



Líonra Rannpháirtíochta Phoiblí Chontae na Gaillimhe
Public Participation Network Galway County

Galway County PPN Monthly Newsletter

March 2026

Contents:

PPN News, Council & Government News, Consultations & Public Engagement, Funding & Grants, Training & Development, An Cúinne Gaeilge (Irish Corner), Supports & Resources, Notice Board / Events

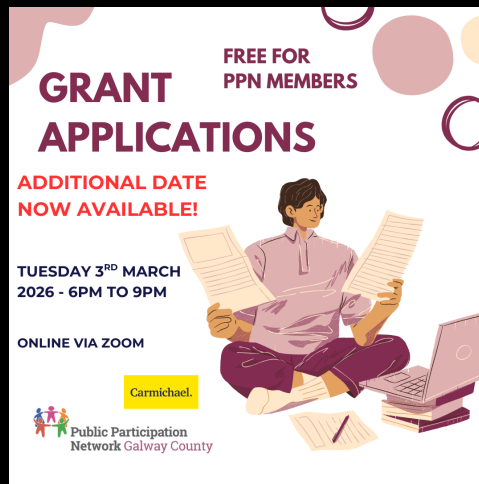
PPN NEWS

GALWAY COUNTY PPN NEWS



Líonra Rannpháirtíochta Phoiblí Chontae na Gaillimhe
Public Participation Network Galway County

Grant Applications




Tuesday 3rd March at 6pm – 9pm - Online via Zoom


Due to high numbers, a second date has been added for the Grant Applications training course.

Spaces are limited so members registering must be able to attend or inform a member of the PPN Staff as soon as possible if they are unable to attend after the registration. [Register here](#)

Nominations for Galway County PPN Secretariat Member now open



Public Participation
Network Galway County



PPN REP NOMINATION

Galway PPN is Seeking
Nominations from PPN
Member Organisations.

Position vacant on the Secretariat Committee in 4 municipal
district areas: Loughrea, Oranmore/Athenry, Tuam & Ballinasloe
Municipal District

**Nomination Submission
Deadline is 9pm,
Monday 23rd March 2026**

Check your PPN Members Emails
for further information and
nomination forms. Read terms and
conditions carefully.

ppn@galwaycoco.ie 091 509395

Closing date: Monday 23rd March 2026 at 9pm

Dear PPN members, Nominations are now being sought for the role of **PPN Secretariat Member** representing the **Social Inclusion Pillar**. Full details of the role can be found [here](#).

Please find attached PPN Nomination Form for Secretariat Membership below:

[PPN Nomination Form for Secretariat Membership](#)

If you have any queries about this application form please email ppn@galwaycoco.ie

Completed Nomination Forms must be submitted on or before the closing date.

Completed form need to be returned via email to: ppn@galwaycoco.ie

Galway County PPN Plenary Winter Meeting - November 2025 Presentations

Our **Winter PPN Plenary Meeting** was held online on Wednesday 12th November 2025.

You can find the PPN Winter Plenary Presentations [HERE](#)

Read [PPN February2026 Newsletter](#)

PPN NATIONAL NEWS



Barriers to Involvement in the PPN

The Department of Rural and Community Development and Gaeltacht (DRCDG) would like to share the report, "[Barriers to Involvement in the PPN](#)" and a recording of the webinar to launch the report [here](#)

Public Participation Networks Roadmap

Please find the PPN Implementation Roadmap [HERE](#)

NATIONAL PPN TRAINING

PPN Training resources

The Department of Rural and Community Development (responsible for the PPN) provides training resources for PPNs. Check out slides on Strategic Planning [HERE](#)

PPN Stakeholders Training

The online only self-paced training videos programme for PPN stakeholders is provided by Social Justice Ireland on behalf of the Department and is intended for self-directed learning at the learner's own pace. Social Justice Ireland will provide some support via the webform on each Module page. There are no scheduled classes as part of this training. To register, please complete the Registration

Council & Government News

GALWAY COUNTY COUNCIL NEWS



<https://www.galway.ie>

Local Authority Home Loan & Local Authority Purchase and Renovation Loans Tí Údaráis Áitiúil agus Iasachtaí Ceannaigh agus Athchóirithe an Údaráis Áitiúil



Starting Wednesday 4th March 2026 from 10.30am to 12.30pm - Galway County Hall

Fortnightly information sessions for Local Authority Home Loan and Local Authority Purchase and Renovation Loans . These will take place in the lobby of County Hall at 10.30am – 12.30pm on the following dates: Wednesday March 4th & Thursday March 19th 2026.

Thursday April 2nd, Thursday April 16th & Thursday April 30th 2026

Ag tosú Céadaoin 4 Márta 2026 ó 10.30am go 12.30pm - Halla Chontae na Gaillimhe

Comhairle Chontae na Gaillimhe Seisiúin eolais ar feadh coicíse do Iasachtaí Tí Údaráis Áitiúil agus Iasachtaí Ceannaigh agus Athchóirithe an Údaráis Áitiúil. Forhalla Áras an Chontae ag 10.30am – 12.30pm ar na dátaí seo a leanas: Céadaoin 4 Márta & Déardaoin 19 Márta 2026

Aibreán Déardaoin 2 Aibreán, Déardaoin 16 Aibreán & Déardaoin 30 Aibreán 2026

Galway County Council 2026 Caravan Loan Scheme for Traveller Specific Accommodation at Official Halting Sites

Scéim Iasachta Carbhán ó Chomhairle Chontae na Gaillimhe 2026 do Chóiríocht a Bhaineann go Sonrach leis an Lucht Siúil ag Láithreáin Stad Oifigiúla



Closing date: Friday, 6th March 2026 at 4pm

Galway County Council 2026 Caravan Loan Scheme for Traveller Specific Accommodation at Official Halting Sites is now available for applications. For further information and an application form please contact: Traveller Accommodation Unit, Housing Department, Galway County Council, Áras an Chontae, Prospect Hill, Co. Galway. H91 H6KX Phone: 091 509306

Email: Travelleraccomodationunit@galwaycoco.ie

Spríodhátá: Dé hAoine, 6 Márta 2026 ag 4pm

Scéim Iasachta Carbhán ó Chomhairle Chontae na Gaillimhe 2026 do Chóiríocht a Bhaineann go Sonrach leis an Lucht Siúil ag Láithreáin Stad Oifigiúla. Tá Scéim Iasachta Náisiúnta Carbhán 2026

do Chóiríocht Shonrach don Lucht Siúil ag láithreáin Stad oifigiúla ar fáil le haghaidh iarratais.

Chun tuilleadh eolais agus Foirm Iarratais a fháil, déan teagmháil le:

An tAonad Cóiríochta don Lucht Siúil, An Rannóg Tithíochta, Comhairle Chontae na Gaillimhe,

Áras an Chontae, Cnoc na Radharc, Co. na Gaillimhe. H91 H6KX Nó trí ríomhphost ag: Travelleraccomodationunit@galwaycoco.ie

Schools Anti-Litter Poster Competition 2026

Galway County Council

SCHOOLS ANTI-LITTER POSTER COMPETITION 2026

Loads of Prizes!

Closing date for entries is Friday 20th March 2026

Galway County Council is inviting students within its functional area to participate in an Anti-Litter Poster competition as part of Galway County Council's 2026 Anti-Litter Programme.

Design your Anti-Litter Poster to address one of the following problems:

- 1. Stop Littering our Towns and Villages**
(20% of litter is caused by passing pedestrians)
- 2. Roadside Litter**
(Almost 40% of litter is caused by passing motorists)
- 3. Beach Litter**
(Cigarette butts, sweet papers, fast food wrappers, and coffee cups are the most common litter items)
- 4. Cigarette-related Litter**
(Half of all litter is cigarette-related)
- 5. Dog Fouling**
(Dog fouling causes serious hygiene and health risks)
- 6. Bin your gum when you done**
(7.3% of litter recorded is chewing gum)

AGE GROUP PRIZES

PRIMARY SCHOOL
1st, 2nd, 3rd and highly commended prizes will be awarded to Junior Infants, Senior Infants, 1st Class, 2nd Class, 3rd Class, 4th Class, 5th Class, and 6th class.

SECONDARY SCHOOL
1st, 2nd, 3rd and highly commended prizes will be awarded to 1st Year, 2nd Year, 3rd Year, 4th Year, 5th Year and 6th Year.

SPECIAL AWARDS

- One overall winner in the Primary School and the Secondary School entries will be selected.
- One overall winner in each theme will be selected.

AWARDS CEREMONY

An Awards Ceremony will be arranged where all winners will receive their prizes and can view all the winning entries.

HOW TO ENTER

Please forward posters by post or deliver to Galway County Council, Áras an Chontae, Prospect Hill, Galway H91 H6KX before 4pm Friday 20th March 2026 marked 'F.A.O. Mark Molloy, Poster Competition'.

TERMS & CONDITIONS

1. Closing date for the competition is Friday 20th March 2026.
2. Entries submitted after the closing date will not be included.
3. Posters must be no bigger than A3.
4. There must be only front & back to artwork.
5. Entries must include Name of student, School name, School contact email, and Class or level of group.
6. Submitted posters may be used in future anti-litter campaigns in the county.
7. Winners will be chosen from all entries received in each section.
8. Judging of the competition entries will take place after the closing date.
9. All decisions made by the Judging Panel are final.
10. The winning schools will be contacted directly.
11. Unsuccessful entries will not be contacted regarding the outcome of the competition.

You are providing your information to the Environment Department, Galway County Council, who will administer and judge the competition. The artwork entered must be published online and digital copies must include details of winners or prize details. The winner must agree to the use of their name, image, and entry in any publicity material. Any personal data relating to the winner or any other entrants will be used solely in accordance with current data protection legislation and Galway County Council privacy statement which is available to view at: <https://www.galway.ie/Info/Default/Files/2025-04/Privacy%20Statement%20Environment%20Services%20Administration.pdf>. No information will be disclosed to a third party without the entrant's prior consent.

Comhairle Chontae na Gaillimhe
Galway County Council

Closing date: Friday 20th March 2026 at 4pm

Galway County Council Schools Anti-Litter Poster Competition is back for 2026!

Galway County Council is inviting students within

its functional area to participate in an Anti-Litter Poster competition as part of Galway County Council's 2026 Anti-Litter Programme.

Please forward posters by post or deliver to: Galway County Council, Áras an Chontae, Prospect Hill, Galway H91 H6KX marked 'F.A.O. Mark Molloy, Poster Competition'.

**Comórtas Póstaer In Aghaidh
An Bhruscair Do Scoileanna 2026**



Green Dog Walkers - Interested In Getting Involved? Green Dog Walkers is a friendly way to change attitudes about dog fouling. Volunteers register and pledge to be a Green Dog Walker.

See Green Dog Walkers Programme: <https://ow.ly/x82150YclIT>

Siúlóirí Glasa Madraí - Suim Agat A Bheith Páirteach? Is bealach cairdiúil é Siúlóirí Glasa Madraí chun dearchtaí faoi shalachar madraí a athrú. Cláraíonn oibrithe deonacha agus geallann siad go mbeidh siad ina Siúlóir Glas Madraí. Féach Clár Siúlóirí Glasa Madraí:

<https://ow.ly/MICp50Ycl8I>

National Spring Clean 2026



The National Spring Clean is now open for registration!

National Spring Clean is one of Ireland's most popular, well recognized and successful anti-litter initiatives. The objectives of National Spring Clean are: • Encourage clean-ups throughout the whole month of April • Galvanise the practices of recycling and re-use where possible • Increase the number of events and participants • Promote personal responsibility for litter • Heighten awareness of litter and waste issues More than 5250 events across Ireland last year removed 2,700 tons of litter from roadsides, parks and coastlines. Householders, schools, businesses and communities across County Galway are encouraged to register and take part in the annual National Spring Clean campaign every April. National Spring Clean is operated by the Environmental Education Unit of An Taisce in partnership with Local Authorities and supported by the Department of Climate, Environment and Energy and Mars Wrigley. Registrations are being accepted on www.nationalspringclean.org and further information is available from the Environment Section of Galway County Council 09150 9510 or environment@galwaycoco.ie

Stop Illegal Dumping, Respect Your County

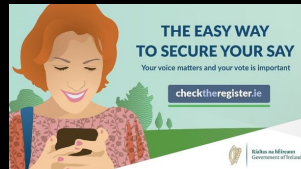


Waste collectors must have a waste collection permit. Report unauthorised collectors to Galway County Council 091 509 510 www.galway.ie

Read more about Galway County Council services: <https://www.galway.ie/en/>

GOVERNMENT DEPARTMENTS NEWS

Check the Register



Are you 16 or 17 years old?
You can pre-register to vote for upcoming elections or referendums now and your name will automatically be added to the register on your 18th birthday.
For more information, please visit: www.checktheregister.ie

Seiceáil an Clár



An bhfuil tú 16 nó 17 mbliana d'aois?
Is féidir leat clárú roimh ré anois chun vótáil sna toghcháin nó na reifrinn atá le teacht agus cuirfear d'ainm leis an gclárann go huathoibríoch ar do lá breithe nuair a bheidh tú 18 mbliana d'aois.
Le haghaidh tuilleadh eolais, tabhair cuairt ar: www.checktheregister.ie

Consultations & Public Engagement

LOCAL CONSULTATIONS & PUBLIC ENGAGEMENT

Section 38 Public Consultation "Oranmore to Train Station Active Travel Scheme"



Closing date: 13th March 2026 at 12:00pm

Galway County Council Statutory Section 38 Public Consultation is now open for Oranmore to Train Station Active Travel scheme. Further details available online at <https://consult.galway.ie/>, or at Galway County Council Offices, Aras an Chontae, Prospect Hill, Galway, H91 H6KX.

Affordable Housing Interest Survey – St. Joseph's Road, Portumna, Co. Galway

Proposed Affordable Housing Development at St. Joseph's Road, Portumna, Co. Galway
Galway County Council wants to hear from you!

We intend to deliver a development of Affordable Houses in St. Joseph's Road, Portumna, Co. Galway, and would greatly appreciate your feedback through this short two-minute survey. If you're actively seeking affordable housing and interested in purchasing one in Portumna, your feedback is welcomed.

www.forms.office.com/e/ViQ1wacghB

Comhairle Chontae na Gaillimhe
Galway County Council

WWW.GALWAY.IE/EN/SERVICES/HOUSING/AFFORDABLE/
(091) 509 305 AFFORDABLEHOUSING@GALWAYCOCO.IE

Galway County Council intend to deliver development of Affordable Houses in St. Joseph's Road, Portumna, Co. Galway, and would greatly appreciate your feedback through this short two-minute survey.

If you're actively seeking affordable housing and interested in purchasing one in Portumna, your feedback is welcomed.

Take the survey [here](#)

Suirbhé ar Leas i dTithíocht Inacmhainne – mBóthar Naomh Seosamh, Port Omna

Forbairt Tithíochta Inacmhainne atá beartaithe ag Bóthar Naomh Seosamh, Port Omna, Co. na Gaillimhe
Tá Comhairle Chontae na Gaillimhe ag iarraidh cloisteáil uait!

Táimid ag breithniú faoi láthair forbairt beartaithe ar Thithe Inacmhainne i mBóthar Naomh Seosamh, Port Omna, agus bheimis an-bhuíoch as d'aiseolas tríd an suirbhé gearr dhá nóiméad seo. Má tá tú ag cuardach tithíochta inacmhainne go gníomhach agus má tá suim agat ceann a cheannach i bPort Omna, cuirtear fáilte roimh d'aiseolas.

www.forms.office.com/e/ViQ1wacghB

Comhairle Chontae na Gaillimhe
Galway County Council

WWW.GAILLIMHE.GA/SEIRBHISI/TITHIOCHT/INACMHAINNE/
(091) 509 305 AFFORDABLEHOUSING@GALWAYCOCO.IE

Comhairle Contae na Gaillimhe ag breithniú faoi láthair forbairt beartaithe ar Thithe Inacmhainne i mBóthar Naomh Seosamh, Port Omna, agus bheimis an-bhuíoch as d'aiseolas tríd an suirbhé gearr dhá nóiméad seo. Má tá tú ag cuardach tithíochta inacmhainne go gníomhach agus má tá suim agat ceann a cheannach i bPort Omna, cuirtear fáilte roimh d'aiseolas. Glac an suirbhé [anseo](#)

More Consultations from Galway County Council [HERE](#)

Irish Garden Bird Survey 2025 / 2026

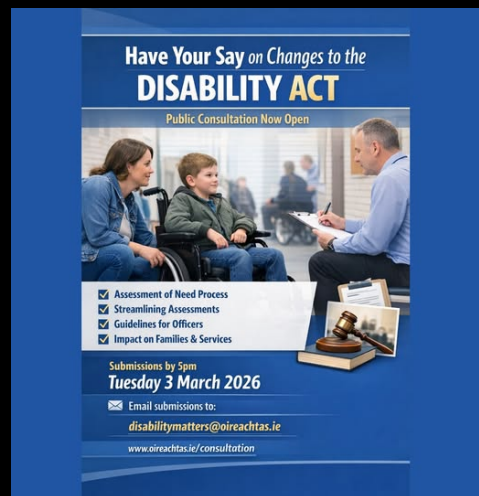


Closing date: Sunday 1st March 2026

The Irish Garden Bird Survey is open to everyone and it's a great way for you and everyone in your house to really get to know your garden birds and is now a firm winter tradition in many households across the country. By taking part you're helping provide us with really important information on how our garden and countryside bird populations are faring during the harsh winter months each year.

[Read More](#)

Have your Say on Changes to the Disability Act



Closing date: Tuesday 3rd March 2026 at 5pm

The Joint Committee on Disability Matters has launched a public consultation as part of its review of the General Scheme of the Disability (Amendment) Bill 2025.

The proposed changes relate to Part 2 of the Disability Act 2005, specifically the Assessment of Need process. This consultation is seeking views on:

- Proposed changes within the assessment process
- The streamlining of assessments and clinical input
- Guidelines for assessment officers
- Transitional arrangements for applicants currently on waiting lists
- The wider impact on children, families and service provision

This is an opportunity for parents, stakeholders and organisations to contribute to how the Assessment of Need process operates in the future.

Submissions can be made by email to: disabilitymatters@oireachtas.ie

Full details, including guidance on how to prepare your submission, are available [here](#)

State of Caring 2026 Survey

State of Caring 2026: Calling all Family Carers!

Your experiences matter
Family Carers Ireland wants to hear your story

Why Participate?

- **Insightful Impact:** Your input directly influences media narratives, government submissions & policy decisions
- ♥ **Community Strength:** Join a collective effort to advocate for the needs of family carers across Ireland
- 💡 **Empower Change:** Contribute to a stronger more inclusive representation of the caregiving community

How to Participate:

- 📄 **Online:** find the link through our website/social media or visit: www.surveymonkey.com/r/StateOfCaring2026
- 📄 **Paper Form:** If you require a paper copy or would like some help with the survey, contact our Research Officer, Joanne Murphy: jmurphy@familycarers.ie 086 0326187

This survey includes questions about:

You Person(s) Access to services Time off from caring Loneliness & Isolation Health & wellbeing Financial circumstances

www.familycarers.ie

Freephone Careline 1800 24 07 24

Search 'Carers Ireland'



SCAN ME!



Closing date: Wednesday 4th March 2026

State of Caring 2026: Calling all Family Carers! Family Carers Ireland wants to hear your story.

The **State of Caring 2026 survey** is now open and takes approximately **30 minutes** to complete and is primarily online. To ensure accessibility, we also provide **paper copies** of the survey and **telephone support** for carers who may need assistance completing it. Carers who would like a paper copy or support can contact me directly: **Joanne Murphy**, Research Officer

jmurphy@familycarers.ie

086 032 6187 **Survey link:** <https://www.surveymonkey.com/r/StateOfCaring2026>

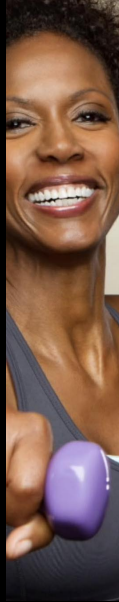
Alliance Insurance Survey 2026 - Charity, Community & Voluntary Sector



Closing date: Friday 6th March 2026

With insurers continuing to report record profits, and with legal costs still adding significantly to settlement costs, we need current, on-the-ground data from across our sectors to demonstrate what policy changes are (and are not) delivering in practice. We can also analyse results by sector to support more targeted advocacy and to provide briefing material for your own Government meetings where helpful later in the year. It is very important that every sector within the Alliance contributes to the final data. Please share this link to your members: <https://www.surveymonkey.com/r/V2SDQ2G>

Women's Wellness Testing Day



WOMEN'S WELLNESS TESTING DAY AS PART OF A LARGE RESEARCH STUDY.

We're inviting postmenopausal women living in Ireland (meaning you haven't had a menstrual period in at least 12 months as part of the menopausal transition), to take part in a one-time, in-person fitness and health testing day focused on physical activity.

WHAT'S INVOLVED?

- A range of questionnaires and simple physical tests
- Total time: approx. 1 hour and 15 minutes

WHY PARTICIPATE?


Get your fitness results (strength, flexibility, aerobic fitness and body composition) on the spot for free.
Get a free online booklet with exercise and nutrition tips tailored to this stage of life.
Help us to understand how to better support postmenopausal women in staying active and healthy.

INTERESTED? SIGN UP BELOW


Please provide your details in the below link or QR code and we will get back to you soon with details of the testing day.

<https://forms.office.com/e/Tx2pCW4xu1>

For more information contact us:
a00325038@student.tus.ie
0877160537
Rita Trentz - Sport & Health Sciences
Department - TUS



Expression of Interest for Post Menopausal Women's Health & Fitness Testing Day



This study forms part of a broader PhD

Postmenopausal women living in Ireland are invited to take part in a Women's Wellness Testing Day, as part of a large research study led by TUS. This one-time, in-person testing day focuses on physical activity and overall health and includes simple questionnaires and physical tests. Total time commitment: approx. 1 hour 15 minutes. More info on the poster above.

Register your interest via the link or QR code and the team will be in touch with full details of the testing day:

<https://forms.office.com/e/Tx2pCW4xu1> Contact: Rita Trentz, Sport & Health Sciences Email: a00325038@student.tus.ie Mobile: 087 716 0537

Menopause matters:

Empowering wellness in women through Exercise, Nutrition and Health Education



DCU | Taighde Éireann Research Ireland | EduFIT | www.edufit.ie @edufitireland

WOMEN YOUR VOICE MATTERS

EDUFIT IS OFFERING THE OPPORTUNITY FOR ALL PARTICIPANTS TO BE ENTERED IN A DRAW TO WIN A €100 SPAS.IE VOUCHER FOR COMPLETING THIS SURVEY.

WE ARE CURRENTLY LOOKING FOR:

- Women in any stage of menopause
- English speaking & Residing in Ireland

TAKE PART IN OUR SURVEY ON ONLINE LIFESTYLE PROGRAMMES FOR WOMEN

For more info contact Catherine.nichol7@mail.dcu.ie

SCAN HERE



If you are a woman in any stage of menopause, english speaking & living on the island of Ireland, we want to hear your thoughts and opinions on online, women-specific, evidence-based lifestyle programmes. This survey (10–15 minutes) is accessible via this link https://dcusurveys.qualtrics.com/jfe/form/SV_6E9VZnodGWzypy6 As a thank-you, all survey participants will have the chance to enter a draw to win a €100 spas.ie voucher.

More Consultations from Government [HERE](#)

Funding & Grants

DID YOU KNOW?

DID YOU KNOW?



IF YOU ARE APPLYING FOR FUNDING AND YOU NEED YOUR ORGANISATION'S PPN REGISTRATION NUMBER, HERE IS HOW YOU FIND IT:

- ◆ GO TO MEMBERS DIRECTORY ON PPN WEBSITE [HTTPS://WWW.GALWAYCOUNTYPN.IE/MEMBERS-DIRECTORY/](https://www.galwaycountypn.ie/members-directory/)
- ◆ TYPE YOUR GROUP NAME INTO 'ORGANISATION NAME' BOX
- ◆ FIND YOUR GROUP (NAME MUST BE EXACT MATCH)
- ◆ CLICK 'MORE' TO SEE YOUR PPN REGISTRATION NUMBER.

If you need to know your **Organisation's PPN Registration Number** to apply for funding and grants, (this is a requirement for some Local Authority funding) here is how you find it:

- ◆ Go to Members Directory on PPN website <https://www.galwaycountypn.ie/members-directory/>
- ◆ Type your group name into 'Organisation Name' box
- ◆ Find your Group (name must be exact match)
- ◆ Click 'More' to see your PPN registration number.

Galway County PPN only share information about Funding and Grants, and **does NOT administer** them. If you have any queries please contact the funding administrator directly via the details provided in the advert.

Rosie & Jim Charity & Community Fund 2026



Closing date: Wednesday 4th March 2026

Rosie & Jim, an Irish family business, is excited to announce the launch of its 2026 Charity & Community Fund. The organisation has a strong commitment to supporting local causes and charities throughout Ireland. [Read more](#)

2026 ESB Wind Farm Community Benefit Fund



Closing date: Friday 6th March 2026

For a full list of Wind Farm Community Funds included in this call, please click [here](#)

The fund is available to community and voluntary groups, non-profit groups or organisations with a charitable status. It is essential to note that applications from groups that do not submit required documentation with the application form e.g. planning permission, planning exemption, confirmation that you have liaised with your local authority or owner permission, may not proceed to evaluation. Applications may be made online at www.communitybenefitfunds.ie, please ensure you take some time to read the [Fund Guidelines](#), prior to submitting your application and visit the [help section of our website](#) for additional helpful documents. If you have any questions at all, please do not hesitate to contact SECAD: info@secad.ie Website: www.secad.ie

Athenry Credit Union Community Fund Initiative



Closing date: Thursday 12th March 2026

Athenry Credit Union is launching their NEW Community Fund, giving back two hundred thousand euro to their community in celebration of sixty years of service.

Groups within the common bond area of Athenry, Ballygar, Birr, Kinvara, Kilkerrin, Portumna and Menlough can apply. Applications open 5th February 2026 and close 12th March 2026.

Apply online at www.athenrycu.ie or visit your local branch. Terms and conditions apply.

Max application €10K per applicant. For any queries, contact Athenry Credit Union on 091 844 306

RTÉ Toy Show Appeal 2026



Closing date: Friday 13th March 2026

Children and family charities working at local, regional and national level can apply for a grant under one of the following thematic strands:

♦**Addressing Essential Needs**; ♦**Improving Health and Wellbeing**; ♦**Creativity and Play**.

Applicants will need to identify which of the three thematic strands they align with, and within the strand, which specific outcome their project will meet. Children and family charities with an annual income of €20,000 to €500,000 may apply to the Community Grants Round. Children and family charities with an annual income of more than €500,000 may apply to the Impacts Grants Round.

The Toy Show Appeal will also award a small number of Transformative Grants. The Transformative Grants are an opportunity for applicants to significantly upscale their proposal, and to build capacity within their organisation. For more information, please visit:

<https://www.communityfoundation.ie/grants/the-rte-toy-show-appeal-2026/>

The EirGrid North Connacht Community Benefit Fund Phase 1



Closing date: Friday 13th March 2026 at 5pm

EirGrid is now inviting applications to the first phase of The EirGrid North Connacht Community Benefit Fund. This is Phase 1. The fund will provide grants to local community groups, not-for-profit organisations and social enterprises that operate or service communities near this new cable line, and who can deliver projects that will create positive social and environmental impacts. The overall aim is to increase public and environmental well being in the community and to leave a positive legacy.

For more information, please visit <https://eirgridcommunityfund.submit.com/show/54>

New Solutions Pilot Grants



Closing date: Friday 13th March 2026 at 6pm

The [Western Development Commission](#) is delighted to join consortium partners in launching the , a new funding programme supporting social innovation to address social inclusion challenges across Ireland. Co-funded by the European Union and the Irish

Government, this two-year programme will provide € in funding to at least 40 projects, with individual grants ranging from €70,000 to €100,000. Successful applicants will also benefit from access to the New Solutions Social Innovation Hub's networks, expertise, and learning supports. The Pilot Grants will support organisations to develop innovative approaches that improve outcomes for disadvantaged groups, with a focus on increasing access to employment and education, supporting the personal and social development of young people most at risk of poverty and social exclusion, and harnessing the potential of sport to promote social development and inclusion. [Read more](#)

Questions or access needs: pilotgrants@new-solutions.ie

'Children's Promise' Grants Programme



Closing date: Thursday 19th March 2026 at 1pm

The Grants Programme is a funding programme within Katharine Howard Foundation (KHF). KHF focuses on prevention and early intervention initiatives, to support the best life outcomes for young children. The 'Children's Promise' Grants Programme aims to support community-based organisations working with young children and their families, who may not reach their potential due to the corrosive impact of poverty. [Read more](#)

Arts Grant Funding 2026



Closing date: Thursday 19th March 2026 at 5.30pm

Arts Grant Funding supports individual artists and organisations across multiple artforms to carry out multiple activities over a fixed period. It focuses on ensuring there is a breadth of high-quality arts activity and programmes throughout the country. [Read more](#)

Forestry Knowledge Transfer Group (KTG) Scheme 2026



Closing date: Friday 20th March 2026 at 5pm

The Forestry Knowledge Transfer Group (KTG) Scheme 2026 has now opened, continuing the Government's strong investment in practical training, peer learning, and active forest management for Ireland's private forest owners. For more information, please visit [Minister Healy-Rae announces opening of the Forestry Knowledge Transfer Group \(KTG\) Scheme 2026](#)

Community Heritage Grant Scheme



Closing date: Friday 20th March 2026 at 8pm

The Community Heritage Grant Scheme is now open for applications. This scheme is designed to support community groups and not-for-profit non-governmental organisations, whether you're caring for places, collections, habitats, species, monuments, or intangible heritage. Whether you're continuing an existing project or starting something new, we want to help bring your vision to life! [Read more](#)

Archaeology Radiocarbon Dates Scheme



Closing date: Wednesday 25th March 2026

The Royal Irish Academy (RIA), in partnership with Queen's University Belfast (QUB), provides radiocarbon dating for up to twelve archaeological samples each year to support research in Ireland.

For more information, please visit [Archaeology Radiocarbon Dates Scheme – Royal Irish Academy](#).

Archaeology Research Grants



Closing date: Wednesday 25th March 2026

Applications for Archaeology Research Grants 2026 are now open. You can apply for funding for small-scale archaeological research projects related to archaeology in Ireland and/or Northern Ireland.

For more information, please visit [Archaeology Research Grants – Royal Irish Academy](#).

Music Capital Scheme Piano Award



Closing date: Thursday 2nd April 2026 at 2pm

Applications are now open for the Music Capital Scheme Piano Award to support the purchase / refurbishment of concert standard grand pianos by arts venues and music presenters.

Music Network are seeking applications from organisations that provide a year-round high quality music programme, support the work of professional musicians (e.g. professional development opportunities such as artist residencies, masterclasses etc.), and have a strong track record in audience and community engagement. [Read more](#)

Educational Bursary Award 2026



Closing date: Friday 3rd April 2026

The Organic Trust has announced the launch of its 2026 Educational Bursary Award.

Supported by the National Organic Training Skillnet (NOTS) and delivered by South East Technological University (SETU), the bursary is aimed at supporting organic education and investing directly in the future of Ireland's organic sector. The bursary programme is open exclusively to the Organic Trusts' 2,450 members and their immediate family members.

In 2026, two bursaries will be awarded, each covering the full course fees for a successful applicant undertaking an organic agricultural or horticultural programme at SETU Waterford, commencing in autumn 2026. One bursary will support a student pursuing an MSc in Organic and Biological Agriculture, whilst the second will support an MSc in Organic and Biological Horticulture. For more information, please visit [Bursary launched aiming to support organic education - Agriland.ie](https://Agriland.ie)

Childminding Development Grants 2026



Closing date: Wednesday 15th April 2026

The Childminding Development Grant provides up to €1,000 to assist childminders, who are providing a childminding service in their own homes. The Grant scheme is open to all childminders, including registered childminders, those that are yet to register, and those who are planning to open a childminding business during 2026. The Grant aims to support childminders to enhance quality and safety in their service through the purchase of toys, childcare equipment, safety equipment, equipment to support inclusion and STEM and the Arts education (Science, Technology, Engineering, and Maths) as well as IT equipment to assist childminders to engage with training and registration processes.

[Read more](#)

Creative Climate Action Fund III



Closing date: Wednesday 15th April 2026

Creative Ireland is delighted to announce the launch of a new €6.5 million Creative Climate Action Fund. It will support imaginative, large-scale, creative, cultural and artistic initiatives that support communities around climate change and empower people to make meaningful behavioral change.

The Creative Climate Action Fund III (2026-2029) is an initiative of the Creative Ireland Programme in partnership with the Shared Island Initiative and the Department of Environment, Climate and Communications. The fund will support ambitious, durational projects that bring together expertise from the creative sectors, climate science, and community engagement.

We are seeking proposals that respond creatively to Ireland's key national climate priorities, including those set out in the Climate Action Plan 2025, the National Dialogue on Climate Action, and the work of the Just Transition Commission. Funding between €400,000 and

Architectural Heritage Fund *STITCH IN TIME* GRANT



Galway County Council is operating a grant scheme: Architectural Heritage Fund *STITCH IN TIME* GRANT which is a grant for **Minor Repairs & Conservation Advice Reports** to assist owners towards the cost of minor repairs or maintenance works to Protected Structures, proposed Protected Structures or historic buildings within Architectural Conservation Areas that enhance the place or street. Other historic buildings may be considered but priority will be given to those with statutory protection. To ensure that owners are appropriately advised on the works required to their property the scheme can also be availed of to produce building condition reports/surveys, method statements or specifications by conservation professionals to identify and prioritise works that adhere to best conservation practice. [Read more](#)

Forest School Leadership



There are funding supports available for Brigit's Garden upcoming Forest School Leadership courses:

- ◆ If you are in receipt of a social welfare payment, you may apply through Intreo for funding of up to €1,000, paid on completion of the course.
 - ◆ Teachers can apply for the Teacher Refund Scheme, which refunds up to 40% of the course fee.
 - ◆ Each course also has 2x subsidised places of €1450. Contact Laura at adulteducation@brigitsgarden.ie for further information. These supports can make it easier to gain your Level 6 Forest School Leadership qualification and bring outdoor learning to your community. For course information or queries, contact adulteducation@brigitsgarden.ie or go to <https://brigitsgarden.ie/qqi-level-6-in-forest-school../>
-



The Student Assistance Fund (SAF) provides financial support to full or part-time students who are experiencing financial difficulties while attending college. Students can apply for the Student Assistance Fund to help with either temporary or ongoing financial difficulties.

The Student Assistance Fund is available to help with costs such as books and class materials, rent and other utility bills, food, essential travel, childcare costs and medical costs. [Read more](#)

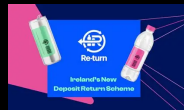
PayPal Giving Fund Ireland



Closing date: Ongoing

PayPal Giving Fund Ireland helps people support their favourite charities online and raises funds to benefit charities through PayPal and other technology platforms. We receive donations and make grants to our donors' recommended charities. [Read More](#)

Deposit Return Scheme (DRS) Re-turn Community Initiative



Closing date: Ongoing

The Re-urn Community Initiative empowers local groups in Ireland to fundraise through recycling, supporting sustainability and community engagement. Who can participate in fundraising through DRS? Tidy Towns, Schools, Clubs, Charities, Companies, Hospitals, Local Events and Festivals. [Read More](#)

Local Enterprise Office (LEO) Galway Digital For Business Support & Grow Digital Voucher



The Digital for Business support is an initiative from the Local Enterprise Office designed to give **Local Enterprise Office** clients a digital edge. Our expert digital consultants assist through:

Analysis of existing digital systems in the business to identify potential gaps in meeting business need;
Exploration of opportunities to optimise existing systems and to integrate with new solutions to enhance business operations; Guidance on the implementation of new or enhanced digital solutions. [Read more](#)

LEO Grow Digital Voucher



The Grow Digital Voucher offers small and medium businesses with up to 50 employees financial support to embrace digital technology.

Funding: Of up to €5,000 to invest in software and training/IT configuration.

A digital for business project report must be completed within the previous two years.

[Read more](#)

LEO Dearbhán Grow Digital



An bhfuil Digital for Business na hOifige Fiontair Áitiúla curtha i gcrích agat cheana féin?

Tóg an chéad chéim eile ar d'aistear digiteach, mar sin, leis an Dearbhán Grow Digital.

Fáil suas le €5,000 chun glacadh le teicneolaíochtaí nua, lena n-áirítear gach rud ó chórais íocaíochta ar líne, go cibearshlándáil, go córais áirithinte agus rialú stoic. [Léigh tuilleadh](#)

LEO Feasibility Grant



The Feasibility Grant is designed to financially assist small businesses that wish to conduct market research for a product or service to examine its sustainability.

[Read more](#)

LEO Market Explorer Grant



The Market Explorer Grant aims to support eligible companies seeking to explore either a new geographic market for an existing product/service, or an existing geographic market for a new product / service. [Read more](#)

LEO Business Expansion Grant



The Business Expansion Grant is designed to assist qualifying businesses in their growth phase after the initial 18 month start-up period.

[Read more](#) Need more advice? E-mail us at info@leo.galwaycoco.ie

LEO Microfinance Ireland



Microfinance Ireland works with small businesses based in the Republic of Ireland, with fewer than ten employees by providing unsecured business loans of up to €50,000. Are you eligible? [Read more](#)

Agri Loans MicroFinance Ireland



Closing date: Ongoing

MicroFinance Ireland's Agri Loan supports businesses that are regulated/reporting to the Department of Agriculture, Food and the Marine (DAFM). Contact the LEO Galway office directly for further information and support with your application: phone 091 509 090 or email info@leo.galwaycoco.ie

The Rural Social Scheme



Closing date: Ongoing

The Rural Social Scheme (RSS) provides a supplementary, stable income for farmers and fishermen/women who are unable to earn enough income from their farms or from fishing. Galway Rural Development's RSS team provides supports to local community organisations. [Read more](#)

NeighbourWood Scheme



Closing date: Ongoing

The NeighbourWood Scheme provides support for works to enhance existing forests, increase their functionality and attractiveness for recreation, and install familiar features such as trails, seats, signs, and parking.

[Read More](#)

Agriland Native Tree Area Scheme

IT PAYS TO PLANT TREES

There are 11 forest types available to farmers to plant new forests. Select the scheme that suits your farm.

Most popular options to date:

Example 1	Example 2	Example 3
Plant 8 hectares of Native Forest (Forest type 1)	Plant 5 hectares of Agroforestry (Forest type 4, 5, 6, 7, 8)	Plant 12 hectares of Mixed High Forests with native species (Forest type 12)
€8,824 Total available payments (€176,480)	€4,875 Total available payments (€48,750)	€8,952 Total available payments (€179,040)

There are additional grants available for all works associated with establishing a new forest (costs of trees, planting, fencing and maintenance).

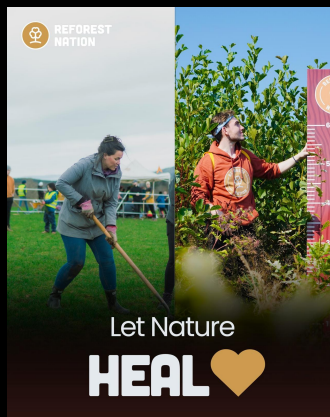
Explore your options at www.gov.ie/forestry

Minister for Marine and Government of Ireland

Closing date: Ongoing

We're making it easier to plant trees. There is an array of options available with income tax-free payments guaranteed for up to 20 years. Why not plant the forest that suits your farm. The scheme is open to all landowners. [Read more](#)

Reforest Nation Free Irish trees



Applications now open

Restoring nature should be easy — and for everyone. That's why we give away native Irish trees, free.

Who's this for? Farmers and landowners, People with a garden, Schools & local initiatives.

[Read more](#)

Baboró Go See Fund



Closing date: Ongoing

Baboró is delighted to offer a small Go See Fund to support artists and creatives to travel within Ireland to see work for children. The fund is designed for those who make or wish to make work for children and are looking for inspiration, new approaches to presentation, etc.

To ensure this small fund can benefit as many individuals as possible, it will support the cost of event tickets and travel within the island of Ireland only, up to a maximum of €100 per application. [Read More](#)

Change: Operation Outbreak - Outbreak Simulations for Schools



Funding available to start an outbreak simulation at your school. Turn your classroom of 14-18 year old students into an interactive lab for outbreak response! [Read More](#)

SEAI - Home energy upgrade for traditional homes



Closing date: Ongoing

The **SEAI** pilot grant scheme for the energy upgrading of traditional houses will provide tailored solutions for your traditional home and the upgrade options include all the technologies available to modern homes. [Read More](#)

Housing Adaptation Grant & Housing Aid for older people and people with disability



Closing date: Ongoing

Apply through the Galway County Council for these grants:

Housing Adaptation Grant for People with a Disability [Read More](#)

Housing Aid for Older People - [Read more](#)

Vision Sport Ireland Associate Club Funding



Closing date: Ongoing

Our Associate Club Programme is designed to support clubs and organisations that promote and facilitate sports for individuals with vision impairments. [Read More](#)

More Funding from
Galway County Council



[Galway County Council](#)

More Funding from the Government of Ireland



[Government of Ireland](#)

More Funding from the European Union



[European Union](#)



[European Commission](#)



[Access Europe](#)

Training & Development

Introduction to Garda Vetting for Organisations



Monday 2nd March 2026 11:30am - 12:30pm - Online via Zoom

Introduction to Garda Vetting for Organisations with Sean Casey from Galway Volunteer Centre.

Are you working with volunteers and unsure about Garda Vetting requirements? Join Volunteer Galway for a supportive and practical online session designed to help organisations feel confident and compliant. What You'll Learn: Who needs Garda Vetting; How the vetting process works;

Your organisation's responsibilities. [Read more](#)

Reserve your place today contact Edel Kavanagh at edel@volunteergalway.ie or Sean Casey on sean@volunteergalway.ie Below is the zoom link, looking forward to having you join us!

<https://us02web.zoom.us/j/85860975934?pwd=QbVGEbJWh8PEYvztR5tvQ9WJK3oAnS.1>

Coaching Teenage Girls Online Workshop



Coaching Teenage Girls in Sport

Online Workshop
Monday 2nd March 2026
6.30-9.30pm

WOMEN IN SPORT WEEK
MARCH 2ND – 8TH 2026



Monday 2nd March 2026

From 6:30pm to 9:30pm

Online

Join us for a 3-hour workshop designed for coaches working with teenage girls (ages 12–17) across all sports. This interactive session supports coaches in understanding the needs, experiences, and motivations of teenage girls—both on and off the field.

All workshops are delivered by trained tutors experienced in supporting coaches working with young people. [Register here](#)

Buggy Buddies Salthill and Tuam



Starting: Tuesday 3rd March 2026

Salthill: The Prom, Salthill, Galway City at 10am

Tuam: Tuam Town at 11am Meeting point TBC

Delivered by qualified exercise professionals Helen Daly and Sinéad McKiernan, each programme runs for six weeks and is suitable for all fitness levels.

Booking is essential. Cost: €20 for the full 6-week term or €5 pay-as-you-go option. Free for anyone who needs it, no questions asked. Text Karen at 087 3631550 for the code. [Register here](#)

For enquiries, email galwayactive@galwaycoco.ie

Local Enterprise Office Galway - Local Enterprise Week



From Monday 2nd to Friday 6th March 2026

Small businesses across the country are gearing up to take advantage of Local Enterprise Week 2026 as the full schedule of events has

been announced. The initiative of the Local Enterprise Offices will see over 300 events take place across the country from the 2nd to 6th March and they are open to everyone at any stage of business. See the full Galway events guide here:

[Local Enterprise Week - Galway Events - Local Enterprise Office - Galway](#)

Employment Support Programme

**Employment Support Programme:
6-Week Employability Courses**

Helping you take the next step toward employment and independence

ENHANCE YOUR SKILLS – BUILD YOUR CAREER

The Irish Red Cross is offering FREE Employment Skills Courses for migrants in Ireland to help you to take the next step toward employment and independence. Each course runs one day per week for six weeks and provides practical, hands-on training to support your career journey.

WHO CAN APPLY?

This programme targets forced migrants who are legally resident in Ireland, and seeks to promote diversity, inclusion, and gender balance. Open to adults (18+) who are Third Country Nationals, including:

- Asylum seekers
- Beneficiaries of international protection (including recognised refugees or beneficiaries of subsidiary protection).
- Beneficiaries of temporary protection, and other migrants.

REQUIREMENTS:

B1 level of English or higher (all classes delivered in English)

COURSE FEATURES INCLUDE:

- CV and cover letter writing
- Interview skills & mock interviews
- LinkedIn and online job search tools
- Workplace communication & digital skills
- Career guidance & job placement support
- Courses available online and onsite

If you are interested in participating in this programme, please scan the QR code and complete 'Expression of Interest' form.

AMIF Irish Red Cross Services Application Form

Closing date: 4th March 2026

The Irish Red Cross is offering a free 6-week Employment Skills Programme for all migrants who are legally resident in Ireland. Participants will learn how to write an effective CV, prepare for interviews, and develop practical skills needed to access employment in Ireland.

Application form: [AMIF Irish Red Cross Services Application Form – Fill out form](#)

Language Skills Courses

Language Skills Courses

Helping you take the next step toward employment and independence

The Irish Red Cross is offering FREE Language Skills Courses for migrants in Ireland to support adult learners in improving their English proficiency and engaging more confidently in Irish society.

WHO CAN APPLY?

This programme targets forced migrants who are legally resident in Ireland, and seeks to promote diversity, inclusion, and gender balance. Open to adults (18+) who are Third Country Nationals, including:

- Asylum seekers
- Beneficiaries of international protection (including recognised refugees or beneficiaries of subsidiary protection).
- Beneficiaries of temporary protection, and other migrants.

WHAT YOU'LL GAIN:

- Improved English language proficiency
- Confidence in everyday situation
- Easier access to services (healthcare, education, housing, banking, employment)
- Better readiness for work or further study

COURSE STRUCTURE:

- A1–A2: 9 hours per week
- B1–B2: 6 hours per week
- Nationwide – available online & in-person
- Flexible morning, afternoon, and evening options

If you are interested in participating in this programme, please scan the QR code and complete 'Expression of Interest' form.

AMIF Irish Red Cross Services Application Form

Closing date: 4th March 2026

The Irish Red Cross is offering a free 10-week Language Programme for all migrants who are legally resident in Ireland. The English language courses for adults are available at various levels, delivered both online and in person. These courses aim to help learners build communication skills and open up new opportunities. Application form: [AMIF Irish Red Cross Services Application Form – Fill out form](#)

Sustainable Lifestyle Workshop



Thursday 5th March 2026 at 11:30am, Ballinasloe Library, Ballinasloe, Co. Galway

Sustainable Lifestyle Workshop at Ballinasloe Library! Ready to make small changes that have a BIG impact? Join us for an inspiring workshop exploring sustainability and responsible production & consumption! During this hands-on session with Understory, you'll discover:

- ◆ Practical, realistic ways to live more sustainably
- ◆ Simple eco-friendly swaps for home, work & on the go
- ◆ How individual actions add up to powerful community impact
- ◆ Tips that leave you feeling empowered, informed & motivated!

Booking required: ballinasloe@galwaylibrary.ie or 091 509

Glass Painting Workshop at Ballinasloe Library



Friday 6th March 2026 3:30pm – 4:15pm Ballinasloe Library

Ballinasloe Library is excited to host a colourful and creative Glass Painting Workshop on Friday 6th March, perfect for young artists aged 9–12 years!

Booking required: ballinasloe@galwaylibrary.ie - 091 509 551

Join us for a fun, hands-on session where participants can design and paint their own vibrant glass piece to take home. Spaces are limited, so be sure to book early!

Make the Link



Starting Friday 6th March 2026

GRD are joining forces with the [Department of Social Protection](#) to hold a series of free information events on employment, education, and more for National Work and Skills Week. These events will be held at:

- The [Lough Rea Hotel & Spa](#) (Loughrea) on Friday, the 6th March, from 10am-1pm,
- The [Lady Gregory Hotel](#) (Gort) on Tuesday, the 10th March, from 10am-1pm,
- The [Ard Ri House Hotel](#) (Tuam) Thu 5th March 2026, on Wed. the 11th March from 10am-1pm,
- The [Shearwater Hotel & Spa](#) (Ballinasloe) on Thursday, the 12th March from 10am-1pm.

For more details please contact Freeda in our SICAP team on 087 367 4568

Dean an Nasc

Ag tosú Dé hAoine an 6 Márta 2026

GRD ag comhpháirtíocht le [Department of Social Protection](#) chun sraith imeachtaí faisnéise a eagrú faoi fhostaíocht, oideachas, agus níos mó. Beidh na himeachtaí ar siúl ag:

- Baile Locha Riach ([Lough Rea Hotel & Spa](#)), Dé hAoine, an 6 Márta, 10am-1pm,
- Gort Inse Guaire ([Lady Gregory Hotel](#)), Dé Máirt, 10 Márta, 10am-1pm,
- Tuaim ([Ard Ri House Hotel](#)) Thu 5th March 2026, Dé Céadaoin, 11ú Márta, 10am-1pm,
- Béal Átha na Sluaighe ([Shearwater Hotel & Spa](#)), Déardaoin, an 12ú Márta, 10am-1pm.

Le haghaidh tuilleadh sonraí, déan teagmháil le Freeda inár bhfoireann SICAP ag 087 367 4568

Forest School Leadership Certificate at Brigit's Garden



Starting in Spring 2026

Brigit's Garden is thrilled with the success of running Ireland's first Certificate in Forest School Leadership.

This award equips you with the knowledge, skills, and competence to work as a qualified Forest School Leader. The course prepares you to design and lead safe, effective Forest School programmes for children, families, and adults.

Find out more and book your place [here](#)

Sustainability and Climate Action Free Community Groups Workshops at Brigit's Garden

Sustainability and Climate Action
Free community group workshops
at Brigit's Garden

Our two-hour walkabout workshop with an expert facilitator will give your community group valuable information, tips and ideas.
See sustainability in action and discuss key issues:

Using renewable energy: Solar PV panels, a biomass (wood pellet) boiler

Going electric: Using cordless equipment e.g. garden machinery, measuring energy consumption

Saving water: Simple roof collection system

Disposing of food waste sustainably: An anaerobic digester and composting

Reducing single-use plastic: Water filling stations and more

Biodiversity in practice: Pollinator-friendly plants, native trees, wildflowers, ponds

Interested? Contact Laura:
education@brigitsgarden.ie
091 550905

SSE Electricity | Generation Green Community Fund

FREE workshops on Climate Action and Sustainability for community groups, covering renewable energy, going electric, biodiversity, food waste and more.

See sustainability in action in Brigit's Garden and get lots of tips and information. Ideal for groups thinking of applying to the Community Climate Action Fund.

Just contact Laura at 091 550 905 or adulteducation@brigitsgarden.ie

The Wheel Members - Training



Community Groups can sign up with *The Wheel* to access their free training/services.

Information on Trainings available at <https://www.wheel.ie/training>

An Cúinne Gaeilge (Irish Corner)

Sheachtain na Gaeilge 2026

Comhairle Chontae na Gaillimhe
Galway County Council

SEACHTAIN
NA GAEILGE

**CLÁR IMEACHTAÍ
CHOMHAIRLE CHONTAE
NA GAILLIMHE
1 - 17 Márta**

2 - 4 Márta
10am - 3pm
Aonach Ceardaíochta - Áras an Chontae H9IH6KX
Áit fháilteach agus dátheangach, a dhéanfaimid ceiliúradh ar an bpobal, ceardaithe áitiúla, agus earráil lámhdhéanta.

2 Márta
7pm
Club Leabhair d'fhoghlaimoírí - Súil Eile Space, Bearna H9IAKHI
Deis iontach le leabhair a léamh agus a phlé in atmaisféar neamhhoirmréalta; lascaine 10c nuair a dhéantar ordú trí Ghaeilge le linn Sheachtain na Gaeilge.

3 Márta
11am - 1pm
Giorcail Comhrá - Leabharlann Phort Omna
Bigí Linn i Leabharlann Phort Omna, áit ar féidir leat do chuid Gaeilge a chleachtadh agus a úsáid.

4 Márta
3pm - 4pm
Giorcail Comhrá - Tí Dowd, Cloch na Rón
Giorcail Comhrá i gCloch na Rón, ar siúl gach Dé Céadaoin.

4 Márta
11am/6pm
Giorcail Comhrá & Cluichí Boird - Leabharlann Bhaile Locha Riach, H62EUGI
Bí linn i leabharlann Bhaile Locha Riach le haghaidh Giorcail Comhrá agus Cluichí Boird i gcomhar le Gaeilge Locha Riach. Dhá sheisúin: 11am + 6pm

4 & 10 Márta
Scéalta Beaga ar Turas Mór ✨
Tugann Scéalta Beaga ar Turas Mór lúcháir léitheoireachta agus scéalaíochta na Gaeilge go bunscioleanna ar fud Ghaeltacht Chonamara, le scéalta beoga ar bhusteabharlann na scoileanna do ranganna sóisir agus cuairteanna spregúla ar scoileanna óna húdair do pháistí Patricia Forde agus Fearghas Mac Lochlainn do na ranganna sinsir.

Lean imeachtaí Sheachtain na Gaeilge
@galwaycountycouncil

Comhairle Chontae na Gaillimhe
Galway County Council

SEACHTAIN
NA GAEILGE

5 Márta 10am	Ciorcail Comhrá - Leabharlann an Bhaile Bháin Ait ar féidir leat do chuidí Gaeilge a chleachtadh agus a úsáid.
6 Márta 11am - 12pm	Maidín Chaife Chois Fharraige - Bláth Fiáin, An Spidéal, H91WV0X Maidín Chaife ag Fóram Chois Fharraige um Pleanáil Teanga sa Spidéal.
7 Márta 12pm	Am Scéalaíochta - Leabharlann an Bhaile Bháin Lig do scith agus éist le roinnt scéalta trí Ghaeilge i Leabharlann an Bhaile Bháin, Oiriúnach do pháistí.
8 Márta 11:30am	Scileanna Sorcais - Loughrea FRC, H62 H721 Scileanna sorcais do pháistí 4-9 bli le Stephen McGinley. Eagraithe ag Gaeilge Locha Riach.
11 Márta 11am - 2pm	Bronnadh na Scoláireachtaí Gaeltachta - Áras an Chontae H91HGKX Imeacht le hailheantais a thabhairt do bhuaiteoirí Scoláireachtaí Gaeltachta Mhic Phearais 2026 le ceol, siamsaíocht agus soláistí!
11 Márta 8pm - 9pm	Seisiún na nAmhrán - Tí Campbell, Áth Cinn H91T4A8 Tá Gaeilgeoirí Áth Cinn ag eagrú seisiúin amhránaíochta; Tar agus éist nó roinn amhrán.
12 Márta 10am	Ciorcail Comhrá - Leabharlann an Bhaile Bháin Ait tháilteach chun do chuidí Gaeilge a úsáid agus a chleachtadh.
14 Márta 12pm	Am Scéalaíochta - Leabharlann an Bhaile Bháin Lig do scith agus éist le roinnt scéalta trí Ghaeilge i Leabharlann an Bhaile Bháin, Oiriúnach do pháistí.
15 Márta 1:30pm - 4pm	Tráthnóna Amhránaíochta - Tí Campbell, Áth Cinn H91T4A8 Tá Gaeilgeoirí Áth Cinn ag eagrú: Rang Sean-nós do ghasúir 1:30-2pm; Ceardlann amhrán do dhéagóirí agus daoine fásta 2-3pm; Amhrán Sean-nós a fhoghlaim 3-4pm.

Cuirigí nasc chugainn @galwaycountycouncil maidir le himeachtaí Sheachtain na Gaeilge atá á reáchtáil agaibh

Ag tosú Dé Luain 2 Márta 2026

Beidh imeachtaí pobail, ceol, scéalta, ciorcail chomhrá, ranganna agus go leor eile ar siúl ar fud Chontae na Gaillimhe. Féach ar ár mbróisiúr agus bí linn don fhéile!

Sparánachtaí Ealaíontóirí Ealaín na Gaeltachta Fóram Taibhealaíona i mBéal Feirste



Spriocdháta ar iarratais: Luain 2 Márta 2026

Sparánachtaí Ealaíontóirí Ealaín na Gaeltachta – Fóram Taibhealaíona i mBéal Feirste

Tá áthas ar an bhFóram Taibhealaíona dul i mbun oibre le hEalaín na Gaeltachta chun sparánacht a thairiscint do chleachtóirí sna dtaibhealaíon sa Ghaeltacht, le freastal ar Chruinniú den Fóram Taibhealaíona i mBéal Feirste ar an 26 agus 27 Bealtaine 2026. Tá na céadta ealaíontóir, oibrí ealaíon agus eagraíocht ealaíon ó ionaid ealaíon agus comhlachtaí léiriúcháin, féilte agus maoinitheoirí ag teacht le chéile i mBéal Feirste ar feadh dhá lá lán le comhrá, spreagadh agus inspioráid.

Beidh sparánacht amháin ar fáil le haghaidh gach réigiún, An Mhumhan, Connacht agus Co. na Mí, Tír Chonaill. <Clúdóidh gach Sparánacht Ealaíontóra:

Ticéad chuig an bhFóram Taibhealaíona i mBéal Feirste - seisiúin uile an lae, dhá lón, dinnéar, sosanna caife

Comórtas Ealaíne do Phaisti



Satharn, an 7ú Márta, 2026 - Leabharlann an Taoibh Thia

Déanaimis Ceiliúradh ar an nGaeilge le hEalaín!

Tá Leabharlann an Taoibh Thiar ag tabhairt cuireadh do gach páiste idir sé agus dhá bhliain déag d'aois páirt a ghlacadh i gComórtas Ealaíne spráúil do Sheachtain na Gaeilge! Ba mhaith linn go gcruthóidh tú saothar ealaíne ildaite bunaithe ar do sheanfhocal Éireannach is fearr leat.

Is féidir leat líníocht, péintéireacht, colláis nó aon ábhar ealaíne eile a úsáid. Ní gá ach seanfhocal Gaeilge a roghnú agus ligean do shamhlaíocht rith fiáin!

Conas Páirt a Ghlacadh:

Tabhair do shaothar ealaíne chuig Leabharlann an Taoibh Thiar an Satharn, an 7ú Márta, 2026.

Ar chúl do shaothair ealaíne de mhéid A4, scríobh le do thoil:

•D'ainm •D'aois •An seanfhocal Gaeilge a roghnaigh tú •Sonraí teagmhála tuismitheora/cúramóra

Duaiseanna & Taispeántas:

Beidh duaiseanna ann do na hiontrálacha buaiteacha, agus taispeánfaimid na saothair bhuaiteacha go bródúil sa leabharlann le linn Sheachtain na Gaeilge.

Ní féidir linn fanacht le bhur gcuid saothar álainn spreagtha ag an nGaeilge a fheiceáil!

Sceideal Scéimeanna Maoinithe Ealaín na Gaeltachta 2026



Tá dátaí oscailte agus spriocdhátaí scéimeanna mhaoinithe Ealaín na Gaeltachta ar fáil anois don bhliain 2026. Is é 19 Eanáir dáta oscailte na scéimeanna, cé is moite den Scéim Sparánachta d'Ealaíontóirí Gaeltachta, a osclóidh ar an 2 Meitheamh.

Spriocdhátaí:

23.04.26 - Neartú (Spriocdháta 1)

16.07.26 - Scéim Sparánachta d'Ealaíontóirí Gaeltachta

23.07.26 - Scéim Forbartha na nEalaíon (Spriocdháta 2)

27.08.26 - Treisiú (Spriocdháta 2)

24.09.26 - Nearthú (Spriocdháta 2)

Beidh dhá spriocdháta ar fáil do Scéim Treisiú, Scéim Forbartha na nEalaíon agus Scéim Nearthú i rith 2026. Tá gach eolas ar scéimeanna Ealaín na Gaeltachta le fáil óna hÁisitheoirí Ealaíona agus ó fhoireann Cuisle. Cuireann muid comhairle agus tacaíocht ar fáil chomh maith, do lucht na n-ealaíon agus don phobal agus cuirimid fáilte roimh cheisteanna ar bith maidir leis na healaíona sa Ghaeltacht.

Is féidir leat teagmháil a dhéanamh linn ag ealain@udaras.ie

Beidh sonraí na scéimeanna le fáil ar www.ealain.ie

Ealaín na Gaeltachta: Scéim Síol



Spriocdhátaí: Leanúnach

Uasmhéid mhaoinithe: €1,000

Is é misean Ealaín na Gaeltachta ná na healaíona comhaimseartha agus traidisiúnta a fhorbairt agus a chur chun cinn sa Ghaeltacht. Díríonn tosaíochtaí straitéiseacha Ealaín na Gaeltachta 2023-2027 ar cheithre mhórtheideal: Pobal, Ealaíontóirí, Óige agus Eagrais. Tá Scéim Síol oscailte do ghrúpaí agus do dhaoine aonair lasmuigh de chomhthéacs oideachais foirmeálta sna ceantair Ghaeltachta. Tabharfar tús áite do thograí atá á reáchtáil go hiomlán as Gaeilge. [Léigh Tuilleadh](#)

Teagmhálacha: Ceara Conway 091 503 100 c.conway@udaras.ie

Ealaín na Gaeltachta: Scéim Oiliúna



Spriocdhátaí: Leanúnach

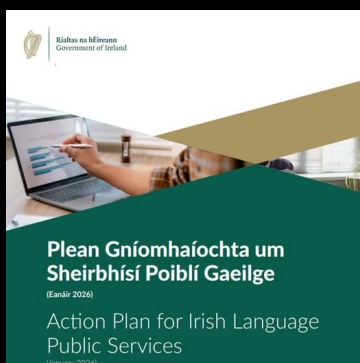
Uasmhéid mhaoinithe: €1,000

Tá an Scéim Oiliúna oscailte d'ealaíontóirí, d'eagrais nó do dhaoine aonair atá ag forbairt nó ag cur chun cinn na n-ealaíon sa Ghaeltacht. Tacaíonn an Scéim le deiseanna oiliúna agus traenála a bhaineann le cleachtas agus le gairm sna healaíona a fhorbairt agus le deiseanna um chumasú agus dea-chleachtas a fhorbairt in earnáil na n-ealaíon sa Ghaeltacht. Tacaíonn an Scéim le hoiliúint ghairmiúil nó le caighdeán gairmiúil a bhaint amach.

[Léigh Tuilleadh](#)

Teagmhálacha: Ceara Conway 091 503 100 c.conway@udaras.ie

Plean Gníomhaíochta um Sheirbhísí Poiblí Gaeilge 2026-2028



Tá Plean Gníomhaíochta do Sheirbhísí Poiblí na Gaeilge 2026-2028 foilsithe ag an Roinn Forbartha Tuaithe agus Pobail agus na Gaeltacht. Cuideoidh an plean le normalú na Gaeilge agus cuirfear í ag croílár na seirbhíse poiblí, ag cumasú do chainteoirí na teanga í a úsáid agus iad ag déanamh éileamh ar sheirbhísí.

[Léigh tuilleadh](#)

Supports & Resources

Living Well



Living Well
A programme for adults with long-term health conditions

Living Well is a free group programme for adults living with any long-term or chronic health condition. It takes place over six weekly workshops (6 x 2.5 hours) – either online or in-person. It is delivered by trained leaders, most of whom are also living with a long-term health condition.

You will develop self-management skills and confidence to live well with your health conditions. You will also meet other people who live with long-term health conditions and learn from each other's experiences.

Upcoming Living Well Programmes

Venue	Day	Start date	Finish date	Time
Westside, Galway City	Wednesdays	4 th March 2026	08 th April 2026	10.30am – 1.00pm
Ballybane, Galway City	Thursdays	23 rd April 2026	28 th May 2026	10.30am – 1.00pm

To book your place contact

Name: Martha McTigue
Phone: 086 0142688
Email: mmctigue@southmayo.com
www.hse.ie/LivingWell

*Long-term health conditions include (but are not limited to) COPD, asthma, diabetes, stroke, heart conditions, multiple sclerosis (MS), arthritis, cancer, Crohn's disease, chronic pain and depression.



Living Well is an SMRC Evidence Based Self-Management Programme originally developed at Stanford University.

Starting Wednesday 4th March from 10:30am to 1pm Westside, Galway City

Living Well Programme coming to Westside in March. This is a free group programme aimed to help people manage their long-term health conditions and improve their wellbeing. Anyone with any chronic illness such as diabetes, arthritis, COPD, cardiac illness, anxiety, etc. can benefit from these workshops. The programme will be delivered by trained facilitators once a week, over a 6-week period in a friendly and supportive setting. Contact Martha McTigue 086 014 2688

Think Smart

Cyber Safety and Mindset Community Talk

THINK SMART
COLLECTIVELY PROTECTING
OUR YOUTH ONLINE





THINK SMART
MULTI AWARD-WINNING
CYBER SAFETY AND MINDSET COMMUNITY TALK
(FOR PARENTS, GUARDIANS, TEACHERS & YOUTH WORKERS)

IS COMING TO ROSSCAHILL !

HOSTED BY:
ST ANNIN'S SMARTPHONE FREE CHILDHOOD INITIATIVE

DELIVERED BY AOIFE NOONE,
CYBER SECURITY AND MINDSET EXPERT

**Killannin Community Centre,
H91 N5DC** **Thur Mar 5th 2026
7:30PM - 9:30PM**

WITH SPECIAL EXPERT GUEST SPEAKERS: Use QR Code here to book:

- A Detective Garda from
The Garda National Cyber Crime Bureau
- A Child & Adolescent Therapist and Parents Mentor,
from Solas Play Therapy

Free resources and tools to help protect your family
provided by CISCO

<https://www.thinksmartyber.com> Or go to our website or instagram below
@thinksmartyber

Thursday 5th March from 7:30 pm to 9:30 pm - Killannin Community Centre, Ireland, H91 N5DC

Cyber Safety Community Talk for Parents, Guardians, Teachers and Coaches/Youth Workers.

The Think Smart Cyber Safety Initiative is a multi-award-winning programme dedicated to safeguarding the mental health, education, and future of our young people in County Galway.

We are bringing the Think Smart Collaborative community talk to the communities of Rosscahill, Oughterard and Moycullen. This event will bring together parents, educators, and community leaders to address the growing risks our youth face daily while using smart devices and social media.

Read more and book your place [here](#).

New AsIAM Community Support Hub for Galway, Mayo & Roscommon



Upcoming information sessions

We are delighted to announce a range of information sessions taking place at our Community Hub throughout February and March. Full details on dates, times and topics are outlined below. To ensure you have a place, please book in advance by scanning the QR code below. We look forward to welcoming you and hope you'll be able to join us.

Location: Unit 1 & 2 Liosbaun House, Liosbaun Business Park, Tuam Road, Galway, H91 795V

<p>February</p> <div style="border: 1px solid black; padding: 5px; width: 80%; margin: 10px auto;"> <p>Parents of Autistic Children & Teens Coffee Morning - Balancing Sibling Needs Date: Monday 9th February Time: 11am - 12:30pm</p> </div>	<p>March</p> <div style="border: 1px solid black; padding: 5px; width: 80%; margin: 10px auto;"> <p>Parents of Autistic Teens Coffee Morning - Supporting Autistic Identity Date: Thursday 5th March Time: 11:30am - 1pm</p> </div>
<p>Booking Link: To book in a space to attend any of these talks, scan the QR code or visit www.asiam.ie. If you have any queries about our support, you can contact us at CSH@asiam.ie. AsIAM also operates a national Information Line support, available by calling 0800 224 224 or visit AsIAM.ie</p> <div style="border: 1px solid black; padding: 5px; width: 80%; margin: 10px auto;"> <p>Parents of Autistic Children and Teens Coffee Morning - Knowing your child's educational rights Date: Monday 9th March Time: 11am - 12:30pm</p> </div>	<div style="border: 1px solid black; padding: 5px; width: 80%; margin: 10px auto;"> <p>Parents of Autistic Children & Teens Coffee Morning - Intro to Alternative Augmentative Communication (AAC) Date: Monday 23rd March Time: 11am - 12:30pm</p> </div>

SCAN HERE



Upcoming information sessions: Thursday 5th March 11:30am - 1pm

Mondays 9th & 23rd March 11am - 12:30pm - Unit 1 & 2, Liosbaun House, Tuam Road, Galway

Ireland's autism charity, AsIAM, has opened a new Community Support Hub, serving the counties of Galway, Mayo and Roscommon and offering free supports for autistic adults and parents/caregivers of autistic individuals. The hub is located at Unit 1 & 2, Liosbaun House, Tuam Road, Galway, H91 795V with on-site parking available for service users. A series of information sessions is taking place throughout March to address such topics as: Supporting Autistic Identity, Knowing your Child's Educational Rights, Introduction to Alternative Augmentative Communication. [Read more](#).

Helium - FREE Art Workshops



friends
the real deal

**FREE Art Workshops
GALWAY**

✓ For young people with long-term physical health conditions
✓ Medical support onsite

Ages 8-12
6 Saturday Workshops
28 Feb - 28 Mar
St Joseph's Community Centre,
Shantalla

Book Today
helium.ie

Ages 13-16
Youth Saturday Meet-Ups
21 Feb, 21 Mar, 18 Apr, 16 May.
St Joseph's Community Centre,
Shantalla

Starting: 7th March 2026

Bookings are now open for Helium's FREE workshops in GALWAY for children and young people with long-term physical health conditions. **BOOK TODAY** at helium.ie

Spring Saturdays: St Joseph's Community Centre, Shantalla (21 March: Westside Resource Centre, 11 a.m.) Ages: 8-12 Workshop Dates: 7th, 14th, 21st & 28th March 2026.

Youth Meet-Up's: St Joseph's Community Centre, Shantalla Ages: 13-16 years Workshop Dates: 21st March, 18th April, 16th May 2026

Empowering Women's Health



Empowering Women's Health
Perimenopause - Menopause - Postmenopause

Wednesdays 10.30am - 12.30pm **Free Workshops**

Week One - 11th March

Rolish Fouty Occupational Therapist
Sleep Hygiene & Healthy Ageing

Lisa Berry Yoga Teacher
Yoga for Wellbeing and Resilience

Eileen Keane Psychotherapist
Mind-Body Connection in Mid Life

Week Two - 18th March

Nigel Plummer Physiotherapist
Exercise Therapy

M. N' Chongalle Breathwork Facilitator
Breathwork

Orlaith Kilgannon Physiotherapist
Pelvic Health

Week Three - 25th March

Geraldine Connolly Consultant OBGYN
Women's Health

Dr. Maria Kearney Fitness Expert
Resistance Training

Aisling Shedker Clinical & Sports Nutrition Dietitian
Nutrition

Join us for live streamed talks & practical demos, broadcast to communities across County Galway.

Register Now by visiting linktr.ee/healthycountygalway, scanning the QR code, or emailing grankin@galwaycoco.ie





Empowering Women's Health
Perimenopause - Menopause - Postmenopause

Join us for **FREE** live streamed talks & practical demos, broadcast to communities across County Galway.

Wednesdays 11th, 18th, 25th March 10.30am - 12.30pm

Venues Across County Galway

- Comhar Caomhán, Inis Oirr
- Inishbofin Community Centre
- Comharcumann Forbartha Arann, Arainn
- Comhlacht Forbartha Inis Meáin
- Clann Resource Centre, Oughterard H91 X9D5
- Ard Ri House Hotel, Tuam H54 V267
- Moyculen Community Centre
- Ballyglunin Train Station, Station House, H54 D863
- Solas FRC, Headford, H91 H6H0
- Clifden Public Library, H71 Y892
- Ionad Cultúrtha an Phiarsaigh, Ros Muc, H91 DW9A
- SCCUL Sanctuary, Clarinbridge, H91 RH44
- Lackagh Heritage Centre and Museum, Turloughmore, H65 H578
- Muinntreas Teo, Tír an Fhía, Leitir Mór, H91 YE66
- Unit 8 Clonberne Community Enterprise Centre, Ballinasloe H53 YC65
- Churchview, Vicar Street, Tuam H54 EY24
- Charmaine Flaherty Diamond Hill Community Centre H91 R81C

Register Now by visiting linktr.ee/healthycountygalway, scanning the QR code, or emailing grankin@galwaycoco.ie




hi
Perimenopause - Menopause - Postmenopause

Cumhachtú Sláinte na mBan
Perimenopause - Menopause - Postmenopause

Gach Céadaoin 10.30m - 12.30m

Seachtain a hAon - 11 Márta

Róisín Fouchy
Sláinteoir
Codiata
Codiadh agus Aosa Sláintúil

Lisa Berry
Múinteoir Yoga
Yoga le haghaidh Ioláine

Eileen Keane
Sicéiteiripeoir
Nasc Intinne agus Coirp

Seachtain a Dó - 18 Márta

Nigel Plummer
Fisiteiripeoir
Teiripe Aclaíochta

M. Ní
Choncaille Eascaitheoir Anála
Obair Anála

Orlaith
Kilgannon
Fisiteiripeoir
Sláinte Peilbheach

Seachtain a Trí - 25 Márta

Geraldine Connolly
Comhairteoir OBGYN
Sláinte na mBan

Dr. María Kearney
Saineolaí Aclaíochta
Treenáil Fíriúlaíochta

Aisling Sradacker
Dialéiteach Cliniciúil & Spóirt
Cothú

Bigí linn do phlé painéil beo agus taispeántais phraictiúla, craolta chuig pobail ar fud Chontae na Gaillimhe.

Cléirigh Anois trí chuir a fhábhairt ar [linktr.ee/healthycountygalway](https://healthycountygalway.com), on cód QR a scanadh, nó riomphost a sheoladh chuig arankin@galwaycoco.ie




Wednesdays 11th, 18th and 25th March 2026 from 10:30am to 12:30pm

This countywide initiative aims to support women's health and wellbeing by offering accessible sessions delivered in person, with guest speakers providing their talks or demonstrations via live stream. Each facilitator will host the programme at their designated venue (full list of venues is shown on the posters above), ensuring that women in all communities can participate locally.

The programme will run across multiple locations throughout March, with sessions focusing on key aspects of women's health, wellbeing, and community connection. Contact arankin@galwaycoco.ie

Connect Cafe'



Galway Volunteer Centre
Ionad d'Obair Dheonach na Gaillimhe

Connect Café

Volunteering in the Community

Learn how volunteering strengthens our community

12th March | 1-3pm
at Diamond Hill Community Centre
H91 R81C
All welcome

Tea & coffee will be available



Contact **Edel Kavanagh**, Support Officer with Galway Volunteer Centre on edel@volunteergalway.ie

Thursday 12th March 2026 1pm - 3pm Diamond Hill Community Centre, Letterfrack H91 R81C

Connect Cafe', Volunteering in the Community. Contact Edel Kavanagh if you have any queries edel@volunteergalway.ie

9th AMDAF WOMEN ROUNDTABLE 2026

9th AMDAF & Intercultural EPIC Awards

AMDALAH
AFRICA FOUNDATION
...Leave no one behind

Theme: **GIVE TO GAIN**

Roundtable a National Women Gathering for Issues that Matter

MEET OUR KEYNOTE SPEAKER

We are proud to introduce Dr. Mamobo Ogoro as a Keynote Speaker at AWR 2026. Dr. Ogoro is a Nigerian-Irish social psychologist and multi-award-winning social entrepreneur; the first Sanctuary PhD Fellow at the University of Limerick, specialising in inter-group relations and psycho-social support for marginalised communities. She is also the Founder & CEO of GORM Media.

AMDAF Integration Community Dialogue Project 2026. Proudly funded by:

An Roinn Dlí agus Cirt, Gnóthaí Baile agus Imirce
Department of Justice, Home Affairs and Migration

Free event. Scan to Register

Partnering with:

DR. MAMOBO Ogoro

ACTIVE IRON
Love & Care for People
Employment & Disability Project

Lunwoods

Cam 2026
We are all in it together

Saturday 14th March 2026
2.00 PM - 8.00PM

Ardilaun Hotel Galway H91 H29F

Enquiries: info.amdaf@gmail.com




Saturday 14th March 2026 14:00 - 20:00 Ardilaun Hotel, H91 H29F - FREE ADMISSION

The AMDAF Women Roundtable brings together women from diverse backgrounds to engage in meaningful dialogue, build strong networks, and explore practical solutions to the challenges affecting women in our communities. This year's theme, "Give to Gain," celebrates collective empowerment, shared leadership, and the power of investing in women and communities for lasting impact. Free admission, register here to attend: [Select tickets – 9th AMDAF WOMEN ROUNDTABLE 2026 – ARDILAUN HOTEL GALWAY](#)

Cycle Against Suicide - 'Win a Shed' Raffle

CYCLE AGAINST SUICIDE

WIN A SHED

Support mental health and be in with a chance to win a 9m x 12m shed valued at over €23,500 in our Cycle Against Suicide charity raffle!

All proceeds go toward Cycle Against Suicide's vital mental health initiatives across Ireland.

Buy your tickets today:
WWW.CYCLEAGAINSTSUICIDE.COM/WIN-A-SHED-RAFFLE/



Image for illustration purposes only CHY NO: CHY20867

Winner Announced: St. Patrick's Day, 17th March 2026 at 6pm

Support mental health and be in with a chance to **win a stunning shed valued at over €23,500** in the *Cycle Against Suicide* charity raffle! All proceeds go toward Cycle Against Suicide's vital mental health initiatives across Ireland. Support the vital work the charity does in mental health and suicide prevention! Buy a ticket here: <https://www.cycleagainstsucide.com/win-a-shed-affle/>

Patient Moving and Handling

Patient Moving and Handling


If you are a family carer, caring for someone that you need to move or transfer, this training will equip you with invaluable techniques to protect you from physical injury now and in the future.



**Wednesday
18th March**

10am-3.30pm

Maldron Hotel
Oranmore Galway
Carrowmoneash,
Oranmore, Co.
Galway, H91 K7FA

 **Light lunch
included**

To secure your FREE place:
Please contact Michelle at
training@familycarers.ie / 061 517627



www.familycarers.ie | Freephone Carline 1800 24 07 24



Wednesday 18th March 2026 10:30AM - 3:30pm Maldron Hotel, Carrowmoneash, Oranmore

To secure your FREE place, please contact Michelle at training@familycarers.ie or 061 517 627.

An Mheitheal Rothar's Community Workshop Bike Maintenance Basics / Rang Cothabhála Rothar



BIKE MAINTENANCE BASICS

Our workshop will teach you the essentials of bike maintenance, to help you keep your bike running smoothly!

**An Mheitheal Rothar
Community Workshop**

University Road, Galway,
H91 EF83

Dates:

- 27th January
- 24th February
- 24th March

Time: 18:30 - 20:00

www.anmheithealrothar.ie

Next date coming up: Tuesday 24th March 2026 6.30pm - 8pm

An Mheitheal Rothar Community Bike Workshop, Block R, University Road, Galway H91EF83

Bike Maintenance Basics

An Mheitheal Rothar's Workshop will teach you the essentials of bike maintenance, to help you keep your bike running smoothly! It's on at 6pm on Tuesday 24th and costs just €10. Bring your own bike!

Sign up here: <https://www.anmheithealrothar.ie/bikemaintenancebasics>

Rang Cothabhála Rothar

Tabharfaidh ceardlann An Mheitheal Rothar bunscileanna cothabhála rothar duit go mbeidh tú in ann do rothar a choinneáil ag rothlú go réidh! Beidh an cheardlann ar siúl ag 6pm Dé Máirt an 24ú agus ní chosnóidh sé ach €10. Tabhair leat do rothar féin!

Cláraigh anseo: <https://www.anmheithealrothar.ie/bikemaintenancebasics>

Starting Solid Foods

Starting Solid Foods Babies welcome!

Are you starting your baby on solid food or planning to start soon?

Join one of these in person workshops to learn more, and have your questions answered by a member of the HSE Community Nutrition & Dietetic Team.

Find out how, when and what to feed your baby

Ballybane Library
2026
10.30am-12pm
Tuesdays
24th February
28th April
16th June
Registration Essential
Please email: ballybane@galwaylibrary.ie

Westside Library
2026
10.30am-12pm
29th January
25th February
26th March
WayfairHouse, Tuam Rd
30th April
22nd May
22nd June
Registration Essential
Please scan QR code or [click here](#)

Next date coming up: Tuesday 26th March 2026 10.30am - 12pm

Westside Library Seamus Quirke Road, Galway H91 Y067

Thinking about starting your baby on solid foods? Join one of our upcoming workshops for reliable advice and support from the HSE Community Nutrition & Dietetic Team.

Whether you're a first-time parent or looking for some fresh ideas, these events are perfect for getting tips and tricks on introducing solids to your little one. The experts will share practical advice, answer your burning questions, and provide resources to make this transition as smooth as possible.

To check more dates available and to register, please click [here](#)

Become an LGBT Champions Programme

BECOME AN LGBT CHAMPION
Be the champion older LGBTQI+ people deserve
For health and social care professionals working with older people

WHY IT MATTERS

- Older LGBTQI+ people are more likely to live alone, face isolation, and fear discrimination in care settings.
- Many worry about being forced "back into the closet" when accessing care and support.
- Understanding lived experience is vital to ensuring dignity, safety, and inclusion in later life.

WHAT THE PROGRAMME OFFERS

LGBT Ireland's Online Champions Training Programme equips health and social care professionals with:

- Expert-led, practical training
- Tools to create safer, more inclusive services
- Resources to support LGBTQI+ older people with dignity and respect
- Guidance to embed inclusive practice across teams and organisations

"Participation in the LGBT Champions Training Programme is an absolute must for any organisation striving to become an ally to the LGBTQI+ community."
LGBT Champion Participant

START NOW!
Scan the QR Code to apply
OR email james@lgbt.ie for details.

UPCOMING ONLINE TRAINING DATES (1-5pm)

- Wed 26 Feb 2026
- Thurs 26 Mar 2026
- Wed 29 Apr 2026
- Wed 27 May 2026

LIMITED PLACES AVAILABLE

Next dates coming up: Thursday 26th March, Wednesday 29th April, Wednesday 27th May 2026 Online from 1pm to 5pm

LGBT Ireland has just confirmed the first new dates for 2026 for the LGBT Champions Programme.

LGBT Ireland's Online LGBT Champions Training Programme supports health and social care professionals to provide safer, more inclusive care for LGBTQI+ older people.

Older LGBTQI+ people are more likely to live alone, experience isolation, and fear discrimination in care settings. Many worry about being forced "back into the closet" when seeking support. The Champions Programme offers practical, evidence-informed training and resources to help services respond with dignity, confidence, and respect.

People can apply by: Scanning the QR code on the attached poster, completing the online application here:

<https://docs.google.com/.../1FAIpQLSc7cHJ8UIPLXw.../viewform> or emailing james@lgbt.ie for more information



From Thursday 18th to Sunday 21st June 2026

Looking for a positive and meaningful way to make an impact this summer?

Special Olympics Ireland is now recruiting volunteers for the Ireland Summer Games, 18–21 June!

Join the team that brings Ireland's largest inclusive sporting event to life. With over 1,200 athletes and 6,000 fans, this is your chance to be part of something truly unforgettable.

Sign up today: www.irelandgames.ie/volunteer

Empowering Parents. Supporting Children. Building Community.



Did you know? There are 121 Family Resource Centres across communities in Ireland offering free and inclusive supports for parents and children. FRCs provide “help for all, and more help for those who need it” — from practical parenting supports to parent & toddler groups, home visiting, and evidence based programmes like Parents Plus, Circle of Security, Infant Massage, and more.

If you're looking for support or want to connect with your local centre, visit www.familyresource.ie

HSE SOCIAL INCLUSION BOTP SUPPORT

Who do we support?
Individuals residing in UCTAT Accommodation/ Congregated settings and those living with chronic health conditions.

Olga 087 186 3815



Community clinics are no longer available. For all inquiries, please contact Olga.



Підтримка BOTP HSE SOCIAL INCLUSION


Кому ми надаємо підтримку?
Людям, які проживають у місцях наданих державою (житло надане UCTAT) та особам із хронічними захворюваннями

Ольга 087 186 3815

Кліники більше не працюють. З усіх питань телефонуйте до Ольги.

Support for individuals residing in UCTAT Accommodation/ Congregated settings and those living with chronic health conditions. For all inquires, please call Olga 087 186 3815

"Health, Home and Your Environment" Free information and advice clinics




Our Health, Home and Your Environment clinics are for your concerns about:

- The quality of the air inside your home and outdoors
- Water quality in your home
- Access to green space
- Water pollution (rivers, lakes, groundwater or coastal)
- Biodiversity loss
- The impacts of climate change affecting you and your community

Northside Civic Centre, Bunratty Road, Coolock, Dublin 17, D17 K662
 01 - 847 7804
 info@communitylawandmediation.ie
 www.communitylawandmediation.ie

To book, fill out our booking form and mention our new environmental clinic.



SCAN ME

Community Law & Mediation's Centre for Environmental Justice is running monthly free information and advice clinics on how to address environmental harms and protect biodiversity. The 'Health, Home and Your Environment' free information and advice clinic aims to empower you with the information needed to act for a just solution that ensures the health of you, your home, and your community. To book into a clinic, fill out the below form, mentioning our environmental clinic:

<https://tinyurl.com/yb6xjxmf>

Jumpstart



**Jump
START**

Jumpstart Your Future

Are you 15 to 25 years old, not in school, training or working, but thinking about making a change? The **Jumpstart** app is here to help

- Discover learning that fits your lifestyle
- Build skills employers are looking for
- Understand your strengths better
- Take control of your next step—your way
- GRETB Digital badge on course completion

gretb
 West Midlands Region
 Higher Education
 Galway and Roscommon
 Education and Training Board

www.gretb.ie/jumpstart
 Email: jumpstart@gretb.ie

New Paths, Bright Futures

'Jumpstart' is a new digital learning initiative developed by GRETB to support young people aged 15 to 25 who are currently not engaged in education or training.

Jumpstart is delivered through a dedicated mobile application; registered participants can access learning at a time to suit their circumstances.

There are no formal examinations or assignments; instead, learners are asked to commit to active engagement with the content.

For further information email: jumpstart@gretb.ie or visit <https://gretb.ie/jumpstart/>



**Jump
START**

Déan Jumpstart ar Do Thodhchaí

An idir 15 agus 25 bliain d'aois thú, gan a bheith i láthair ar scoil, nó i mbun oiliúint nó cúrsaí oibre? An bhfuil athrú ar intinn agat? Tá aip **Jumpstart** anseo chun cuidiú leat.

- Faigh amach faoi chúrsaí foghlama atá feilúnach duitse
- Foghlaim scileanna atá á lorg ag fostóirí
- Faigh tuiscint níos fearr ar do chuid buanna
- Beir smacht ar do chéad chéim eile – ar do bhealach féin
- Sualtheantas digiteach GRETB tar éis an chúrsa a chur i gcrích

gretb
 West Midlands Region
 Higher Education
 Galway and Roscommon
 Education and Training Board

www.gretb.ie/jumpstart
 Email: jumpstart@gretb.ie

Conairí Nua, Saolta Maithe a bheith i ndán dó

Is tionscnamh foghlama digiteach nua é 'Jumpstart' atá forbartha ag GRETB chun tacú le daoine óga idir 15 agus 25 bliana d'aois nach bhfuil i mbun cúrsaí oideachais ná oiliúna faoi láthair. Cuirtear Jumpstart ar fáil trí aip shoghluaiste, is féidir le rannpháirtithe atá cláraithe rochtain a fháil ar fhoghlaim ag am a oireann dóibh féin. Níl aon scrúduithe ná tascanna foirmiúla ann; ina ionad sin, iarrtar ar fhoghlaimoirí gealltanais a thabhairt go mbeidh siad rannpháirteach go gníomhach san ábhar.

Tuilleadh eolais anseo: <https://gretb.ie/ga/jumpstart/> nó seol ríomhphost chuig: jumpstart@gretb.ie

University of Galway and University of Galway Students' Union
Free Period Products / Táirgí Míostraithe Saor in Aisce



Free Period Products | Táirgí Míostraithe Saor in Aisce now available from:

- ◆ Áras na Mac Léinn (SU Office + Ladies toilet ground floor)
- ◆ Áras Moyola (Ladies toilet ground floor)
- ◆ Library Basement (SU Cloakroom, SU Síbín + Ladies toilet ground floor)
- ◆ Engineering Building (Foyer)
- ◆ Arts/Science Concourse (Beside Student Enquiry Centre)
- ◆ Arts Millennium Building (Ladies toilet ground floor)

Please take only what you need! [Read more](#)

OCO Survey on Extremism, Discrimination and Gender Roles



A new survey from the Ombudsman for Children's Office (OCO) shines a light for the first time on the impact on children of a rise in extremism, discrimination and shifting attitudes toward gender roles. Read the full report [HERE](#)

OOL Antoisceachas, Irdhealú agus Róil Inscne



Tá daoine óga breá eolach ar leithcheal, ar antoisceachas agus ar róil 'thraidisiúnta' inscne de réir suirbhé nua ó Oifig an Ombudsman do Leanaí (OOL). Léigh an tuarascáil iomlán [ANSEO](#)



AsI Am IRELAND'S AUTISM CHARITY

COMMUNITY HUB
One Stop Shop 1
(Galway, Mayo, Roscommon)

Supported By: **HSE**



AsI Am's Community Hub - One Stop Shop 1
is now welcoming bookings for the
in-person Information and Advice service

www.asiam.ie/what-we-do/community-hubs

Community Hub OSS1 offers support on Autism-related topics such as understanding a diagnosis, daily living, wellbeing, education, employment, housing, social welfare and more.

Autistic adults and parents/caregivers can now book a 40-minute session [here](#)

Traveller Counselling Service - Toire



Free Counselling for the Traveller community in Galway with the Traveller Counselling Service

The Traveller Counselling Service has partnered with TORIE Counselling to provide **free counselling** for the Traveller community in Galway.

The counselling service uses a culturally inclusive framework that respects Traveller culture, identity and values.

The counselling sessions can be done in person, over the phone, or over video. It is not a crisis/emergency service


086 308 1476
087 637 9074
01 868 5761














Are you part of the Traveller Community and need to talk to someone?

The Traveller Counselling Service, partnering with Toire, are offering a free counselling service to the Traveller community in Galway. For more information call 086 308 1476 or 087 637 9074 or 018 685 761

HSE Winter Preparedness Signposting



Winter Preparedness Signposting

<p>HSE Resources</p> <p>HSE Health App The HSE Health App is a secure way to:</p> <ul style="list-style-type: none"> • access HSE information • find Health Services • keep and find personal health information <p>Visit www2.hse.ie/health-app/ for more information on the App</p> 	<p>Advocacy</p> <p>Safeguarding Ireland Safeguarding Ireland promotes safeguarding of adults who may be vulnerable to protect them from all forms of abuse by persons, organisations and institutions</p> <p>Email: info@safeguardingireland.org Visit: www.safeguardingireland.org</p> 
<p>Health Promotion</p> <p>For health information leaflets on Alcohol, Healthy Eating, Physical Activity or Quitting Smoking visit www.healthpromotion.ie</p> 	<p>Sage Advocacy Sage Advocacy is the National Advocacy Service for Older people. It works to ensure that people have easy access to information, support, independent advocacy and safeguarding services in all settings.</p> <p>Phone: 01 536 7330 Email: info@sageadvocacy.ie Visit: www.sageadvocacy.ie</p> 
<p>My Medicines List</p> <p>My Medicines List is a form that lists all the medicines and supplements patients are prescribed. The My Medicines List can be print from www.hse.ie/safermeds/ or patients ask for a copy at their local pharmacy.</p> 	<p>Decision Support Service</p> <p>The Decision Support Service provide a service for people who need support to make certain decisions (such as where you live, medical treatment options etc.). This includes people who would like to plan ahead for the future.</p> <p>Phone: 01 211 9750 Email: queries@decisionsupportservice.ie Visit: www.decisionsupportservice.ie</p> 
<p>Home Support Service for Older People</p> <p>Aims to support older people to remain in their own homes for as long as possible and to support informal carers. For more information on how to apply, scan the QR code or go to the following website: https://www.hse.ie/eng/home-support-services/apply-for-home-support-services/apply-for-home-support-services.html</p> 	<p>Community Supports</p> <p>ALONE ALONE is a National Organisation that enables older people to age at home and also provides:</p> <ul style="list-style-type: none"> • Telephone Support & Befriending Services • Assistive Technology • Social Prescription • Support Coordination <p>Referrals to ALONE can be made through an online referral form available at www.alone.ie/make-a-referral or through the National Support and Referral Line: 0818 222 024</p> 
<p>Fair Deal Scheme</p> <p>The Fair Deal Scheme is a government-funded nursing home support programme where individuals contribute a means-tested, fixed amount toward long-term care costs, and the HSE pays the remaining balance. To find more information on applying, scan the QR code or visit the website by following this link: https://www2.hse.ie/services/schemes-allowances/fair-deal-scheme/about/</p> 	<p>Alzheimer's Society of Ireland</p> <p>The ASI works across the country in the heart of local communities, providing dementia-specific services and supports and advocating for the rights and needs of all people living with dementia and their carers.</p> <p>National Helpline Service: 1800 341 341 (Open 6 days a week)</p> 
<p>Local Services & Supports</p> <p>To find details of all the Older People Services provided where you live, please scan the QR code or visit the website at the following: https://www.hse.ie/eng/services/list/4/older-people/mao-older.html</p> 	

HSE Winter Preparedness Signposting

Community Supports (Continued)

COPD Support Ireland
 COPD Support Ireland is the national charity supporting people living with COPD and their carers, uniting local support groups across Ireland to provide advocacy and assistance.
General Enquiries: 01 539 2181
Email: info@copd.ie

Family Carers Ireland
 Family Carers Ireland benefit the community by supporting the health and wellbeing of family carers and those for whom they care.
National Careline Service: 1800 240 724
 (Mon – Thurs: 9am to 5:30pm)
 (Fri: 9am to 5pm)

Age Friendly Homes
 The Healthy Age Friendly Homes Programme aims to support older people to live in their own home with dignity and independence for as long as possible.
Phone: 046 924 8899
Email: healthyagefriendlyhomes@meathcoco.ie
Visit: www.agefriendlyhomes.ie

Asthma Society of Ireland
 The national representative body for people with asthma strives to be the authentic voice of the 450,000 people with asthma in Ireland, representing their views and interests with policy and change makers at all levels.
Asthma Advice Line: 1800 445 464

Care Alliance Ireland
 Care Alliance Ireland work with organisations to provide better information and supports to family carers, providing opportunities for collaboration on family carer initiatives.
National Careline Service: 01 874 7776
Email: info@carealliance.ie

Mental Health & Wellbeing

Yourmentalhealth.ie
 Website with information and advice about your mental health and wellbeing including services and supports available to you.
Confidential Helpline: 1800 111 888

Social Prescribing
 Social Prescribers link people into local community-based activities and supports to help maintain positive mental health and wellbeing.
allirelandsocialprescribing.ie

Samaritans
 Samaritans is a charity in Ireland offering emotional support 24 hours a day, 365 days a year, to anyone who is in distress, lonely, struggling to cope or feeling suicidal.
Free phone: 116 123
Email: jo@samaritans.org

Citizens Information
 Citizens Information Ireland is Ireland's national, free, and independent public information service, providing comprehensive, easy-to-understand advice on social services, entitlements, and rights.
Website: citizensinformation.ie
National Phone Service: 0818 07 4000

For Staff Use Only

HSE Area Finder
 HSE Area Finder is a tool designed to support healthcare professionals streamline patient care and enhance the quality of healthcare services. It provides healthcare professionals with a point of contact for primary care and community services, based on Eircode and Address.

**Intended for use by Health Professionals only*

Important Winter Preparedness resources and supports. Scan QR codes for more detailed information.

Galway Rape Crisis Center's (GRCC)



The Galway Rape Crisis Centre (GRCC) offers face-to-face counselling, support, advocacy and information to anyone who has experienced rape, sexual assault or childhood sexual abuse, whether the incident happened recently or in the past. [Read more](#)
 HELPLINE: 1800 355 355 helpline@grcc.ie

Esker House Domestic Abuse Support Service



1800 66 22 88
 Is a 24-hour freephone helpline. We support women and children impacted by domestic abuse through: crisis accommodation and refuge, emotional support and advocacy, court accompaniment, safety planning and referrals, community-based support. [Read more](#)

Belong To & Pieta
Counselling Service for LGBTQ+

Supporting LGBTQ+ youth across Ireland

We're here to offer you:

- Support
- Information
- A listening ear
- Acceptance
- Community

Take what you need | belongto.org

Talk to our [Youth Workers](#) if you need support.
 Our [Crisis Counselling Service](#) with Pieta is always available.
 Our [online group for new members](#) is back

Men's Mental Health Support

Don't put off getting support

Find free counselling and confidential phone support at

Every man can face challenges with his mental health. Talking about it can make things feel a little easier. [Read More](#)

Social Prescribing

Social Prescribing

Connecting YOU to your local community

If you live near, Tuam, Athlery or Loughrea and need some support to connect to local groups, this service is for you. For more information:

Contact: **Katie Grant**
 Social Prescribing Coordinator

Phone: 091 844 335
 087 4759547

Email: katiegrant@grd.ie

Website: www.grd.ie

📞 087 475 9547 katiegrant@grd.ie

Support Numbers

Support Numbers
 Emergency Number: 999/112

- THE SAMARITANS**
116 123
Email: jo@samaritans.ie
- ALONE**
0818 222 024
www.alone.ie
- AWARE**
1800 80 48 48
- CHILDLINE**
1800 666 666
Instant messaging: www.childline.ie
- NATIONAL RAPE CRISIS HELPLINE**
1800 778 888
- MABS**
MONEY, SUBSTANCE USE AND GAMING CARES
0761 072 000
- GAMBLING CARE**
1800 936 725
www.gamblingcare.ie
- PIETA**
Text "HELP" to 51444
1800 247 247
Galway: 091 502921
- SpunOut: text about it**
Text "Hello" to 50808
www.text50808.ie
- YourMentalHealth,(HSE)**
Freephone: 1800 111 888
- Men's Development Network**
1800 816 588
- Women's Aid**
1800 341 900
- HSE; DRUGS & ALCOHOL HELPLINE**
1800 459 459
- National LGBT+ Helpline**
1890 929 539

Please Reach Out.

Please Reach Out

Rainbows Ireland
Supporting Children and Young People with
Behavioural and Parental Separation

The Rainbows programmes will start in
on **March 2025** **FDC, Galway Social Services**

Rainbows Group support provides:

- A 7-week learning, group support programme for children and young people with Behavioural and Parental Separation.
- Children and young people of a similar age than Yours.
- Separate groups are formed for Behavioural and Parental Separation.
- Rainbows provides a safe space to talk about difficult feelings/not controlling, manage or use to one support.

For further enquiries or to email your child, please contact:
Una Murphy on 085 1702530 or email rainbowsballinasloe@gmail.com

For more information:
085 170 2530

TÚSLA
NUIÁL SPÓRDA
085 170 2530

☎ 085 170 2530 rainbowsballinasloe@gmail.com

Macra Club

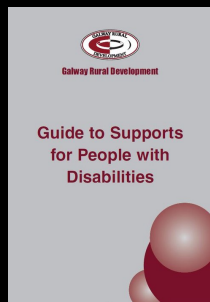
WANT A MACRA CLUB IN YOUR AREA?

- 10 people to get started...**
Find some friends, family members, neighbours, work colleagues etc.
- Get a place to meet**
Check out your local community sports hall, hotel, outdoor space.
- Contact your local TDO**
086 780 8987 ddonnelly@macra.ie
You'll get the help & support needed.
- Check out Macra**
Sports, Community, Agriculture, Travel, Personal Development, Fun, Arts, Competitions, Festivals...and lots more!
- 5 GREAT REASONS**

Aged 17-35 and looking for fun?

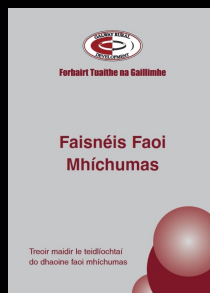
☎ 086 780 8987 ddonnelly@macra.ie

Guide to Supports for People with Disability



Galway Rural Development (GRD) has produced this booklet to provide information, guidance and advice on services and supports for children, young people and adults with disabilities in Co. Galway. More info [HERE](#)

Faisneis Faoi Mhíchumas



Treoir maidir le Tacaíochtaí do Dhaoine faoi Mhíchumas Tá sraith leabhrán acmhainní curtha le chéile ag Forbairt Tuaithe na Gaillimhe agus tá súil againn go mbeidh tú úsáideach.

Clliceáil [ANSEO](#)

**Home & Supports
HUB**



Start your journey towards independent living! This website is a tool for you to find the information on housing and supports you need to access independent living.

Find more information on Home & Supports Hub [HERE](#)

Home & Supports HUB



Tosaigh ar do thuras i dtreo maireachtála neamhspleách!

Is uirlis é an suíomh Gréasáin seo chun an fhaisnéis a theastaíonn uait

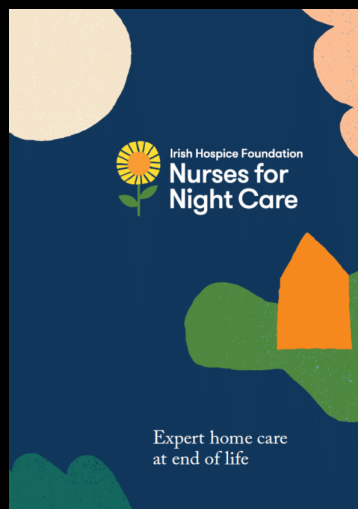
a fháil maidir le tithíocht agus tacaíochtaí chun rochtain a fháil ar mhaireachtáil neamhspleách. Faigh tuilleadh eolais ar an Mol Baile & Tacaíochtaí [ANSEO](#)

THE HomeShare



Homeshare is a simple concept with numerous and wide-ranging benefits for all participants. *Householders* are people who have a home they are open to sharing but require a little support and companionship in return. Householders with a room to spare are carefully matched, with Garda vetted accommodation seekers (*Homesharers*). Based on their support requirements, shared interests, and personality. The Homesharer provides 10 hours of practical support and companionship as well as an overnight presence each week in exchange for their accommodation. [Read more](#)

Nurses for Night Care



Irish Hospice Foundation funds the Nurses for Night Care service for people dying with illnesses other than cancer. Nurses for Night Care enables people with diseases like dementia, motor neurone disease, advanced respiratory disease, heart failure and end stage kidney disease to receive expert nursing care and support at night in their own homes in their final days. It also provides reassurance and respite for families and loved ones caring for someone at home. [Read more](#)

Information and Support Line



Facing or caring for a friend or family member with a life-limiting illness can be both a challenging and uncertain time for anyone. The Information and Support Line is a confidential line that provides signposting, practical supports and resources about end-of-life care in Ireland. It is important to note that the Information and Support Line is not a medical, emergency or crisis service. The Information and Support line is available on freephone 1800 60 70 66 from 9am – 1pm, Monday to Friday (excluding bank holidays and other holiday periods). You can also email queries to support@hospicefoundation.ie

Bereavement Support Line



No-one has to grieve alone. Our Bereavement Support Line is here to provide comfort and support. If you are grieving or worried about someone else who is, call Freephone 1800 80 70 77, available Monday to Friday 10am to 1pm. This service offers a confidential space for individuals to discuss their grief or ask questions related to the death of someone they care about. The service aims to provide comfort and emotional support, and any information shared is kept confidential unless necessary for safeguarding reasons. For more info, please visit [Bereavement Support Line - Irish Hospice Foundation](#)

Galway County Age Friendly Programme



Read about Galway County Age Friendly Programme [HERE](#)
Read Directory of Services for Older People Online [HERE](#)

Age Action



Read about Positive Ageing and supports for older people [HERE](#)

UNIVERSAL CLASS:
Caring for Seniors



Are you caring for a family member at home and would like further support? Read more about Universal Class, Inc. [HERE](#)

Galway Volunteer Centre



At Galway Volunteer Centre you can find out more about volunteering and get advice and support on opportunities to suit you. [Read more](#)

Ombudsman Monthly Complaints Clinic in Galway



The Ombudsman examines complaints from people who feel they have been unfairly treated by certain public service providers. [Read more](#)

Community Law & Mediation: Free Legal Advice Clinics Online



You can now book free legal advice clinics online. To book into a clinic or to find out if your query is a legal query, click [here](#) or call 01 847 7804

OTHER ORGANISATION'S NEWSLETTERS



Health & Wellbeing Newsletter [HERE](#)



Healthy Galway Newsletter [HERE](#)



Age Friendly Newsletter [HERE](#)



ALONE Newsletter [HERE](#)



Community & Disability Newsletter [HERE](#)



ILMI eBulletin: [HERE](#)

Notice Board / Events

M.FEST

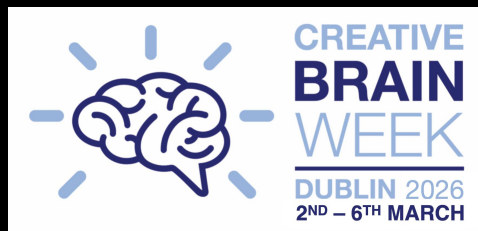


From Thursday 26th February to Sunday 1st March 2026

M.FEST is a four-day multidisciplinary arts festival challenging the taboos around women's health.

For more information, keep an eye on the [M.Fest Facebook](#) page or email: m.festivalgalway@gmail.com

Creative Brain Week 2026

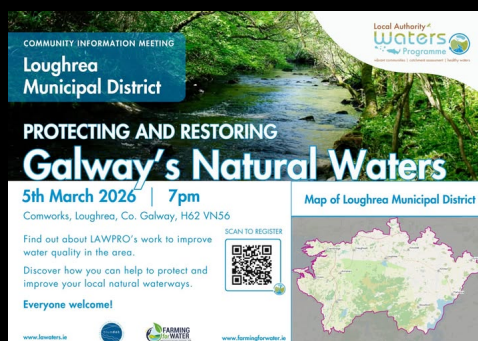


From Monday 2nd to Friday 6th March 2026 - Online and In Person Events

Creativity arises in the brain and is everyone's asset, a critical skill for the coming century, which can be nurtured and enhanced. Now in its fifth year Creative Brain Week has rapidly achieved local and international significance in its examination of how brain science and creativity collide.

This annual week of events explores and promotes the relationships between creativity and the brain in areas including social development, technology, the arts, entrepreneurship, brain health and physical health. A pioneering event illustrating innovation at the intersection of arts and brain science, including creative approaches to health and wellbeing across the life course, shares experience and knowledge from academic and public practice. For more information, please visit [Creative Brain Week I Event](#)

Protecting and Restoring Galway Natural Waters



Thursday 5th March, 7pm - 8pm Comworks, Loughrea, Co. Galway, H62 VN56

Want to help protect and restore Galway's rivers, lakes, streams and coastal waters?

LAWPRO is holding a free community information meeting about water quality and water related issues in the Loughrea Municipal District. Learn about the work LAWPRO is doing in the area, find out how you can get involved. These community meetings are taking place to make more people aware of work to improve water quality in the area and to encourage as much engagement as possible with everyone in the community. Register here: <https://bit.ly/4aEyBgt>

Music for Galway presents: Wigmore Soloists



Friday, 6th March 2026 at 7:30 pm - St. Joseph's Church, Presentation Rd - Galway City

The Wigmore Soloists are Wigmore Hall's newest associate ensemble comprising a roster of outstanding musicians, led by clarinetist Michael Collins and violinist Isabelle van Keulen; and created with Wigmore Hall's Director, John Gilhooly. For this concert Michael Collins – a regular Galway visitor – performs three classics of the clarinet quintet repertoire alongside a quartet of the UK's finest string players. [Read more](#)

St. Patricks Day Parade Loughrea - Lá fhéile Pádraig, baile locha riach



Tuesday 17th March 2026 at 1pm - ag tosnú ag 1in Exhibitors meeting at 12.30 in Barrack Street Car Park - Teacht le chéile: Sráid na Bearce 12.30in

This year's theme is "Music and Celebration." - Ceol is Ceiliúradh ❁❁

Let's come together, entertainers, dancers, and musicians! We can make this parade even bigger and better—let's make it an unforgettable event! Register here: <https://docs.google.com/.../1FAIpQLScGzboQ4BN.../viewform...>

Choose Solidarity, March to the Arch



Saturday 21st of March 2026 Galway Cathedral at 2pm

Galway Communities Against Racism and Discrimination, of which AMACH! LGBT+ Galway are founding members, will be organising our annual anti-discrimination rally for Saturday 21st March!

Join your fellow tribe members in Galway and stand together against racism and discrimination. Meeting at the Cathedral at 2pm and marching to Spanish Arch for music, refreshments and community speakers - Come along and bring your family and friends, bring colours, banners, posters and flags!

Cois Cladaigh Agus Dulciana



Saturday 21st of March 2026 at 7:30pm St. Mary's Cathedral, Tuam, Co. Galway

COIS CLADAIGH agus DULCIANA Free Concert, Donations Welcome

A joint concert of choral music featuring Dulciana - Musical Director: Judith Lyons and

Vocal Ensemble & Cois Cladaigh - Musical Director: Daniel Beuster

The Spirit of the Place - Mary Fahy's Brigid's Well paintings



Until 8th April 2026 - Field Galaxy Gallery, The Expanded Field, Cosmona, Loughrea H62 EK76

Mary Fahy's current series of painting are inspired by rituals grief practices at St. Brigid's Well, in Liscannor, Co. Clare. The statues at the well are weighted down with mementos. These love/grief tokens represent the commonality of grief. Her work attempt to honour the memories held at this powerful site, with compassion for those who are suffering or who have passed on. We are all just passing thorough. View by appointment contact: expandedfieldloughrea@gmail.com

Read more about the exhibition: <https://www.rte.ie/.../1521093-the-spirit-of-the-place.../>

100% of sales to Palestine Children's Relief Fund

SAVE THE DATE!!

3 Day Challenge Charity Tour of Connacht - 600k in 3 Days



From Friday 15ht to Sunday 17th May 2026

Twelve Bens Cycling Club Charity Tour of Connacht. Connacht Challenge - 600km in 3 Days

Twelve Bens Cycling Club are taking on a 600km Tour of Connacht over three days to raise vital funds and awareness for our chosen charities: ❤️ Western Alzheimer's ❤️ Cancer Care West

Day 1. Clifden - Belmullet via Louisburgh, Westport, Newport and Mulranny.

Day 2. Belmullet - Carrick on Shannon via Ballina, Inishcrone and Collooney.

Day 3. Carrick on Shannon - Clifden via Knock, Ballinrobe, Maa m, Roundstone, Ballyconnelly.

Every kilometer ridden supports individuals and families affected by illness across the West of Ireland. All money raised goes directly to the charities. Email: twelvebenscc@yahoo.com <https://www.idonate.ie/crowdfunder/twelvebenscyclingclub>

Best wishes from the PPN Team!

Le dea-ghuí, (with kind regards)

Silvana Falasca

Galway County PPN Support Worker

Department of Rural and Community Development and the Gaeltacht / *Galway County Council*

Áras an Chontae / Prospect Hill | Galway | H91 H6KX

Tel: 087 037 9297 | Email: ppn@galwaycoco.ie

www.galwaycountypn.ie [facebook.com/GalwayCountyPPN](https://www.facebook.com/GalwayCountyPPN)

Please Share PPN Newsletters with all members of your group.

Find the latest PPN News here: <https://www.galwaycountypn.ie/news/latest-news/>

Follow us on Social Media for the latest updates - click the round buttons below!



- Website: www.galwaycountypn.ie
- Social Media Tag: #Galwaycountypn
- Facebook: [GalwayCountyPPN](https://www.facebook.com/GalwayCountyPPN) | X: [GalwayCoPPN](https://www.x.com/GalwayCoPPN)
- Email: ppn@galwaycoco.ie



Lionra Rannpháirtíochta Phoiblí Chontae na Gaillimhe
Public Participation Network Galway County



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