland.ie/news/>

Alone Partnership Newsletter

ALONE is a national organisation that enables older people to age at home.

To read the latest newsletter from **Alone**, just click the link below and click in the top corner of the Newsletter to change

the page... to read click [HERE](#).

Link to Alone website here: <https://alone.ie/>

Happy Spring from the PPN Team!

Follow us on Social Media for the latest updates - click the round buttons below !



- Website: www.galwaycountypn.ie
- Social Media Tag: [#Galwaycountypn](#)
- Facebook: [GalwayCountyPPN](#) | X/Twitter: [GalwayCoPPN](#)
- Phone: **087 360 3379**
- Email: administrator@galwaycountypn.ie

Mobile: 087 360 3379 | 087 233 0720

Email: mmullen@galwaycoco.ie | dtuite@galwaycoco.ie

Newsletter Submissions Deadline: 23rd of each month - for following month's issue.

Next issue has a special focus on: **Environment** Pillar of the PPN



Líonra Rannpháirtíochta Phoiblí Chontae na Gaillimhe
Public Participation Network Galway County



Designed with BEE